

4 Levels Of Consciousness

Your emotional state of being

4. Life happens as me

You know you are (all) with Spirit, and at that is, that there is no separation between you, your Higher Self/God and others. You operate from a place of deep compassion. God focus is primarily on being in the present moment, doing what others do you would have others done unto you while you are inspired by Spirit to take aligned action.

3. Life happens through me

You believe you are here for a reason, a bigger purpose in touch with your Higher Power and modeled with your intuition, trusting that it will guide you and faith that you will have all your needs met.

2. Life happens by me

You believe you have control of everything, that you make things happen because you are causing them to happen. You are ambitious and driven.

1. Life happens to me

You feel victimized, helpless, and believe that you have no power. Blaming outside circumstances, people, things, events for reasons why you cannot make change.



Enlightenment

Self Actualizing
with total aligned Success

LET GO OF CONTROL

Higher Power / Flow

Remembering and
Reprogramming

LET GO OF CONTROL

Hustle & Grind

The Awakening
Questions reality and rules

LET GO OF ME

Victimhood

Lives by social conditioning
and programming

trust/love inspired

ego/fear driven

The Four Levels Of Spiritual Consciousness

P. Laude



The Four Levels Of Spiritual Consciousness:

The Four Levels of Spiritual Consciousness Max Kappeler,1969 **The Four Levels of Spiritual Consciousness** Max Kappeler,1969 Divine Play, Sacred Laughter, and Spiritual Understanding P. Laude,2005-10-20 This study in the relationship between religion and the comic focuses on the ways in which the latter fulfils a central function in the sacred understanding of reality of pre modern cultures and the spiritual life of religious traditions The central thesis is that figures such as tricksters sacred clowns and holy fools play an essential role in bridging the gap between the divine and the human by integrating the element of disequilibrium that results from the contact between incommensurable realities This interdisciplinary and cross cultural series of essays is devoted to spiritual anthropological and literary characters and phenomena that point to a deeper understanding of the various mythological ceremonial and mystical ways in which the fundamental ambiguity of existence is symbolized and acted out Given its interdisciplinary and cross cultural perspective this volume will appeal to scholars from a variety of fields The Oxford Handbook of Psychology and Spirituality Lisa J. Miller,2024 This updated edition of The Oxford Handbook of Psychology and Spirituality codifies the leading empirical evidence in the support and application of postmaterial psychological science Lisa J Miller has gathered together a group of ground breaking scholars to showcase their work of many decades that has come further to fruition in the past ten years with the collective momentum of a Spiritual Renaissance in Psychological Science With new and updated chapters from leading scholars in psychology medicine physics and biology the Handbook is an interdisciplinary reference for a rapidly emerging approach to contemporary science Highlighting fresh ideas and supporting science this overarching work provides both a foundation and a roadmap for what is truly a new ideological age **The Paradox of Freedom:** Em Hollis,2025-07-08 THE PARADOX OF FREEDOM offers what very few in the self help and spiritual space have been able to do and that is describe a very specific and clear step by step process to doing what many call the inner work Although this term has been used often in this space very few have been able to clearly define what it means or offer any tangible practical clearly guided processes for application Em offers a very clear process to apply many of the well known personal development and spirituality concepts as well as shares her own uniquely developed framework the Quadrant Theory which offers the reader a map to creating their own balance and inner peace while navigating the spiritual journey The book flawlessly blends science based research with ancient spiritual wisdom in a way that is very easy to read and understand The Paradox of Freedom helps you get to the heart of what may be holding you back in your own growth journey and offers a clear pathway through those blocks to create your own sense of internal and external freedom **The Speed Method, Awareness in Four Steps** Barbara Marchica,2022-10-17 The author presents a theoretical practical training manual with effective tools for everyone especially counselors to improve their spiritual growth The Speed Method integrating Lonergan s theory with the practice of counseling becomes a concrete opportunity in view of a

new spiritual springtime for the Church and human care *Twelve Years in Alaska* Melissa L. Farrell, 2022-05-26 *Twelve Years in Alaska* A Spiritual Journey is a series of articles that grew out of the author's quest to find a way to live with being an open empath. The book includes some of her personal experiences in the hope that the readers may find something that relates to their own life experiences *Conscious Being* TJ Woodward, 2015-03-26 Both inspiring and enlightening *Conscious Being* is a compelling resource for those seeking self-realization. It serves as a guide for awakened living which is a state of higher clarity and presence and is a more natural condition than many are aware exists within each of us. Author and spiritual teacher TJ Woodward creates a powerful philosophy for living by masterfully weaving personal stories, entertaining anecdotes, and deep mystical truths. The result is a composition that offers practical guidance to show the benefits of spiritual transformation while encouraging each of us to shift into a deeper awareness of our authentic inner wisdom. *Conscious Being* shows us how the circumstances of our lives and what we call reality are created by our level of consciousness. It offers methods for unlearning and releasing self-limiting beliefs and the illusion of ego so we can come into alignment with an existence overflowing with compassion, love, and purpose. This great remembering as TJ Woodward calls it is available to us at every moment for it is our true nature and our divine birthright. If you are ready to open your heart to a new way of being and embrace a life filled with profound peace, connection, and happiness, *Conscious Being* is the book for you. <http://www.ConsciousBEINGbook.com> *Sex and the Sacred* Daniel A. Helminiak, 2012-12-06 A down-to-earth look at the spiritual power of sex. *Sex and the Sacred* examines the spiritual dimension of human sexuality in a way that is free of religious affiliation but still open to traditional religion and belief in God. Dr. Daniel Helminiak, author of the best-selling *What the Bible Really Says about Homosexuality*, looks at the relationship between sexuality and spirituality first from a humanistic perspective and then a more familiar Christian point of view. In particular, he encourages LGBTI people to reclaim their spiritual heritage without apology. This unique book emphasizes spiritual commitment as an essential facet of LGBTI queer consciousness and addresses such burning themes as coming out, the importance of self-acceptance, gay marriage, gay bashing, and the ethics of gay sex. *Sex and the Sacred* combines a psychological approach to spirituality with common sense and compassion, inspiring a break from moralistic religion and an understanding of what true spirituality means. The book applies this understanding to Christian topics such as the Bible, Fundamentalism, and the future of Christianity and shows how coming out was an issue for Jesus, how homosexual experience relates to the Christian Trinity, and how Western Civilization became so sex-negative. *Sex and the Sacred* presents in the end a radical vision of Christianity open to all people. Religious leaders of all denominations, educators, counselors, members of the gay, lesbian, bisexual, transgender community, non-religious spiritual seekers, and anyone interested in the relationship between spirituality and sexuality will find this book enlightening and uplifting. *Sex and the Sacred* examines the spiritual drive that is built into human sexuality, the standard religious arguments against gay marriage, a sustained argument that Biblical Fundamentalism is not Christian spiritual

lessons from the AIDS epidemic the right and wrong of sexqueer and otherwise homosexuality in Catholic teaching and practice sexual ethics without religion a vision for a renewed Christianity within a global community

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The Four Levels Of Spiritual Consciousness Introduction

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