

# THE HARMS OF SMOKING IN PREGNANCY

SMOKING IS THE SINGLE BIGGEST MODIFIABLE RISK FACTOR DURING PREGNANCY

WHEN A WOMAN SMOKES...

smoking in pregnancy  
challenge group

[smoketreeaction.org.uk](http://smoketreeaction.org.uk)

There is damage to every major organ, risking disease

There is increased risk of miscarriage and stillbirth

Thousands of harmful chemicals are introduced into the bloodstream, which are then also transferred to the baby through the placenta

The baby is at risk of serious harm, including low birth weight, premature birth and childhood illness

TO REMOVE THE RISK...



a pregnant woman should be advised and supported to stop smoking entirely



and advised that secondhand smoke is also dangerous

REFER WOMEN TO SPECIALIST QUIT SUPPORT WHERE THEY CAN GET HELP FROM A TRAINED ADVISOR



Nicotine Replacement Therapy (NRT) is safe to use in pregnancy and may help women to quit



If a pregnant woman chooses to use an e-cigarette, this is far safer than smoking

Supported by Public Health England

# Smoking And Pregnancy

**G Psacharopoulos**



## **Smoking And Pregnancy:**

Smoking and Pregnancy Laury Oaks, 2001 Examines smoking as a public health concern focusing on harm to the fetus and fetal personhood and also challenges moral policing of smoking women who are pregnant **Smoking for Two** Peter A. Fried, Harry Oxorn, 1980 Presents all the facts about the harmful effects of smoking on the expectant mother and her baby

Smoking Cessation in Pregnancy , 1994 Contains counseling protocols which are to be used in a one on one personal counseling session between provider and client The intent of these protocols is to provide providers with flexibility in counseling their clients on smoking The provider will choose from the counseling messages listed for the first second and subsequent visits and the postpartum visit on the basis of client s smoking status at each visit **The Health**

**Consequences of Smoking** , 1981 *Prenatal Smoking and Childhood Morbidity* , 1987 Smoking and Health: Health consequences, education, cessation activities, and governmental action, J. Steinfeld, and others, editors , 1976 *The Health Consequences of Smoking* United States. Public Health Service. Office of the Surgeon General, 2004 *Smoking and Health Bulletin* , 1984 *Smoking and Pregnancy* Brenda Wagman, Canada. Health Canada, Women and Tobacco Reduction Programs (Canada), 1995 Vital and Health Statistics , 1989 These reports provide early release of data from the National Center for Health Statistics health and demographic surveys Many of these releases are followed by detailed reports in the Vital and health statistics series

Discover tales of courage and bravery in is empowering ebook, **Smoking And Pregnancy** . In a downloadable PDF format ( \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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