

# Which muscles do what when we ski?



# Skiing Is For Me

**S Nieto**



## **Skiing Is For Me:**

**Skiing is for Me** Annette Jo Chappell,1978 A young boy describes how he learned the techniques of downhill skiing  
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account and guide to this fast growing sport      **Skiing** ,1987-11      *Skiing* ,1972-11      **Ski** ,1998-02      **Skiing** ,1991-12  
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