

The background of the cover features a stylized illustration. At the top right is a church steeple. Below it are several clouds. In the center is a large, five-pointed star. At the bottom right is an open book. The title is written in a serif font, with 'in the' in a smaller size than the other words.

Spiritual Maturity in the Later Years

James J. Seeber, PhD Editor

Spiritual Maturity In The Later Years

Susan H. Mcfadden, Mark Brennan



Spiritual Maturity In The Later Years:

Spiritual Maturity in the Later Years James J. Seeber, 1990 This in depth book addresses the intertwined relationships between aging spirituality and physical well being As the number of Americans in the 75 to 84 age bracket is projected to reach 12 million by 2000 and the 85 plus population is expected to increase seven times by 2050 it is vital that the interconnected needs of spiritual and physical well being of the aging are being met As outlined in this book blending concepts from theology behavioral science and medicine is the framework needed to develop a future in the human services field capable of responding to the whole person *Spiritual Maturity in the Later Years* takes a comprehensive look at what spiritual maturity is and how it relates to current thinking in theology medicine and psychotherapy The editor highlights the fully ecumenical and interfaith nature of the search for understanding and the interdisciplinary nature of the religion and aging movement Many helping professionals as well as formally trained theologians utilize religious resources in their lives and work The editor also addresses the desperately growing need for research at both conceptual and empirical levels helping ease complicated research due to the multidimensional character of psychology and sociology in religion Conceptual chapters represent such diverse topics as humor as a psychological sign of spiritual maturity the search for meaning and a theology for serving the oldest old Research chapters range from liturgical celebrations for the later years and reports on faith developments to ministry with Alzheimer s patients Both academicians and practitioners will gain greater understanding from *Spiritual Maturity in the Later Years* of the need for a combined care approach to provide the best physical and spiritual care of the elderly

Spiritual Growth and Care in the Fourth Age of Life Elizabeth MacKinlay, 2006-02-08 This book explores the spiritual dimension of ageing and investigates the role of pastoral and spiritual care in helping the frail elderly cope with end of life issues Focusing on the experience of nursing home residents and anecdotes gathered in interviews MacKinlay sensitively presents the struggles facing older people in need of care

Spirituality of Later Life Elizabeth Mackinlay, 2014-06-11 Humor expresses a certain heroic defiance in the face of life s most challenging experience and provides a valuable resource for the celebration of life and the divine comedy of faith hope and love From the book chapter by Melvin A Kimble PhD Studies have shown that as many people age their spirituality deepens *Spirituality of Later Life On Humor and Despair* explores the challenges faced by those in later life and the use of humor for self transcendence to achieve greater strength and deeper spirituality Respected authorities share their insights on humor and despair in the process of spiritual development in later life with discussions on how to provide effective pastoral practice in aged care *Spirituality of Later Life On Humor and Despair* presents the major issues that challenge people in later life that could lead them to either spiritual integrity or despair Beyond the physical and psychosocial this book shows how the journey into aging can through humor become self transcendent and deeply spiritual in the face of physical decline This theological perspective illustrates the full breadth of issues facing those in later life It presents effective pastoral

frameworks of care for those who struggle with the depression dementia disabilities losses and terminal illness that may accompany aging Spirituality of Later Life On Humor and Despair explores humor as a path to self transcendence in later life later life s paradox of well being and defiant power of the human spirit dementia and its effect on spirituality spiritual and pastoral care approaches for those with depression religiousness in older people with dementia the spiritual journey of hospice patients non speech based pastoral care Spirituality of Later Life On Humor and Despair provides valuable insights for aged care chaplains parish clergy pastoral and aged care workers social workers activity officers health professionals and anyone whose life includes an elderly person **Spiritual Maturity and Wholeness in the Later Years** School of

