



Sons Like Me

Jeffrey L. Buller



Sons Like Me:

Sounds Like Me Sara Bareilles, 2019-10-15 An anniversary edition of The New York Times bestselling collection of essays by two time Grammy Award winner creator of Little Voice on Apple TV and star of Netflix's Girls5eva Sara Bareilles resonates with authentic and hard won truths Publishers Weekly and features new material on the hit Broadway musical Waitress Sara Bareilles pours her heart and soul into these essays Associated Press sharing the joys and the struggles that come with creating great work all while staying true to yourself Imbued with humor and marked by Sara's confessional writing style this essay collection tells the inside story behind some of her most popular songs Well known for her chart topper Brave Sara first broke through in 2007 with her multi platinum single Love Song She has since released seven studio albums that have sold millions of copies and spawned several hits not to mention creating and starring in the hit Broadway musical Waitress A breezy upbeat and honest reflection of this multitalented artist Kirkus Reviews Sounds Like Me reveals Sara Bareilles the artist and the woman on songwriting soul searching and what's discovered along the way [Black Boys Like Me](#) Matthew R. Morris, 2024-01-16 INSTANT NATIONAL BESTSELLER LONGLISTED FOR THE TORONTO BOOK AWARD Black Boys Like Me ignited parts of me I honestly didn't believe any book could ever know Seldom do incredibly titled books earn their titles Matthew R Morris earns this classic title with a classic book about our insides Kiese Laymon author of Heavy Startlingly honest bracing personal essays from a perceptive educator that bring us into the world of Black masculinity hip hop culture and learning This is an examination of the parts that construct my Black character from how public schooling shapes our ideas about ourselves to how hip hop and sports are simultaneously the conduit for both Black abundance and Black boundaries This book is a meditation on the influences that have shaped Black boys like me What does it mean to be a young Black man with an immigrant father and a white mother teaching in a school system that historically has held an exclusionary definition of success In eight illuminating essays Matthew R Morris grapples with this question and others related to identity and perception After graduating high school in Scarborough Morris spent four years in the U S on multiple football scholarships and having spent that time in the States experiencing the Mecca of hip hop and Black culture returned home with a newfound perspective Now an elementary school teacher himself in Toronto Morris explores the tension between his consumption of Black culture as a child his teenage performances of the ideas and values of the culture that often betrayed his identity and the ways society and the people guiding him his parents coaches and teachers received those performances What emerges is a painful journey toward transcending performance altogether toward true knowledge of the self With the wide reaching scope of Desmond Cole's The Skin We're In and the introspective snapshot of life in Between the World and Me by Ta Nehisi Coates Black Boys Like Me is an unflinching debut that invites readers to create braver spaces and engage in crucial conversations around race and belonging **The Highly Sensitive Teen** Lea Noring, 2025-02-01 Highly sensitive people HSP in their teens struggle mightily with their own amplified feelings as well as

being perceived as different from their peers In *The Highly Sensitive Teen* an expert with more than thirty years experience working with adolescents teaches teens essential skills to cope with high sensitivity interact well with others set healthy boundaries and embrace their hidden powers so they can achieve their goals and thrive ***Sons of Fortune*** Jeffrey Archer,2003-01-08 New York Times bestselling author Jeffrey Archer returns with a powerful tale of twins separated by fate and reunited by destiny in *Sons of Fortune* In Hartford Connecticut in the late 1940s a set of twins is parted at birth not by accident Nat Cartwright goes home with his parents a schoolteacher and an insurance salesman while his twin brother begins his days as Fletcher Davenport son of a millionaire and his society wife During the 1950s and 1960s the two brothers grow up apart following similar paths that take them in different directions Nat leaves college at the University of Connecticut to serve in Vietnam then finishes school earns his MBA and becomes a successful currency dealer Fletcher meanwhile graduates from Yale University with a bachelor s and a law degree going on to distinguish himself as a criminal defense lawyer At various times in their lives both men are confronted with challenges and obstacles tragedy and betrayal loss and hardship before they both decide to run for governor unaware they are brothers In the tradition of Jeffrey Archer s most popular books *Sons of Fortune* is as much a chronicle of a nation in transition as it is the story of the making of these two men and how they eventually discover the truth and its tragic consequences ***Sons of the Rhine*** Rudolf Herzog,1914

