



Original Research

Differences in the influence of tobacco smoking on lung cancer between Japan and the USA: possible explanations for the 'smoking paradox' in Japan

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KEYWORDS

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paradox;
Tobacco;
Smoking

Summary **Objectives:** The prevalence of cigarette smoking among Japanese men has been consistently high compared with males in Western countries over the past 30 years. However, during the same period, the incidence and mortality rates for lung cancer have been consistently lower in Japan than in Western countries, which has been termed the 'Japanese smoking paradox'. The odds ratio/relative risk of cigarette smoking for lung cancer mortality and incidence for the same number of cigarettes smoked per capita in Japan have been lower than those in Western countries. This difference in the odds ratio/relative risk is likely to be the main reason for the Japanese smoking paradox. The aim of this study was to clarify the reason for the difference in the odds ratio/relative risk between Japan and the USA. **Study design:** Literature review to compare environmental, hereditary and other factors that may be related to lung cancer in Japan and the USA. **Results and conclusions:** The main factors likely to have brought about the difference in the odds ratio/relative risk between Japan and the USA (and perhaps other Western countries as well) are: lower alcohol consumption by Japanese males;

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Smoking Paradox

Gregory L. Hall



Smoking Paradox:

Stroke Revisited: Diagnosis and Treatment of Ischemic Stroke Seung-Hoon Lee, 2017-08-30 This book presents state of the art knowledge on stroke management in a unique organizational style Ischemic stroke is extensively covered with inclusion of overviews that dynamically describe all relevant diagnostic and therapeutic processes in a time sequence mirroring real practice The individual components of management and key issues are fully discussed with the aid of complementary illustrations that facilitate understanding of practical aspects and enable the reader to retrieve fundamental information quickly In addition the book considers the various causes of stroke and provides detailed guidance on means of secondary prevention The recent demonstration of the substantial benefit of intra arterial thrombectomy using stentriever in patients with acute ischemic stroke represents a great moment in the history of stroke management As we embark on a new era there is an urgent need to review and evaluate current modalities for stroke diagnosis and treatment In tackling this task this book will be invaluable for physicians angiographic interventionists surgeons and students seeking to acquire up to date knowledge on stroke

Quit Smoking Weapons of Mass Distraction Simon Chapman, 2022-06-26 Since the 1950s when the evidence on smoking causing serious fatal diseases began consolidating hundreds of millions of smokers have quit Overwhelmingly the great majority quit unassisted without any professional or pharmaceutical help But from the late 1970s massive campaigns have urged smokers not to go the cold turkey route and instead take nicotine replacement therapy prescribed drugs and most recently to vape Simon Chapman is a veteran researcher a global public health advocate and an Australian Skeptic of the Year In this book he analyses the relentless push to medicalise and commodify quitting and sets out those policies and campaigns which have collectively driven smoking rates down to record low levels

Global

Epidemiology of Cancer Randall E. Harris, 2016 In 28 chapters Global Epidemiology of Cancer provides a basic overview of the most commonly occurring cancers their worldwide incidence and mortality Designed for the health sciences particularly those in epidemiology public health and medicine this comprehensive resource is ideal as a primary text for an overview course or seminar on Cancer or Cancer epidemiology Key Features Backed with research and draws upon worldwide information to address the global landscape of cancer Offers clear concise descriptions of each specific type of oncologic disease as well as its epidemiology etiology risk factors and preventive factors Includes a wealth of information on the pathogenesis of the disease as we currently understand it at the molecular level

Vitamin D and Cholesterol David S.

Grimes, 2009 Since its discovery in the early years of the 20th Century and its use as the treatment of childhood rickets vitamin D has become neglected This book sets out to explain why these things have happened explaining how the benefits of vitamin D extend beyond healthy bones to a vital role in the development of immunity

Changes in Cigarette-related Disease Risks and Their Implication for Prevention and Control, 1997 This volume presents results from three large more contemporary prospective mortality studies and provides longer followup for two of the older studies dating from the 1950 s

When observations from the more contemporary studies are compared with those from the 1950 s one important but disturbing conclusion is apparent mortality risks among continuing smokers both males and females have increased In fact relative risks for smokers compared to never smokers have increased for all major smoking related diseases coronary heart disease CHD lung cancer other smoking related cancers stroke and chronic obstructive pulmonary disease COPD This increase over time in the relative risks for smokers compared to never smokers has occurred despite a dramatic decline in cardiovascular disease CVD death rates in the U S population suggesting that the decline in CVD death rates has been proportionately greater among never smokers than among continuing smokers The clearest message that is drawn from the enormous quantity of data presented in this monograph is that smoking prevention and cessation efforts are complementary not alternative solutions to the current epidemic of diseases caused by smoking