Theology at Claremont,1987 **Mental Health and Spirituality in Later Life** Elizabeth MacKinlay,2014-01-02 Explore pastoral strategies for dealing with mental health problems Mental health is increasingly being recognized as an important issue in later life This valuable book will help you examine this dimension of aging in the context of pastoral spiritual and cultural issues It explores the relationship between mental health spirituality and religion in later life including the search for meaning cultural issues spiritual issues depression dementia and issues of suicide in older people The first part of Mental Health and Spirituality in Later Life focuses on theology ethics and cultural issues in mental health and aging The second part addresses issues of multidisciplinary practice including a challenging chapter written by a woman with early onset dementia Alzheimer s and other chapters that present perspectives on the uses and meanings of ritual and symbolism in mental health and pastoral approaches to care Part one of Mental Health and Spirituality in Later Life deals with issues of theology culture and mental health in later life focusing on the importance of a richly textured understanding of personhood as a prerequisite for constructing a picture of late life mental health in the context of theology the relationship between culture spirituality and meaning for older immigrants and their effects on mental health the adverse effects of a mental health system that reflects only the dominant culture of a society leaving minority cultures vulnerable to misdiagnosis and inappropriate treatments that can do more harm than good a wholistic picture of aging that moves beyond the biomedical paradigm and demonstrates the power and potential of the human spirit in adjusting to and moving beyond suffering Part two of this valuable book addresses issues of concern to practitioners in mental health and spirituality for the aging including disruptive behavior among nursing home residents and common practices that fail to identify its causes or address the problem how some staff resident interactions can produce suffering for all concerned with case study outlines that illustrate the point memory loss and its effect on spirituality self worth and the faith community pastoral care for people suffering with dementia with practical information on helping them to make use of the power of prayer and to deal with loneliness fear and disempowerment an insightful look at a recent major study of residents in aged care facilities in Australia that explores the link between depression and spirituality risk and protective factors associated with suicide in later life and the treatment of depression pastoral interventions for depression and dementia *Spiritual Maturity* Leslie Reynolds,2001-10-15 spiritual

Maturity The Whole Elephant provides a look at spiritual maturity for both spiritual seekers and the spiritually religiously committed It provides a glimpse of the whole elephant to use a term based on the Hindu metaphor of the blind men and the elephant It contains widely diverse answers to ten defining questions about spiritual maturity These questions include the characteristics of spiritual maturity the relationship to psychological and moral maturity and to social action and the culture stages to and which organizations support attainment alone or in community how to support others on the path and where you are The answers are given by thirty spiritual leaders not leaders of the national or academic variety but leaders of the shoe leather variety clergymen Catholic Protestant Jewish and New Age university professors and a psychotherapist monks and sisters a Native American followers of Islam Hindu and Buddhist practices members of 12 Step programs and a human development trainer an African American Sufi and black Baptist deacon It is spiritual maturity made accessible to everyone It closes with the reflections of a university professor after viewing the Holocaust Museum providing a glimpse of the possible cost of holding on so rigidly to our specific understanding of who God is and his possible plan for us Imagine a dialogue among people who hold very different points of view The group consists of a Bible church pastor a law school professor a member of Alcoholics Anonymous the abbot of a Zen monastery a Roman Catholic sister who is an instructor in Spiritual Direction a Baptist worship leader and a Methodist pastor Imagine two of them as reluctant participants one the member of Alcoholics Anonymous because he is not exactly a fan of organized religion the second is the Bible pastor who appeared suspicious of mingling with other leaders of non Bible based religions The dialogue follows Always the teacher the law professor begins by giving his definition of spiritual maturity Coming of age in the spirit While everyone nods wisely in agreement they then realize that they all have differing definitions of spirit and even of coming of age The Methodist pastor picks up the thread The person would have an awareness of the divine in life They would have a sense in which they would understand that which we call God and feel some connectedness and relatedness to that God Looking around for agreement he continues They would be able to utilize the rites and rituals of their faith in an effective manner with as little sense of magic or mere wish fulfillment as possible They would be able to give witness to that in a variety of ways whatever is appropriate that comes with their setting He points out aware of the diversity of the setting that what he was saying could be taken in the broadest possible sense This application would apply to a Buddhist or a Muslim as well as a Christian Afraid that the conversation might digress the Baptist worship leader enters the conversation to qualify Its not something we can produce Its Christ likeness produced inside us through friendship with the triune God He explains that what spiritual maturity means to the Christian is Holy Spirit maturity He elaborates he means Holy Spirit produced maturity Nodding in agreement the Buddhist abbot says I think there is a certain spiritual maturity that comes with people who are really into any spiritual practice deep into whatever spiritual practice They seem to be open to all others seem to have respect for one another That would be wonderful if we all had that openness to one anothers spiritualities I encountered my own prejudice

