

G. Pirooz Sholevar

The Handbook of Marriage and Marital Therapy

The Handbook Of Marriage And Marital Therapy

Alan S. Gurman



The Handbook Of Marriage And Marital Therapy:

The Handbook of Marriage and Marital Therapy G. Pirooz Sholevar, 2013-11-11 **The Handbook of Marriage and Marital Therapy** G. Pirooz Sholevar, 1981 **Handbook of Marital Therapy: A Positive Approach to Helping Troubled Relationships** Robert P. Liberman, Eugene G. Wheeler, Louis A.J.M. de Visser, Julie Kuehnelt, Timothy Kuehnelt, 2013-11-21 In the treatment of marital problems behaviorally oriented and communication oriented approaches have been in conflict and seen as contrasting and unlikely bed partners Many therapists focusing on communication skills have felt that behaviorists were too structured and uncaring on the other hand behaviorists have considered humanistic therapists as being touchy feely vague and unfocused However in the Handbook of Marital Therapy Liberman Wheeler de Visser and the Kuehnelns have wedded these two potent approaches into an integrated framework that makes them loving bed partners With over a decade of experience in applying behaviorally oriented treatment to couples Liberman and his co authors have developed an educational model that focuses on teaching specific communication skills to couples The communication skills they describe have been used extensively in all types of marital therapy regardless of the therapist's theoretical orientation The unique contribution of this book is that the authors provide a step by step approach to teaching these communication skills within a behavioral framework Each chapter guides the therapist through the many issues and problems confronting him or her as a change agent This highly readable book is enhanced by a liberal use of case examples Emphasis is given to homework and structured sessions that focus on increasing specific communication skills in a sequential manner The advantages of working with couples in a group setting are discussed and concrete suggestions on how to manage these groups are clearly presented **Handbook of Marriage Counseling** Ben N. Ard, Constance C. Ard, 1969

Handbook of Couples Therapy Michele Harway, 2005-01-21 The essential guide to successful couples therapy at every stage of the lifecycle A variety of therapeutic interventions can help couples develop the tools for a successful relationship Yet many practitioners begin seeing couples without extensive training in couples work To fill this gap in their therapeutic repertoires noted couple therapist Michele Harway brings together other well known experts in marriage and family therapy to offer the Handbook of Couples Therapy a comprehensive guide to the study and practice of couple therapy The book's chapters provide a variety of perspectives along developmental theoretical and situational lines Recognizing the need for clinically proven evidence based approaches chapters provide detailed coverage of the most effective treatment modes Couples at different stages of the lifecycle feature prominently in the text as do relevant special issues and treatment approaches for each stage Subjects covered include Premarital counseling from the PAIRS perspective an extensive curriculum of interventions for premarital couples The first years of marital commitment Couples with young children Couples with adolescents Therapy with older couples Same sex couples A variety of theoretical approaches including Cognitive Behavioral Object Relational Narrative Integrative and Feminist and Contextual Special issues and

situations including serious illness physical aggression addiction infidelity and religious spiritual commitments or conflicts Providing a diverse set of treatment approaches suited to working with a wide range of adult populations the Handbook of Couples Therapy is an essential resource for mental health professionals working with couples

Handbook Of Measurements For Marriage And Family Therapy Robert Sherman, Ed.D., Norman Fredman, Ph.D., 2013-06-20 Published in 1987 Handbook of Measurements For Marriage And Family Therapy is a valuable contribution to the field of Family Therapy The purpose of this handbook is to provide a single convenient source to which practitioners researchers and trainees can turn in order to learn how to use marriage and family instruments and to find descriptions of instruments suited to their needs

Clinical Handbook of Couple Therapy, Fourth Edition Alan S. Gurman, 2008-06-24 This authoritative handbook provides a definitive overview of the theory and practice of couple therapy Noted contributors many of whom developed the approaches they describe combine clear conceptual exposition with thorough descriptions of therapeutic techniques In addition to presenting major couple therapy models in step by step detail the book describes effective applications for particular populations and problems Chapters adhere closely to a uniform structure to facilitate study and comparison enhancing the book's utility as a reference and text See also Clinical Casebook of Couple Therapy also edited by Alan S Gurman which presents in depth illustrations of treatment

Handbook of Family and Marital Therapy Sharon A. Shueman, Benjamin B. Wolman, 2012-12-06 Family and marital therapies are rapidly becoming highly used methods of treatment of mental disorders and are no longer ancillary methods to individual psychotherapy The last few decades have brought about an increasing awareness of the fact that excluding organic etiology practically all mental disorders are caused fostered and or related to faulty interpersonal relations As a rule the earlier in life one is exposed to noxious factors the more severe is the damage Thus early child parents and child siblings interactions are highly relevant determinants of mental health and mental disorder Moreover parents themselves do not live in a vacuum Their marital interaction significantly contributes to their own mental health or to its decline and parent child relationships are greatly influenced by the nature of intraparental relationships Parental discord conflicts and abandonment affect the child's personality development Thus family and marital therapy is more than therapy it is an important contribution to the prevention of mental disorder The present volume is comprised of three parts The first primarily theoretical analyzes the fundamental aspects of marital and family therapy The second part describes the various therapeutic techniques and the last deals with several specific issues It gives me great pleasure to acknowledge my gratitude to my coeditor Dr George Stricker Without his thorough and devoted efforts this volume could not have come into being I am also profoundly indebted to our consulting editors Dr James Framo Dr