Severance of the Sorcerer Kate Gateley,2024-02-22 A spreading darkness a final prophecy and one last chance to live or die In his desperate bid to find answers of his own Cassius Longinus the ancient Child of Rome released the killing darkness upon the world A betrayal by Julia and Dom s strongest ally and dearest friend Ronan who falls into Cassius ranks and advances the Sorcerer s gruesome experiments leaves the future looking more uncertain than ever for the Sovereign and the World Ruler Now on the run and isolated from their tight group of loyal allies Julia and Dom must somehow pick up the pieces of their shattered trust reconnect with their remaining friends and together work to unravel the mysteries of the Otherworld s most recent and worrisome portent all while searching for a new path to end the darkness The World Ruler seeks a priceless gift the Sovereign s legacy as foretold Darkness wields a steady foothold should only two destroy the throne *Severance of the Sorcerer* is the final installment of *The Lost Wells Trilogy* ***Healing Children*** Kurt Newman, M.D.,2017-06-13 A National Bestseller An astounding and miraculous Madeline Levine medical memoir by one of our nation s leading pediatric surgeons the visionary head of Children s National Anyone who has seen a child recover from a wound or a broken bone knows that kids are made to heal Their bodies are more resilient more adaptive and far more able to withstand acute stress than adults In this inspiring memoir Dr Kurt Newman draws from his long experience as a pediatric surgeon working at one of our nation s top children s hospitals to make the case that children are more than miniature adults Through the story of his own career and of the brave kids he has treated over the years and their equally brave and tenacious parents he reveals the revolution that is taking place in pediatric medicine When he decided to become a pediatric surgeon the field

was in its infancy struggling for esteem Now nearly forty years later it is at the forefront of exhilarating new discoveries in everything from cancer research to mental health care But few parents know how to access the best care for their children Far too many find themselves frustrated and afraid Dr Newman wrote this book to help guide parents not just of sick kids but of all kids and to share his knowledge of what children need to thrive A deeply human story with a spectacular cast of young heroes and heroines *Healing Children* will convince you that we still have a lot to learn from our kids *Crossing the Tracks* Dolphus Weary, 2012-06-04 An inspiring story of how God called one man to go back and make a difference Dolphus Weary knows from personal experience just how harmful racial division can be Growing up in rural Mississippi he learned that if poverty hunger and disease didn't kill him racism bigotry or the Klan just might So when a college basketball scholarship gave him the opportunity to get away from the broken racially divided city of Mendenhall he jumped at the chance But he couldn't outrun racism Eventually God called him back to his hometown to the city where the railroad tracks not only separate economic classes but also represent a divide in the church Believing that prejudice is ultimately a spiritual issue Weary went back to Mississippi and worked to break down racial divides and promote productive dialogue greater understanding and ultimately racial reconciliation The founder and part time president of R E A L Rural Education and Leadership Christian Foundation Weary helps ministries and communities realize that a kingdom mentality is possible only when we stop limiting God's work to a denomination or racial group *Crossing the Tracks* offers an insider's look at Weary's life and experiences It recounts both the heartbreaking and victorious events that helped him overcome the odds Profoundly honest and never more timely this book encourages Christians to partner together to turn the ugly legacy of racism wherever it is found into a beautiful community of hope **Treating Trauma and Traumatic Grief in Children and Adolescents**

Judith A. Cohen, Anthony P. Mannarino, Esther Deblinger, 2006-06-23 This is the authoritative guide to conducting trauma focused cognitive behavioral therapy TF CBT a systematic evidence based treatment for traumatized children and their families Provided is a comprehensive framework for assessing posttraumatic stress disorder depression anxiety and other symptoms developing a flexible individualized treatment plan and working collaboratively with children and parents to build core skills in such areas as affect regulation and safety Specific guidance is offered for responding to different types of traumatic events with an entire section devoted to grief focused components Useful appendices feature resources reproducible handouts and information on obtaining additional training TF CBT has been nationally recognized as an exemplary evidence based program See also the edited volume *Trauma Focused CBT for Children and Adolescents Treatment Applications* for more information on tailoring TF CBT to children's varying developmental levels and cultural backgrounds