All human beings have particular biases beliefs that we hold to be true whether we are aware of them or not One question I asked rather awkwardly of The Spiritual Dimension of Ageing Elizabeth MacKinlay,2001 Drawing on in depth interviews with older people Elizabeth MacKinlay develops an understanding of spirituality that enables the reader to explore the spiritual dimension of ageing and to learn how it contributes to well being and health in later life This book will be a useful text for students trainers and academics policy makers and practitioners in health and social care as well as religious professionals in hospital residential and other caring settings BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved **The Spiritual Dimension of Ageing, Second Edition** Elizabeth MacKinlay,2017-02-21 People are asking more and more questions about life and meaning as they are growing older and living for longer There are increasing opportunities to engage with spiritual well being later in life This book provides a comprehensive study of spirituality and ageing with newly updated material on recent developments in this field Wising Up Kathy Black,Heather Murray Elkins,2010-04-01 Wising Up provides rituals and guidance for women as they age It helps them make the often difficult life transitions wisely and in the context of their faith communities Instead of focusing exclusively on time worn thresholds such as menopause marriage and divorce and dying the book contains affirming rituals on coming to terms with the changes in one s body learning to live with and depend on an item like a walker or a hearing aid giving up one s driver s license deciding how to give away one s household contents and being orphaned In addition to the rituals and guidelines on how to create one s own rituals the book contains a number of short stories hymns prayers quotations and poems to help ease women through the aging process Contributors Susan Beehler Teresa Berger Kathy Black Ruth Duck Heather Murray Elkins Brigitte Enzner Probst Martha Whitmore Hickman Martha Ann Kirk Mary Elizabeth Mullino Moore Susan Roll Deborah Sokolove Linda J Vogel and Janet Walton **Oxford Textbook of Spirituality in Healthcare** Mark Cobb,Christina Puchalski,Bruce Rumbold,2012-08-09 The relationship between spirituality and healthcare is historical intellectual and practical and it has now emerged as a significant field in health research healthcare policy and clinical practice and training Understanding health and wellbeing requires addressing spiritual and existential issues and healthcare is therefore challenged to respond to the ways spirituality is experienced and expressed in illness suffering healing and loss If healthcare has compassionate regard for the humanity of those it serves it is faced with questions about how it understands and interprets spirituality what resources it should make available and how these are organised and the ways in which spirituality shapes and informs the purpose and practice of healthcare These questions are the basis for this resource which presents a coherent field of enquiry discussion and debate that is interdisciplinary international and vibrant There is a growing corpus of articles in medical and healthcare journals on spirituality in addition to a wide range of literature but there has been no attempt so far to publish a standard text on this subject Spirituality in Healthcare is an authoritative reference on the subject providing unequalled coverage critical depth and an integrated source of key topics

Divided into six sections including practice research policy and training the project brings together international contributions from scholars in the field to provide a unique and stimulating resource

Aging, Spirituality, and Religion Melvin Kimble, Susan H. McFadden, 2002-12-01 Volume II picks up where Volume I left off with practical advice and tools for ministry with the aging in a variety of settings Gerontological and theological perspectives undergird the practical guidance and a final section treats of the unique ethical issues involved in ministry with the aging

New Directions in the Study of Late Life Religiousness and Spirituality Susan H. Mcfadden, Mark Brennan, 2014-05-01 Examine the questions of how what and why associated with religiousness and spirituality in the lives of older adults New Directions in the Study of Late Life Religiousness and Spirituality explores new ways of thinking about a topic that was once taboo but that has now attracted considerable attention from the gerontological community It examines various approaches to methodology and definition that are used in the study of religion spirituality and aging In addition it explores the ways that gerontological research can highlight the role of religion and spirituality in the lives of older adults The first section will introduce you to new ways of thinking about research methodology and data analysis that can be applied to studying the complexity of older adults religious spiritual practice and beliefs You ll learn several approaches to the study of phenomena that are both personal and also deeply embedded in community The second section addresses issues of definition exploring important questions that call for critical reflection such as What are we studying What social and psychological influences shape our thinking about definition and Do the definitions used by gerontologists match those held by older people The final section moves the study of religion spirituality and aging beyond a focus on health and mortality to examine well being more broadly in the context of the life experiences of older adults Here is a small sample of what you ll learn about in New Directions in the Study of Late Life Religiousness and Spirituality structural equation modeling a statistical method designed to capture the dynamics inherent in the passage of time feminist qualitative methods for studying spiritual resiliency in older women spirituality as a public health issue the differences between groups of older people in the way they define religion and spirituality the psychosocial implications of two types of religious orientation dwelling and seeking older women s responses to the experience of widowhood and to the question of whether their religious beliefs were affected by the experience how social context influences our decisions and our interpretations of people s religious beliefs behaviors and experiences the ways that people caring for a spouse with dementia rely on religious coping a model that delineates three different ways people relate to God in coping and a study that asks whether these types of coping produce different outcomes for caregivers how people adjust to bereavement as a function of their beliefs about an afterlife

Older Men's Lives Edward H. Thompson, Edward H. Thompson (Jr.), 1994-06-07 In this multidisciplinary portrait of men and their concerns in later life the contributors use both a life course and gendered perspective to point out that the image and self image of men are continually reconstructed throughout the life cycle Issues examined include the position of older men in society and the

changes wrought in their status and roles over time men s relationships to spouse children grandchildren and friends and policy implications

