

# Spices



**VANILLA**  
It is the only spice original from America.

Used as condiments, spices gave rise since the Middle Age to very important trading activities especially after the discovery of America.

## THE SPICE ROUTE

It started during the XIII century, when spices used to be more and more employed in the European kitchen. The rising of the demand propelled a reach trading.



### CITIES FROM THE NORTH OF ITALY

With Venice as the strongest, they monopolized the spice trading during the XIII and the XIV centuries.

### CONSTANTINOPLE

It was the bridge between the east and the West until 1453, when it was taken under the control of the Ottoman Empire.



**97,75%**  
OF SPICES ARE  
PRODUCED IN ASIA.

### 7 MAIN PRODUCERS

In metric tons (2009)

India	1,029,700
Bangladesh	140,113
Turkey	119,881
China	65,987
Pakistan	52,229
Colombia	19,760

The expedition which brought Columbus to the discovery of America had the proposition to find a route from Moluccas Islands toward the west.

### PORTUGUESE ROUTE

In the XV century Portugal started to look for alternatives routes. In 1498 Portugal reached India by sailing around the African continent, establishing thus the basis for a reach maritime empire.



**VASCO DA GAMA**  
The first European reaching India via sea.



### ARABIC ROUTE

Arabs dominated the spice trading routes for centuries. The usual route was from South India to Arabia (Dhahran) and from there to Alexandria, Antioch or Constantinople.

**MOLUCCAS ISLANDS**  
Also named Islands of the spices, it was one of the major objectives of the route.



## 3 THE MOST EXPENSIVE SPICES OF THE ROUTE

### PEPPER

**Pepper Nigrum**  
Original from Malabar, it has been used for more than 3000 years. It was considered for long time the most important.

### CINNAMON

**Cinnamomum zellanicum Nees**  
It originates from Ceylon (current Sri Lanka). It was utilized to make oils and unguents. It is made from the dried crust of the tree.

### CLOVES

**Syzygium aromaticum**  
The trading of this spice was started by China, but the Arabs introduced it to Europe.

### GINGER

**Zingiber officinale**  
In ancient times it was used in China and in India. During the middle age it came to Europe and reached the same value of pepper.

### SAFFRON

**Crocus sativus L.**  
It is produced from the stigma of the iris flowers. Very much used by Muslim country such as Kashmir, Persia and Asia Minor.

### NUTMEG

**Myristica fragrans**  
It originates from the Moluccas Islands. The Muslims and the Byzantines used it as deodorant and in Europe it added to beer.

# Spices And Civilizations

**Michael Hoelscher**



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## **Table of Contents Spices And Civilizations**

1. Understanding the eBook Spices And Civilizations
  - The Rise of Digital Reading Spices And Civilizations
  - Advantages of eBooks Over Traditional Books
2. Identifying Spices And Civilizations
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Spices And Civilizations
  - User-Friendly Interface
4. Exploring eBook Recommendations from Spices And Civilizations
  - Personalized Recommendations
  - Spices And Civilizations User Reviews and Ratings
  - Spices And Civilizations and Bestseller Lists
5. Accessing Spices And Civilizations Free and Paid eBooks

- Spices And Civilizations Public Domain eBooks
- Spices And Civilizations eBook Subscription Services
- Spices And Civilizations Budget-Friendly Options
- 6. Navigating Spices And Civilizations eBook Formats
  - ePub, PDF, MOBI, and More
  - Spices And Civilizations Compatibility with Devices
  - Spices And Civilizations Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Spices And Civilizations
  - Highlighting and Note-Taking Spices And Civilizations
  - Interactive Elements Spices And Civilizations
- 8. Staying Engaged with Spices And Civilizations
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Spices And Civilizations
- 9. Balancing eBooks and Physical Books Spices And Civilizations
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Spices And Civilizations
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Spices And Civilizations
  - Setting Reading Goals Spices And Civilizations
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Spices And Civilizations
  - Fact-Checking eBook Content of Spices And Civilizations
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

#### 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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