



SKI TOURING THE EASTERN HIGH SIERRA

*Beginning and Intermediate
Cross-Country Day Trips
Going to the Sun and John Muir*

by Don Douglas and Chris Longhardt
with a Foreword by Doug Robinson

Ski Touring The Eastern High Sierra

Roman Wölfel



Ski Touring The Eastern High Sierra:

Ski Touring the Eastern High Sierra Don Douglass, Chris Lombardo, 1990-09-01 **Ski Tours in California** David Beck, 1972 *The High Sierra* R. J. Secor, This new edition of the only guide to detail all the known routes on 570 peaks in the Sierra is completely reorganized to be even more user friendly and includes more than 100 new routes route variations and winter ascents The most popular guidebook to the magnificent Sierra mountains has been expanded and improved There is 30 percent new content in this edition including new route descriptions additional peaks described more historical information and GPS enabled driving directions The content has also been completely rearranged to keep roads and trails and passes and peaks together making the book easier to use Four of the 30 maps have been revised The Sierra climbing bible The Los Angeles Times The best field guide to the region Men s Journal The guide to the Sierra Nevada high country Climbing magazine **THE ALPINE SKI TOURING BOOK** Jean Vives, Correct technique is a force multiplier You can t muscle your way through the backcountry This book packed with clear usable techniques borrowed from ski guides mountaineers and ski patrollers that will make you an effective knowledgeable wilderness skier Chp 1 Clothing will bring you up to date on the most recent advances in cold weather clothing while Chp 2 Gear does the same for AT ski touring equipment including skis poles boots and bindings Chp 3 Ascent talks about Uphill Skiing and climbing strategy It s the first ski book to emphasize Sport Breathing to maximize climbing efforts Chp 4 Descent goes into skiing techniques that the resort skier already knows that can be used in the backcountry Chp 5 Terrain looks at mountain terrain hazards specific to wilderness travel on skis including an introduction to glacier skiing and crevasse rescue Chp 6 Weather covers travel precautions and the Seven Storm Stages Chp 7 covers Cell Phone GPS using GAIA and Topo navigation Apps Chp 8 goes deep into avalanche safety with Safe Travel Techniques and the Decision Making process Avalanche Rescue includes Avy Beacon use and Strategic Shoveling Chp 9 Expedition covers winter camping sled use trip planning Covid 19 hut trips and foreign travel Chp 10 Survival includes sled use protocols emergency shelters ground air signaling helicopter rescue etc A comprehensive Technical Appendix includes Bibliography History Multiple Equipment Lists Internet directory and the first AT calorie estimator to be presented in any text [Ski](#) ,1982-11 **Backcountry Skiing California's Eastern Sierra** Dan Mingori, Nate Greenberg, 2009-01-01 The best backcountry skiing in the Eastern Sierra is centered on the town of Mammoth Lakes and Dan and Nate have made sure that nothing is left out of the broad area covered in the book extending from Tioga Pass in the north to Bishop Creek in the south From the backyard runs on the Mammoth Crest to the roadside accessible Tioga Pass and the epic wilderness peaks like Mt Tom and Laurel Mountain this guide serves as both the ultimate introductory resource and the experienced hard man s hit list The book is printed in color 240 pages and packed with useful information It includes scores of annotated color topographic maps and hundreds of color photographs The authors give a written description for each approach and descent along with useful statistics for gauging conditions and seriousness

including the slope aspect and angle vertical gained and mileage of the approach and a seriousness rating **Skiing**,1969-02 *Skiing*,2003-03 Lake Tahoe's Twenty Best Pavement and Dirt Rides Ray W. Miskimins,1995-06 **The Santa Monica Mountains** Jim Hasenauer,Mark Langton,1993 *Ski*,1975-11 **Ski**,2000-05 Backpacker,1977-02 Backpacker brings the outdoors straight to the reader's doorstep inspiring and enabling them to go more places and enjoy nature more often The authority on active adventure Backpacker is the world's first GPS enabled magazine and the only magazine whose editors personally test the hiking trails camping gear and survival tips they publish Backpacker's Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are measured Best Places to Stay in California Anne E. Wright,2000 This completely revised and updated guide describes more than 300 accommodations throughout the state from country inns to guest farms to grand old resorts Skiing,1978-09 **Skiing**,1980-09 **Lost Ski Areas of Tahoe and Donner** Ingrid P. Wicken,2020 At the beginning of the twentieth century Lake Tahoe and the Donner Summit region became California's first developed winter sports areas Plentiful snowfall and newly built highways opened up the summer playground for visitors year round and skiing flourished The Sierra Ski Club formed in 1925 attracting members eager to experience everything the mountains had to offer People flocked to the slopes visiting places like Clair Tappaan Lodge in Soda Springs boasting one of the summit's earliest ski tows and the Yuba Gap Lodge a pioneer in night skiing Join Ingrid P Wicken award winning author and ski historian as she recounts the fascinating beginnings of this celebrated ski hub *Ski*,1978-03 **Backpacker**,1977-06 Backpacker brings the outdoors straight to the reader's doorstep inspiring and enabling them to go more places and enjoy nature more often The authority on active adventure Backpacker is the world's first GPS enabled magazine and the only magazine whose editors personally test the hiking trails camping gear and survival tips they publish Backpacker's Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are measured *Ski*,1978-02

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