In Shining Armor E. L. Phillips, 2016-06-14 Krish Nayar is damp He's cold He's an American lost in the foggy woods of Wales and sporting a sprained ankle When a handsome renaissance faire player in shining armor Bleddyn ap Rhys rescues Krish from stumbling around and getting even more lost Krish thinks his prayers are answered At least until Bleddyn brings

him to Castle Gwydir where everyone lives like it really is Medieval Wales no one knows what an iPhone or indoor plumbing is and where by all accounts the year is 1626 Traveling four hundred years into the past is improbable but apparently not impossible Learning to fit in with medieval Welshmen is difficult but not impossible What s impossible is Krish not losing his heart to gallant Bleddyn in a time when if acted on their love means a death sentence The Millwright's Son Charles Spaeth,2011-03-09 It is 1990 Seattle is booming and the AIDS epidemic rages Avery Willard a divorced commercial real estate broker at the peak of his career keeps his awareness of others and himself locked down When the consequences of his adolescent behavior snap the lock he is forced to confront his contradictions and awakening consciousness This fast moving yet character driven novel centers on relationships among men personal professional and most poignantly between four generations of fathers and sons It is also about men and women power and sex and money As Avery struggles with his demons the mood is dark but humor and insight never fail to illuminate this story about men s humanity and the empathy and compassion they cloak from others and themselves *Kids' Club Letters* Georgia A. DeGangi,Marc A. Nemiroff,2009-08-26 Kids Club Letters provides an innovative approach to group psychotherapy for school aged children who experience a range of social and emotional problems A narrative therapy approach is adapted taking the form of letters written by the therapist in the voice of a child who is asking for advice about interpersonal or emotional problems The child in the letter is asking for guidance from the participants in the group These letters were devised and written for the purpose of structuring responses in group psychotherapy allowing the participants to address relevant issues for them individually and at the group level The children in the groups had previously experienced difficulty discussing these issues spontaneously Hence the Dear Group letter format was born The children did not know that the therapist had written the letters **Finding His Wife, Finding a Son** Marion Lennox,2018-08-01 Reunited with his ex wife and her secret son In this Bondi Bay Heroes story when doc Luc Braxton is called to a collapsed shopping mall the last person he expects to rescue from the rubble is his fiercely independent ex wife Dr Beth Carmichael and Toby the little boy he never knew she had But to keep them in his life Luc must learn to love Beth the way she needs him to **Play Therapy with Children and Adolescents in Crisis** Nancy Boyd Webb,2015-08-20 This widely used practitioner resource and course text now significantly revised is considered the most comprehensive guide to working with children who have experienced major losses family upheavals violence in the school or community and other traumatic events Leading experts present a range of play and creative arts therapy techniques in chapters organized around in depth case examples Informed by the latest knowledge on crisis intervention and trauma the fourth edition encompasses work with adolescents as well as younger children Each chapter concludes with instructive questions for study or reflection New to This Edition Expanded age range now includes expressive therapy approaches for adolescents More attention to traumatic stress reactions and posttraumatic stress disorder PTSD several chapters address complex trauma Extensively revised with the latest theory practices and research many new authors Additional topics parental substance abuse group

work with adolescents chronic medical conditions animal assisted play therapy and courtroom testimony and more *Bible Characters, Volume 4* , **What Do You Stand For? for Kids** Barbara A. Lewis,2005 Build positive character traits like caring citizenship cooperation courage fairness honesty respect and responsibility **The New Monthly Belle Assemblée** , *Managing Time and Stress* Jeffrey L. Buller,2018-09-30 The book provides a concise guide to how academic leaders can manage their time more efficiently and thus better cope with the stresses of their position Rather than focusing on theory or the causes of time and stress pressures for college administrators today the book focused on field tested approaches for achieving more of one s priorities and for dealing with the pressures of academic leadership positions Academic leaders already know why they re running short of time and feeling stressed they don t want more analysis and theory but rather insights into how they can make things better The book is designed for use by individual academic leaders administrative teams in a retreat leadership workshops or training programs and courses in higher education leadership *Learning from Resilient People* Morley D. Glicken,2006-05-03 This comprehensive core textbook analyzes how resilient people navigate the troubled waters of life s traumas and identifies how learning about resilience may help cultivate this quality in other less resilient people Author Morley D Glicken explains the inner self healing processes of resilient people and helps individuals training in the helping professions to learn to use these processes in working with their clients **Humphrey Merton; or, The widow's sons, by A.I.T.S.** A I T. S,1872

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