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Sleep And Its Derangements Hypnosis And Altered States Of Consciousness

Kathleen Armour



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Hypnosis and Conscious States Graham Jamieson, 2007-01-18 Hypnosis provides a rich paradigm for those seeking to understand the processes that underlie consciousness This book describes the latest advances in understanding hypnosis and similar trance states by researchers within the neuroscience of consciousness *Sleep Talking* A. M. Arkin, 2018-10-24 First published in 1982 Routledge is an imprint of Taylor Francis an informa company *Sleep and Its Derangements* William A. Hammond, 2021-05-19 In *Sleep and Its Derangements* William A Hammond delves into the intricate world of sleep disorders articulating the myriad ways in which disturbed sleep patterns profoundly affect human health and behavior Utilizing a blend of scientific analysis and case studies Hammond s prose is both accessible and erudite firmly situating his work within the burgeoning field of medical psychology of the late 19th century The book reflects the Victorian fascination with the mind body connection deconstructing notions of rest while advocating for a deeper understanding of its physiological and psychological underpinnings Hammond s keen observations and detailed categorizations of sleep disturbances present readers with a holistic overview of the subject matter which remains relevant in contemporary neuroscience and psychiatry William A Hammond 1828 1900 was a pioneering American neurologist whose extensive work laid foundational stones for modern neurology His clinical background and personal encounters with patients suffering from sleep disorders led him to address the drastic implications of these disruptions As an advocate for the medical profession s need to scrutinize the psychology of sleep Hammond s contributions emerged from his conviction that understanding sleep is paramount to advancing medical science and improving patients lives This compelling book is highly recommended for both medical professionals and general readers intrigued by the complexities of human behavior Hammond s insights and thorough research provide valuable knowledge that can enhance the understanding of sleep disorders encouraging a dialogue that is just as essential today as it was in the 19th century **The Reprint Bulletin, Book Reviews** ,1982 *Reprint Expediting Service Bulletin* ,1981 **Medical and Health Care Books and Serials in Print** ,1997 *Medical Books and Serials in Print* ,1984 **Consciousness** Adam Zeman, 2004-01-01 A fascinating exploration of the nature of consciousness This engaging and readable book provides an introduction to consciousness that does justice both to the science and to the philosophy of consciousness that is the mechanics of the mind and the experience of awareness The book opens with a general discussion of the brain and of consciousness itself Then exploring the areas of brain science most likely to illuminate the basis of awareness Zeman focuses on the science of sleep and waking and on the science of vision He describes healthy states and disorders epilepsy narcolepsy blindsight and hallucinations after stroke that provide insights into the capacity for consciousness and into its contents And he tracks the evolution of the brain the human species and human culture and surveys the main current scientific theories of awareness pioneering attempts to explain how the brain gives rise to experience Zeman concludes by examining philosophical arguments about the nature of consciousness A practicing

neurologist he animates his text with examples from the behavioral and neurological disorders of his patients and from the expanding mental worlds of young children including his own His book is an accessible and enlightening explanation of why we are conscious *British Books in Print* ,1985 Bookseller and the Stationery Trades' Journal ,1982

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