Clinical Handbook of Marriage and Couples Interventions W. Kim Halford, Howard J. Markman, 1997-04-03 The majority of people in cultures worldwide seek fulfillment and happiness in marriage and couples relationships Many mental health professionals now find they are increasingly consulted when such relationships encounter difficulties that threaten the

wellbeing of the couples involved The costs of such difficulties can be high to society to children and to other family members in both emotional and economic terms Psychologists psychiatrists therapists counsellors and social workers will find in this uniquely comprehensive handbook a critical review of knowledge in this wide field as well as a guide to best practice in its many areas of intervention The scope of the handbook includes an overview of healthy normal marriage processes the major influences on marital quality and stability the interaction between individual adjustment environmental events and relationship satisfaction and interventions designed to assist couples to enhance their relationship The emphasis in the chapters which review research is on explicating the implications of current state of the art knowledge for assessment and intervention with couples Over half the book comprises detailed guidelines on how to conduct interventions for relationship problems This includes work on different approaches to couples therapy adapting couples therapy to the needs of couples in which one partner has significant individual psychopathology working with just one partner responding to crises initiated by extramarital affairs mediating divorce and working with families in which there are combined marital and parenting difficulties **The Routledge International Handbook of Couple and Family Therapy** Katherine M.

Hertlein,2023-10-31 The Routledge International Handbook of Couple and Family Therapy is a comprehensive text that promotes innovative frameworks and interventions in couple and family therapy from a cross cultural perspective A diverse range of international contributors explore the role that demography regionality cultural and political crises and policy have on the issues faced by couples and families Collectively the chapters articulate unique ideas in conceptualizing the needs of families with international backgrounds adapting the current models and frameworks to work with this population most effectively The text is split into four sections covering personal voices and philosophical perspectives theory and models specific applications with international populations and emerging perspectives This handbook is essential for individual practitioners researchers psychotherapists and related mental health professionals as well as academics with an interest in working with couples and families **Handbook of Structured Techniques in Marriage and Family Therapy** Robert Sherman,Norman Fredman,1986 First Published in 1986 Routledge is an imprint of Taylor Francis an informa company

Clinical Handbook of Couple Therapy Jay L. Lebow,Douglas K. Snyder,2022-11-14 Now in a significantly revised sixth edition with 70% new material this comprehensive handbook has introduced tens of thousands of practitioners and students to the leading forms of couple therapy practiced today Prominent experts present effective ways to reduce couple distress improve overall relationship satisfaction and address specific relational or individual problems Chapters on major approaches follow a consistent format to help readers easily grasp each model s history theoretical underpinnings evidence base and clinical techniques Chapters on applications provide practical guidance for working with particular populations such as stepfamily couples and LGBT couples and clinical problems such as intimate partner violence infidelity and various psychological disorders Instructive case examples are woven throughout New to This Edition Chapters on additional clinical

approaches acceptance and commitment therapy mentalization based therapy intergenerational therapy socioculturally attuned therapy and the therapeutic palette approach Chapters on sexuality older adult couples and parents of youth with disruptive behavior problems Chapters on assessment and common factors in couple therapy Chapters on cutting edge special topics relationship enhancement telehealth interventions and ethical issues in couple therapy

Handbook of Clinical Issues in Couple Therapy Joseph L. Wetchler, 2011-03-01 Now updated in its second edition Handbook of Clinical Issues in Couple Therapy provides a comprehensive overview of emerging issues that impact couple therapy Unlike other guides that concentrate more on theoretical approaches this invaluable resource contains the latest research and perspectives that every clinician needs when dealing with the challenging issues often found in practice Carefully referenced it explores a range of issues that include intimate partner violence posttraumatic stress disorder and its effect on couple relationships divorce therapy remarriage and cohabitation issues cultural issues and couple therapist training This insightful edited volume is suitable for a wide spectrum of readers including couple and family therapists counselors psychologists social workers pastoral counselors educators and graduate students

Fundamentals Of Marital Therapy D. Russell Crane, 2013-04-15 Published in 1996 Fundamentals of Marital Therapy is a valuable contribution to the field of Family Therapy

