# PERSONAL IDENTITY

# INTERNAL / PERSONAL IDENTITY RESOURCES

Gender

Physical & intellectual attributes and capabilities

Understandings about life

Needs

**Beliefs** 

Values

**Ideals** 

Attitudes

Emotions

Personal drives (sexual etc.)

Dispositions

Personal experience

Any obsessions / addictions

Etc.

# DYNAMIC INTERACTION & INTERPLAY PROCESS



**SELF UNDERSTANDING &** SELF EXPRESSION

# EXTERNAL / CULTURAL IDENTITY RESOURCES

Family history

Heroes / beroines

Personal relationships / friends / social interaction

Sport & recreation, gambling Clothes / vehicles / toys etc.

Radio / film / TV / social media / entertainment

Religion & various cultural sub-groups

Main source of news about the world

Popular culture & food / drink -- lifestyle & travel

Consumer products Advertising & marketing

Schooling / education across the life cycle Art / music / cultural events and artefacts

Computers, com. games, mobile phones

Nature / environment / animals / pets

Cosmetics / cosmetic surgery

Work / career / residence

Etc. Etc.

ESPECIALLY Popular, influential cultural narratives about life today

# **Social And Personal Identity Understanding Yourself**

**Heather Smith, Mark K. Smith** 

#### **Social And Personal Identity Understanding Yourself:**

Social and Personal Identity Derek Layder, 2004-02-24 How can you understand yourself Where do your views attitudes and values come from and why do they change This accessible and illuminating book provides a reliable guide to these questions The book Demonstrates that personal identity is formed around basic needs for security and self esteem and the personal desires that flow from them Shows the role of the emotions in personal life Explores the limits of approaches that deny the existence of individuals and personal experience Demonstrates how we build on everyday problems and dilemmas of life to shape our moods attitudes and feelings Shrewd and compelling the book will be of interest to anyone studying Social Psychology and Sociology EMOTIONAL NEEDS AND DESIRES. D. LAYDER, 2004 **Social and Personal Identity** Derek Layder, 2004-03-27 How can you understand yourself Where do your views attitudes and values come from and why do they change This accessible and illuminating book provides a reliable guide to these guestions The book Demonstrates that personal identity is formed around basic needs for security and self esteem and the personal desires that flow from them Shows the role of the emotions in personal life Explores the limits of approaches that deny the existence of individuals and personal experience Demonstrates how we build on everyday problems and dilemmas of life to shape our moods attitudes and feelings Shrewd and compelling the book will be of interest to anyone studying Social Psychology and Sociology The **Sociology of Zygmunt Bauman** Michael Hviid Jacobsen, Poul Poder, 2016-03-03 Zygmunt Bauman is one of the most inspirational and controversial thinkers on the scene of contemporary sociology For several decades he has provided compelling analyses and diagnoses of a vast variety of aspects of modern and liquid modern living This book considers the theoretical significance of his contribution to sociology but also discusses and adopts a critical stance towards his work The Sociology of Zygmunt Bauman introduces and critically appraises some of the most significant as well as some of the lesser known of Bauman's contributions to contemporary sociology An international team of scholars delineates and discusses how Bauman's treatment of these themes challenges conventional wisdom in sociology thereby revising and revitalizing sociological theory As a special feature the book concludes with Bauman's intriguing reflections and contemplations on his own life and intellectual trajectory published here for the first time in English In this postscript aptly entitled Pro Domo Sua About Myself he describes the pushes and pulls that throughout the years have shaped his thinking Intimacy and Power D. Layder, 2015-12-04 This book explores the nature of intimacy by revealing how the influence of individual interpersonal and wider social factors create variations in self disclosure intimacy games and relationship habits It describes how the dynamics of power and control in relationships give rise either to mutual satisfaction or to the unraveling of intimacy

Theorizing Power Jonathan S. Hearn, 2017-09-16 If we re interested in why society changes and develops and if we want to identify the forces that influence our personal beliefs and choices then we must have an understanding of the nature and scope of human power This distinctively clear text critically evaluates how power is defined conceptualized and theorized

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web angefangen bei ihren augenlidern bis hin zu ihren fußsohlen kann das massieren dieser wichtigen meridiane stress abbauen und es ihnen erlauben ein volles leben mit natürlicher heilungskraft zu genießen die wahrscheinlich umfassendste und einfachste anleitung zur gigong meridian selbstmassage sehen sie selbst

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