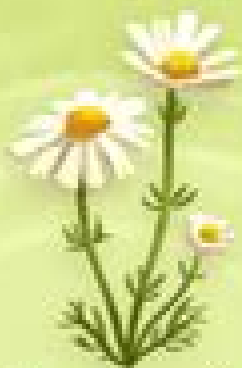




Ashwagandha



Chamomile



Echinacea



Garlic



Ginger

## 10 Healing Herbs with Medicinal Benefits



Ginkgo



Ginseng



Lavender



St. John's wort



Turmeric

# The Healing Art Of Herbs

**Mike Jess**



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