

Fig 2. The spinal nerves and their functions

Functions

C1-C4: breathing

C2: head and neck movement

C4-C6: heart rate

C6: shoulder movement

C5: wrist and elbow movement

C7-T1: hand and finger movement

T1-T12: sympathetic tone, including temperature regulation

T2-T12: trunk stability

T11-L2: ejaculation

L2: hip motion

L3: knee extension

L4-S1: foot motion

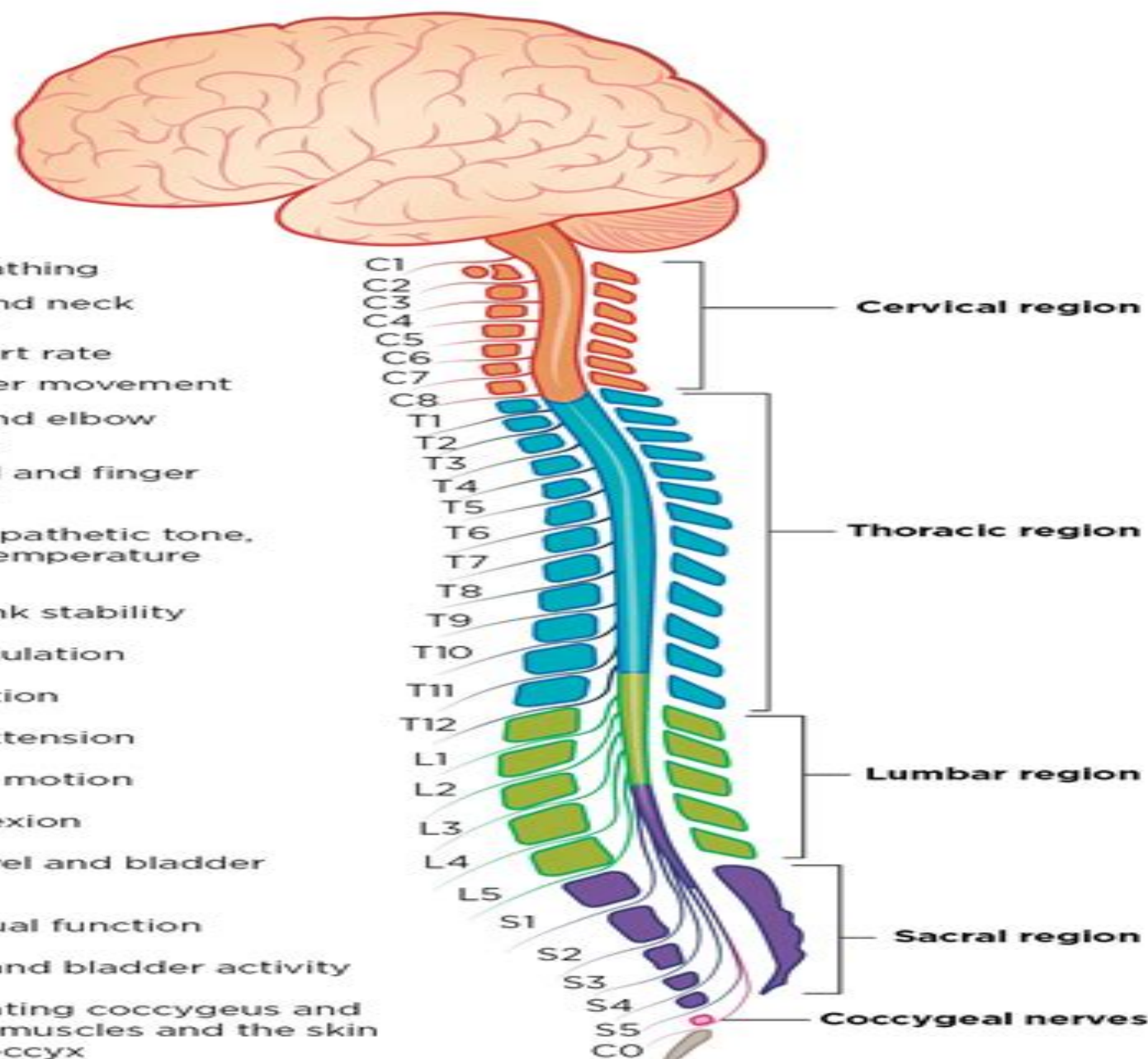
L5: knee flexion

S2-S3: bowel and bladder activity

S2-S4: sexual function

S5: bowel and bladder activity

CO: innervating coccygeus and levator ani muscles and the skin over the coccyx



Spinal Cord And Nerves

J. D. Bartleson, H. Gordon Deen



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