Airway Diseases Cemal Cingi, Arzu Yorgancıoğlu, Nuray Bayar Muluk, Alvaro A. Cruz, 2023-07-03 This book provides a comprehensive and up to date overview of all the upper and lower airways disorders and broadens their understanding by combining ENT and pulmonology disciplines The volume opens with a general overview on the airways before describing symptoms infections and allergies In addition to the upper airway tumors specific lower and upper airway disorders other topics addressed by the book are pediatric lower airway disorders sleep related breathing disorders trauma reflux and interventional pulmonology The closing part discusses the airway protection and includes a chapter on gender and pulmonary diseases Written by experts in the fields the book is a valuable resource for both specialists and trainees in ENT pulmonology and pediatrics

Tobacco Control Policy Kenneth E. Warner, 2006-10-13 Required reading for anyone wishing to be conversant with tobacco control policy the book is edited by Kenneth E Warner dean of the School of Public Health at the University of Michigan and a leading tobacco policy researcher who leads with an overview of the field Warner s overview is supported by reprints of some of the field s most significant articles written by leading scholars and practitioners The topics discussed are Taxation and Price Clean Indoor Air Laws Advertising Ad Bans and Counteradvertising Possession Use and Purchase PUP Laws and Sales to Minors Cessation Policy Comprehensive State Laws

Patient-Centered Clinical Care for African Americans Gregory L. Hall, 2019-11-27 This title is an easy to read guide outlining specific differences in communication clinical therapies medications protocols and other critical approaches to the care of African Americans The book discusses a wide range of disorders impacting African Americans and takes a comprehensive and evidence based approach to the clinical support of providers that see African American patients Recording the worst medical outcomes of any racial ethnic group in America African Americans have the highest mortality longest hospital length of stay worst compliance with medications and referrals and the lowest trust of the healthcare system Indeed there are countless well designed studies that validate verified differences in the clinical care of a number of pervasive diseases in African Americans including hypertension heart disease kidney disease obesity cancer and more Despite the widespread acknowledgement of the existence of health disparities among racial ethnic groups the overall

outcomes for African Americans are still the most shocking From high infant mortality to death by almost any cause African Americans have the worst data of any other racial or ethnic group Patient Centered Clinical Care for African Americans a highly practical and first of its kind title illuminates these alarming issues and represents a major contribution to the clinical literature It will be of significant interest to all physicians clinicians and allied health personnel **Precision Medicine for African Americans** Gregory L. Hall,2025-09-28 This new edition is an easy to read guide outlining specific differences in communication clinical therapies medications protocols and other critical precision medicine approaches to the care of African Americans African Americans still face significant health disparities in the United States across numerous health measures Despite their uniquely poor health outcomes no other book has taken a laser focus on this community and shed light on best practices based on confirmed and replicated research outcomes From cardiovascular disease to cancer the physiology pharmacology prevention and other interventions are in many cases uniquely different for African Americans As such the optimal approach to achieving the best outcomes is different This updated edition expands on the success of the first with a distinct precision medicine approach Data is updated throughout to improve and refine the perspectives given New sections have been added covering bias pain emotional and cultural intelligence and sickle cell disease Updated expanded and including more specialists in their field this second edition advances approaches and practices that continue to benefit the clinical care of African Americans **Tobacco And Cancer: The Science And The Story** Stephen S Hecht,Dorothy K Hatsukami,2022-01-17 This book tells the fascinating story of the relationship of tobacco products to cancer from the first discoveries to the present day cancer pandemic and regulatory activities Although there are already excellent books and monographs on this topic both in the popular press and as government summaries none relate the scientific story at the level of non specialist graduate and medical students researchers or educated popular science readers In this book with a primary focus on the United States the editors Stephen S Hecht and Dorothy K Hatsukami bring together 24 renowned experts on the subject of tobacco and cancer to summarize specific aspects of this critical topic in relatively non technical terms while also incorporating some personal insights related to the story of the discovery process This highly authoritative book is also expected to be an excellent teaching tool and basis for a course for graduate and medical students on this important topic

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