

# IMPACTS OF POOR MENTAL HEALTH FOR TEENAGERS



## Education:

When struggling with concentration, memory and motivation, it can be difficult to excel at school and often grades suffer.



## Employment:

Teenagers may struggle to find and keep a job and their performance often suffers.



## Physical Health:

Mental health issues can lead to physical health problems, such as sleep disorders, gastrointestinal problems and headaches.



## Finances:

Managing finances is incredibly difficult for those with mental illnesses – especially impulsive buys.



## Relationships:

Struggling with mental illness often puts strain in relationships including withdrawal and increased conflict.



# Social Problems And Mental Health

**Isaac Zvi Christiansen**



## **Social Problems And Mental Health:**

Embark on a breathtaking journey through nature and adventure with Explore with is mesmerizing ebook, Witness the Wonders in **Social Problems And Mental Health** . This immersive experience, available for download in a PDF format ( Download in PDF: \*), transports you to the heart of natural marvels and thrilling escapades. Download now and let the adventure begin!

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