

4 SELF-DEFENSE MOVES EVERYONE SHOULD KNOW



Smart Moves A Kids Guide To Self Defense

Gerri Willever



Smart Moves A Kids Guide To Self Defense:

Smart Moves Christopher J. Goedecke,1995 Discover how to stand up against trouble by developing the necessary physical and mental skills of martial arts masters This book is intended to help children gain the understanding and skills to resolve conflicts nonviolently **Stay Safe!** Sara Nelson,2008-09-01 Tips for dealing with threats to personal safety whether from a bully in school or a stranger on a street corner **Quit It!** Merle Froschl,Barbara Sprung,Nancy Mullin-Rindler,1998

Voice of Youth Advocates ,1995 *Safe from Strangers* Gerri Willever,2003-09 As children grow the risks to their personal safety increase Retired teacher and Black Belt Gerri Willever provides parents with the tools to empower children of all ages Today s world presents a newer more challenging set of risks and safety is an issue that requires time and energy Safe From Strangers uses practical methods and effective strategies to prevent abductions and keep children safe

Something about the Author Hile,1996 Provides biographical information on over 100 authors of books for young readers **Children's Books in Print** R R Bowker Publishing,Bowker,1999-12 **Book Review Digest** ,1997 The Horn Book Guide to Children's and Young Adult Books ,1996 **Books in Print Supplement** ,2002

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