



# What is a slipped disc?

Slipped disc is also called as disc prolapse / disc herniation. The bulging disc may press on the nerve roots coming from the spinal cord. Apart from the compression there is also some inflammation around the prolapsed part of the disc.

This inflammation may irritate the nerve root and also causes swelling, which increases pressure on the nerve.



# Slipped Discs

**M Woodhall**



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