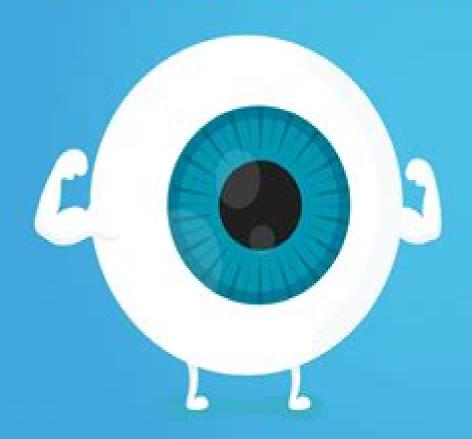
8 TIPS FOR EYE HEALTH





REGULARY EYES CHECKING



PROPER LIGHTING



BLINK FREQUENTLY



WEAR SUNGLASSES ON SUNNY DAY



DISTANCE ADJUSTMENT



GAZE FOR A GREEN TREE



EYES



EAT HEALTHY FOOD

Taking Care Of My Eyes Keeping Healthy

Huangqi Zhang

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