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Smoking among school-going adolescents in selected secondary schools in Peninsular Malaysia- findings from the Malaysian Adolescent Health Risk Behaviour (MyaHRB) study



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Abstract

Background: A multitude of studies have revealed that smoking is a learned behaviour during adolescence and efforts to reduce the incidence of smoking has been identified as long-term measures to curb the smoking menace. The objective of this study was to determine the prevalence as well as the intra and inter-personal factors associated with smoking among upper secondary school students in selected schools in Peninsular Malaysia.

Methods: A study was carried out in 2013, which involved a total of 40 secondary schools. They were randomly selected using a two-stage clustering sampling method. Subsequently, all upper secondary school students (aged 16 to 17 years) from each selected school were recruited into the study. Data was collected using a validated standardised questionnaise.

Results: This study revealed that the prevalence of smoking was 14.6% (95% Ct.13.3–15.9), and it was significantly higher among males compared to females (27.9% vs. 2.4%, p < 0.001). Majority of smokers initiated smoking during their early adolescent years (60%) and almost half of the respondents bought cigarettes themselves from the store. Multivariable analysis revealed that the following factors increased the likelihood of being a current smoker: being male (sOR 21, 51, 95% Ct.13.1–35), perceived poor academic achievement (sOR 3.42, 95% Ct.1.50–7.37) had one or both parents who smoked (sOR 1.80, 95% Ct.1.32–2.45; aOR 6.50, 95 Cf%:1.65–25.65), and always feeling lonely (sOR 2.23, 95% Ct.1.21–4.43), in contrast, respondents with a higher religiosity score and protection score were less likely to smoke (sOR 0.51, 95% Ct.0.15–0.92; aOR 0.71, 95% Ct 0.55–0.92).

Conclusion: This study demonstrated that the prevalence of smoking among Malaysian adolescents of schoolgoing age was high, despite implementation of several anti-smoking measures in Malaysia. More robust measures integrating the factors identified in this study are strongly recommended to curb the smoking epidemic among adolescents in Malaysia.

Keywords: Adolescent smoking, Intrapersonal, Interpersonal, School-going adolescents, Peninsular Malaysia

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Smoking Among Secondary School

TD Snyder

Smoking Among Secondary School:

Unveiling the Power of Verbal Art: An Psychological Sojourn through Smoking Among Secondary School

In a world inundated with screens and the cacophony of instant transmission, the profound power and psychological resonance of verbal artistry frequently disappear into obscurity, eclipsed by the regular barrage of sound and distractions. However, nestled within the lyrical pages of **Smoking Among Secondary School**, a fascinating perform of literary splendor that impulses with organic feelings, lies an unforgettable trip waiting to be embarked upon. Composed with a virtuoso wordsmith, this interesting opus manuals visitors on a psychological odyssey, lightly exposing the latent potential and profound affect embedded within the delicate web of language. Within the heart-wrenching expanse of the evocative examination, we can embark upon an introspective exploration of the book is central themes, dissect its interesting writing design, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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