An Introduction to Marriage and Family Therapy Joseph L. Wetchler, Lorna L. Hecker, 2014-04-04 Learn the fundamentals of family therapy and treatment An Introduction to Marriage and Family Therapy presents insight and analysis from 20 of the foremost experts in the theoretical and practice areas of family therapy offering a unique blend of approaches and styles Chapters draw on each author's area of expertise in exploring the history of family therapy and the application of systems theory to families Ideal as a comprehensive resource for entry level students the book also gives undergraduates a glimpse of graduate training and provides useful tips on how to apply to graduate school and what to expect while shopping for graduate education An Introduction to Marriage and Family Therapy is divided into two parts a theoretical section where commonly used theories are presented with practical case examples and a section devoted to special issues and topics such as couples therapy communication training marital enrichment and premarital counseling The book also covers substance abuse divorce gender and culture family violence sexual dysfunctions and sex therapy treatment and the interface of ethics and the legal system An Introduction to Marriage and Family Therapy also discusses the history of family therapy systems theory and cybernetics structural and strategic family therapy cognitive behavioral experiential and transgenerational therapies collaborative language based models current research findings and much more With its unique and comprehensive approach An Introduction to Marriage and Family Therapy serves as a theoretical introduction to the field of marriage and therapy and related mental health disciplines where family treatment is emphasized The book is essential for educators in marriage and family counseling classes and is an invaluable resource for therapists counselors social work professionals pastoral educators and family psychologists

Handbook Of Family Therapy Alan S. Gurman, David P.

Kniskern,2014-07-22 First published in 1981 This volume is unique as to date no previous book and no collection of papers one could assemble from the literature addresses or achieves for the field of family therapy what is accomplished in this handbook It responds to a pressing need for a comprehensive source that will enable students practitioners and researchers to compare and assess critically for themselves an array of major current clinical concepts in family therapy **The Handbook of Systemic Family Therapy, Systemic Family Therapy with Couples** Adrian J. Blow,2020-10-19 Volume III of The Handbook of Systemic Family Therapy focuses on therapy with couples Information on the effectiveness of relational treatment is included along with consideration of the most appropriate modality for treatment Developed in partnership with the American Association for Marriage and Family Therapy AAMFT it will appeal to clinicians such as couple marital and family therapists counselors psychologists social workers and psychiatrists It will also benefit researchers educators and graduate students involved in CMFT **Couple Therapy** Douglas Hooper,Windy Dryden,1991 This handbook reviews therapy and counselling with couples whether they be married co habiting heterosexual lesbian or gay It explores how the problems of closely involved couples are assessed and tackled in different circumstances and in different ways It places couples therapy in its theoretical and institutional contexts analyzes immediate therapeutic concerns and examines the wider roles of agencies education research and training **Couple Therapy** Len Sperry,Paul Peluso,2018-10-09 This new edition of Couples Therapy tackles four challenges currently facing the field 1 accountability and the increasing demands for demonstrating effectiveness as a condition for reimbursement 2 the need for practitioners to reconfigure their practice patterns in an ever involving health care system 3 training mental health practitioners who have not completed marital and family therapy MFT programs and 4 integrating new couples approaches and interventions into everyday clinical practice The book offers a focused vision and successful strategies for working effectively with couples both today and tomorrow It incorporates the best insights from the neurosciences as well as new couples theories research and evidence based interventions introducing approaches including psychoanalytic systemic cognitive behavioral Adlerian constructivist third wave integrative and mindfulness based Chapters also present practical applications and professional considerations with a comprehensive look at how to work with diverse issues in couples therapy such as substance abuse domestic violence sexual dysfunction infidelity aging and much more This third edition of Couples Therapy is an essential resource for students as well as mental health practitioners social workers and family counselors who are keen to better meet the needs of couples and the demands of the changing healthcare landscape **Couples Therapy, Multiple Perspectives** Barbara Jo Brothers,2014-01-14 Couples Therapy Multiple Perspectives is a springboard from which therapists may begin to answer such questions as What are the ingredients essential to good relationships What are the ingredients essential to activity within the psychotherapeutic relationship How can what therapists know regarding psychotherapy be combined to create a whole greater than the sum of its parts Barbara Jo Brothers aids therapists in answering these and other questions about the

basic ingredients the common denominators and the universal threads of work with couples from exploring the theories and methods of successful therapists As there are many ways of looking at couples therapy this volume encourages therapists to work cooperatively not competitively in developing clients possibilities Couples Therapy Multiple Perspectives is intended to assist therapists working with couples achieve a broader view of their work and a richer range of choices in helping their clients Every article especially the two by master therapists Florence Kaslow and Maurizio Andolfi moves readers toward a tapestry of therapeutic possibilities Features of Couples Therapy Multiple Perspectives include an in depth look at the ingredients of a successful marriage or what makes marriages work for the long term by Florence Kaslow an article by Maurizio Andolfi translated by Vincenzo DiNicola which brings together an excellent integration of theories including those of Bowen Framo and Whitaker Andolfi describes a transgenerational approach to work with couples in crisis with a case example of the value of doing family of origin work in the initial phase of therapy In an interview segment with Virginia Satir with Sheldon Starr PhD in 1985 she explores how all good therapy has essentially the same ingredients Readers will find Satir s ideas timeless and thought provoking indeed they may re evaluate their own position and theories on therapy with couples

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