

# SOCIAL PSYCHOLOGY

Social psychology explores how humans are fundamentally social beings. It explores how sociality affects our behaviors and values.

## INTERESTING QUOTE

"Basic questions about social behavior go back to the ancients. Are men and women capable of governing themselves? Is their behavior governed by internal dispositions or the requirements of society and culture? Should we be optimistic or pessimistic about human potential and human performance? Are people rational or irrational?" (p. 19)

## EXAMPLE THEORIES

- Social identity theory
- Social learning theory
- Cognitive dissonance theory
- Social exchange theory
- Self-perception theory
- Self-determination theory
- Learned helplessness theory
- Labeling theory of deviance
- Cultural deviance theory

# Social Psychology And Its Applications

**ML Yell**



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