The Abundant Life John W. Parrott,2011-04-12 This is a book of devotional thoughts about life in general and the Christian life in particular It is rooted deeply in scripture and reflects the authors lifetime of experience in studying and teaching the great truths of the Bible For the most part it stays away from divisive doctrinal issues or any systematic theological presentation and focuses on ideas that have some inspirational value or provide practical guidance for daily Christian living One of the early readers of the draft manuscript is a friend who is a published author and she commented I think *The Abundant Life* is absolutely wonderful and I believe many people would love to read this over and over again

The Psychology of Mature Spirituality Polly Young-Eisendrath,Melvin Miller,2002-01-04 At the threshold of the 21st Century many people are faced with a spiritual dilemma where neither secularism nor religion seem adequate *The Psychology of Mature Spirituality* addresses this dilemma In each of the book s three sections integrity wisdom and transcendence distinguished contributors describe and analyse a mature form of spirituality that will be a hallmark of future years This timely volume will appeal to those involved in psychology psychoanalysis and religious studies

Aging and the Religious Dimension Susan A. Eisenhandler,1994-02-17 Aging and religion has been badly neglected in the field of Gerontology This book containing 13 chapters of original theory and research is devoted to understanding the place that religion and spirituality hold in the lives of elderly persons The authors each experts in their own field approach this issue from their backgrounds in the social sciences and the humanities Overall this is a ground breaking collection It is one of the first attempts to seek to understand the role that religion plays in the lives of elderly persons Based on their various multi disciplinary perspectives the authors make use of a variety of qualitative and quantitative methodologies as well as personal narrative and literature to grapple with this issue Finally the book is unique in that it addresses scholars and students including the educated layman rather than the professional alone

The Science of Congregation Studies Leslie J. Francis,David W. Lankshear,2022-01-01 During the past two decades the Science of Congregation Studies has blossomed significantly in the UK as well as within the USA and Australia In this illuminating and thought provoking volume Leslie J Francis research group draws on the Signs of Growth Survey conducted throughout the Anglican Diocese of Southwark to illustrate how the strength of combined qualitative and quantitative research methods can draw on the insights of psychological theory sociological theory and empirical theology to illuminate pressing questions of relevance to the sociology of religion psychology of religion practical theology and pastoral studies Individual chapters discuss the missing generation of young people the greying generation aged seventy and over how occasional churchgoers express belonging and commitment connections between psychological type and religious motivation and the distinctive characteristics of growing congregations

Spirituality in Nursing: Standing on Holy Ground Mary Elizabeth O'Brien,2007-04-26

Positive Ageing Nilanjana Sanyal,Manisha Dasgupta,2020-12-20 This book presents a kaleidoscopic view of the positive layers of ageing as

well as key interventions that can help generate and maintain positivity and well being among the elderly It explores the connections of ageing with spirituality nature and existentialism and leisure to encourage creativity individuation happiness and emotional detachment It further examines various interventions such as end of life care mindfulness and yoga retrospection life review and so on which may improve the overall quality of life by promoting the health of the elderly individual The book focuses on authentic ageing transpersonal gerontology the concept of the elder child geriatric interventions and caregiving and suggests practical improvements in health and facilities for the elderly It also covers aspects of the inner life of the prolonged ailing or dying person from a mental health perspective and emphasizes the value of positive ageing A guide to applied geriatrics and geriatric psychology with its simple style and clear methods in end to end praxis the book shows how mental well being can be fostered in the elderly to help them find meaning and purpose in old age This book will interest students teachers and researchers of psychology positive psychology geropsychology and gerontological studies sociology and social work public health medical education and geriatric nursing It will also be useful to practitioners including psychologists counsellors gerontologists mental health professionals and NGOs working with the elderly and the interested reader *Leadership* William Russell White,1951

Unveiling the Power of Verbal Art: An Psychological Sojourn through **Spiritual Maturity In The Later Years**

In some sort of inundated with screens and the cacophony of quick transmission, the profound energy and psychological resonance of verbal artistry usually fade into obscurity, eclipsed by the constant assault of noise and distractions. However, located within the lyrical pages of **Spiritual Maturity In The Later Years**, a captivating perform of fictional brilliance that pulses with fresh thoughts, lies an memorable journey waiting to be embarked upon. Composed with a virtuoso wordsmith, that enchanting opus books readers on a mental odyssey, lightly revealing the latent possible and profound affect embedded within the delicate internet of language. Within the heart-wrenching expanse of this evocative examination, we shall embark upon an introspective exploration of the book is main themes, dissect their charming writing type, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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