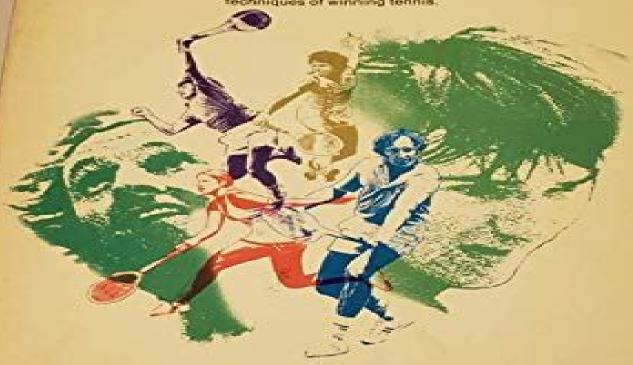


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games and drills to enliven your lessons and keep your students coming back Big time saver for teaching professionals Fun know how for volunteer coaches and parents Coaching Youth Tennis American Sport Education Program, 2008 To assist you with your team management skills the book includes practical content on coaching matches and developing season and practice plans that promotes tennis as a team sport A convenient activity finder culls over 30 activities from the book into one section with page numbers for easy reference while an expanded chapter on rules and equipment presents new youth modifications recently adopted by the USTA The official handbook of USTA Jr Team Tennis Coaching Youth Tennis serves up coaching know how that s sure to be a winner with you and your players BOOK JACKET Backspin Alison A. Hicks, 2008-11-06 Did you know that in Maricopa County Arizona you can be arrested for a felony 3 intent to kill your six and a half year old child in the middle of the day if you do not walk them up to the neighbor's house A Sheriff like Officer Rogers has the right to enter your house search it without a warrant not read Miranda rights and lie knowing your child is actually safe at the neighbor's house where you left her Public defender Jamie Noland brainwashed an innocent naive single mom into taking a false plea For what Power money control or a step toward prosecutor Judge McVey with the reputation of a Nazi Judge and Prosecutor Terry Clarke made a mistake in plea agreement They had to cover it up by ruining a single mother and daughter's life out of spite The story that follows describes in detail these and other people and events in the form of a screen play written over the past three years Screenplays capture crucial moments and communicate with a direct emotional impact one expects in movies The authors hope that this way of presenting the story enables readers to share in the nightmarish quality of Alison's experiences that might be obscured in a more traditional biographical novel And of course this story does not yet have an end The Tennis Drill Book, 2E Hoskins-Burney, Tina, Carrington, Lex, 2014-02-12 The Tennis Drill Book covers every aspect of the game with the best drills for groundstrokes volleys serves returns singles and doubles play offensive and defensive strategy and conditioning More than 260 drills and games to ace the competition **Public** Opportunities and Facilities for Leisure Time Recreation, Amusement and Instruction in American Cities Municipal Reference Library (Chicago, Ill.), Frederick Rex, 1926 **Tennis** D. Ray Collins, Patrick B. Hodges, Betty H. Haven, 1991 Teaching, Coaching, and Learning Tennis Dennis J. Phillips, 1989 Scholarly as well as popular writings on the scientific technical physiological psychological and health aspects of tennis are highlighted in the 510 annotated items

Living the Gift out Loud Mabble Munyimani,2021-03-22 Mabble asks the defining question Are you a parent raising a high achiever If your answer is yes this book is for you Mabble offers insights into what to look out for in a child There are traits strengths positive qualities and quirkiness that can often be overlooked undervalued unappreciated and misunderstood whilst parenting in a busy modern world This can sometimes lead to the child being mislabelled The high achiever child demands so much more from the world around them and from themselves Parental support guidance and a strong mindset are key elements for the gift to transition from its potential state Mabble teaches on how to grow and develop as the nurturer

Mabble takes her reader through her own journey from discovering she had high achievers and draws key learning points from her own upbringing sharing intimate stories in a humorous and heartfelt manner She communicates the indispensable principles a parent must inaugurate and impart to their child so they achieve their own self identity and confidence Mabble is now on the other side her children are confidently developing their athletic talents. This book remains valid and applicable to all other gifts and empowers any parent in pursuit of raising a confident child who is unapologetic about their strengths and Tennis--One Shot at a Time Ron Mescall, Chris de Brauw, 2004-07 TENNIS One Shot at a Time offers lots of ideas and tips for the recreational tennis player It is based on the simple idea that tennis should most of all be a fun activity as well as providing challenge and competition It covers topics like How to keep things simple in tennis How to focus and enhance your consistency Winning for fun but never at all cost Finding people you enjoy playing and competing with Making tennis a fun game for kids and how to be a tennis parent Tips for doubles and mixed doubles Full of humorous comments and drawings there are also many practical tips on how to play a tie breaker how to set up a recreational tournament how to select a racket and string what to do about tennis elbow and many more There is no more glory in winning your match from your regular tennis buddy than the satisfaction that today what you tried to do worked The fun was in trying to win not to defeat your friend If you go out on the court with the desire to do your best your share of wins will happen Best of all you give yourself and your opponent a good time Ron Mescall won Junior Titles while growing up in Indiana and was a Big Ten Champion for Michigan State University He has been a tennis coach and teacher for 40 years Tennis for Kids Reggie Vasguez, Reggie Vasguez Jr., 2001 This guide to teaching tennis to kids emphasizes having a good time while learning the fundamentals of the game Dozens of fun games help kids acquire basic skills such as hand eye coordination and an understanding of spin and ball control The illustrations and diagrams are amusing and useful the playing instructions are simple and direct This book can be used by schools and after school programs summer camps and recreational programs and parents and kids with dreams of entering professional sports It is a tool for all new players and their coaches The Coach's Guide to Real Winning John L. Shannon, 2014-04-01 Forty million children scramble across the playing fields of America each year They are coached by 4 million youth coaches Coaches are in a unique position to teach kids lessons that will serve them throughout life This book encourages coaches to see themselves as teachers and realize the impact they have on children Also addressed is the increasing number of coaches exhibiting unhealthy levels of intensity in youth sports

<u>Willpower</u> Ros Taylor,2017-01-30 Whip your self control into shape Willpower is the handbook you need for success in all areas of your life Regardless of what you want to achieve you need the strength to persevere forge ahead and keep going no matter how tough it gets If you find that you allow weakness to take control of getting what you want in life then you need this book Written by an expert psychologist and executive coach these proven techniques are the missing ingredient for your new life of success Learn the skills that lead to stronger willpower Develop new positive habits in just three weeks Overcome

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