



The reason so many promises are
not kept is the same as the reason
they are made in the first place.

Robert Grudin

So Many Promises

Clemens Wendtner



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web barfuß zu mehr gesundheit und lebensfreude katja kulin hat für ihr buch die experten der barfußszene besucht gespräche mit orthopäden physiotherapeuten und lauftrainern geführt und sich der frage genähert warum wurden wir nicht mit schuhen geboren