# The 12 Steps of Alcoholics Anonymous

- We admitted we were powerless over alcohol —that our lives had become unmanageable
- 2 Came to believe that a Power greater than ourselves could restore us to sanity
- 3 Made a decision to turn our will and our lives over to the care of God as we understood Him
- Made a searching and fearless moral inventory of ourselves
- 5 Admitted to God, to ourselves, and to another human being the exact nature of our wrongs
- 6 Were entirely ready to have God remove all these defects of character

- Humbly asked Him to remove our shortcomings
- 8 Made a list of all persons we had harmed, and became willing to make amends to them all
- 9 Made direct amends wherever possible, except when to do so would injure them or others
- 10 Continued to take personal inventory and when we were wrong promptly admitted it
- 11 Sought through prayer and meditation to improve our conscious contact with God...
- 12 Having had a spiritual awakening as the result of these Steps, we tried to carry this message...

# The James Club And The Original Aa Programs Absolute Ebentials

Dick B., Ken B.

#### The James Club And The Original Aa Programs Absolute Ebentials:

The James Club and the Original A. A. Program's Absolute Essentials Dick B., 2005-06-01 The Five Appendices of The James Club move out from the verse by verse presentation and analysis of the Book of James the Sermon on the Mount and Corinthians The first appendix explains exactly what the early A A program is like and builds on the precise report of Frank Amos to John D Rockefeller Ir in 1938 on what this seemingly miraculous program led by Dr Bob actually did And there were 7 simple principles not principles of the much discussed Oxford Group but rather principles closely resembling those of United Christian Endevor The second appendix treats the reader to an extensive view of United Christian Endeavor and how it grew from a tiny church circle in Williston Maine to a world wide young people s movement with more than 3 5 million members The third appendix contrasts the Akron program with the later A A program which Bill Wilson fashioned in his Big Book learned primarily from Rev Samuel M Shoemaker Jr and based on the life changing practices of the Oxford Group which Shoemaker promoted as a chief lieutenant of Frank Buchmn in America The fourth appendix gives the reader a look at the Book of James itself the estimated date the probable author the descriptions of James as the Lord's brother and the canonical status of James The final appendix turns to Yahweh our Creator It shows that Yahweh is His personal name that the name is used over 7000 times in the Old Testament and that an understanding of Yahweh as the Creator and as the God of Abraham Isaac and Jacob would guickly dispel the any god and not god myths that dominate recovery writings meetings and programs The James Club and the Original A. A. Programs Absolute Essentials Dick B., 2011-07-26 For years A A has quietly today acknowledged primarily through one publication that the early A A pioneers in Akron believed firmly that the answer to all their problems was in the Good Book as they called the Bible A A cofounder Dr Bob said that all the basic ideas were taken from their study of the Good Book And he added many many times that the three parts of the Bible the old timers considered absolutely essential to their spiritual program of recovery were 1 The Book of James 2 Jesus s Sermon on the Mount Matthew 5 7 3 1 Corinthians 13 Paul s famous chapter on love You can find the foregoing remarks in A A s DR BOB and the Good Oldtimers in pamphlets published by Akron AA and in several talks given through the years by Dr Bob himself And it was even his co founder friend Bill Wilson who spoke of the studies of James the Sermon and Corinthians the reading of these passages by Dr Bob s wife Anne to Bill and Bob and the fact that as Bill put it James was our favorite And he added that many favored calling the A A fellowship The James Club But this title offers a great deal more In three major parts it provides a detailed framework for studying each of the three Bible parts just as the A A pioneers did The reader can sit with his Bible open beside him his Big Book available for reference and Dick B s The James Club title before him He can study each of the three parts digest their messages compare with the A A program and its ideas and then apply these biblical truths in daily life in practicing the Twelve Steps and in understanding the miracles that the Creator Yahweh wrought when the pioneers read and believed The first part of the book covers Jesus Sermon on the Mount Matthew 5 7 which both Bill W and Dr Bob said

contained the underlying spiritual philosophy of A A The title begins with the Book of James however Dick B details why it has primacy in the study based in part on its being the AAs favorite and in part on the ease with which it can be read and understood Yet the meat of this wonderful book of the Bible lies in its explicit formula for cure especially the cure of the alcoholic James speaks of patience He speaks of enduring temptation He speaks of seeking God's wisdom without doubting He speaks of temptation as the enticement which turns into sin and finally death He strongly suggests that the readers be doers of the word the Bible not hearers only deceiving themselves He spells out what doing the Word is It's about action it's about following the royal law of loving thy neighbor its about benevolent giving without respect of persons and with specific aim at the downtrodden it's about backing up one's faith with deeds works as James called them it's about guarding the tongue and guarding the thoughts and guarding the actions so that devilish thoughts and impulses do not take over and finally it s about the importance of prayer confession of faults and the Lord s forgiveness and about prayer for healings In a nutshell this book summarizes the whole pioneer approach in Akron and of course it has nothing to do with steps or a basic text or the Oxford Group For there were no Steps no Traditions no Big Books no drunkalogs and no meetings as we know them today It's about God's healing ministry as A A old timer Clarence Snyder put it Then there s 1 Corinthians 13 and its relationship to Henry Drummond's famous treatise The Greatest Thing in the World Stick with the Winners! Dick B,Ken B.,2012-07-27 Ever heard You can t talk about Jesus or the Bible at an A A meeting Want to establish or modify an A A meeting or a Christian Recovery meeting so that it can include information on the roles played by God His Son Jesus Christ and the Bible in early A As astonishing successes Stick with the Winners by Dick B and Ken B may be just what you need to carry the message more effectively Henrietta B. Seiberling Dick B., 2006 Dick B is an active recovered member of the fellowship of Alcoholics Anonymous He is a writer historian Bible student Retired attorney and Recovered AA who has sponsored more than 100 men in their recovery The author has devoted 16 years of his life to researching the Biblical history and roots of Alcoholics Anonymous and has published 26 titles 120 articles and over 20 audio talks on the subject He is the leading A A history scholar and historian **The Good Book - Big Book Guide Book** Dick B.,2011-07-26 You don t need to leave A A or any other 12 Step program or even a treatment program just because you are a Christian Nor do you need to flee to an exclusively Christian Fellowship Christian Treatment Program or Christian Track Program just to believe or profess your beliefs in connection with your own recovery You re the boss You need all the help you can get We ve long needed a guide that will use history to help you in your recovery whatever your choice of fellowships groups recovery programs or treatment programs The original Akron A A Christian fellowship with its emphasis on reliance on the Creator of the heavens and the earth acceptance of Jesus Christ as Lord and Savior Bible study prayer guidance fellowship and witness is nothing to be buried to be hushed up or to be afraid of mentioning It's a part of recovery history the most important part the part that set A A apart in the 1930 s as a cure for the medically incurable an alternative to medicine hospitalization and clergy

dominated ideas It embraced them all but stood for the importance of a Society that took these ideas and let drunks be the message carriers You can do this too and probably better if you know your history Include this guide book in your reading Include it in your recovery Include it in your fellowship or group Include it with any other recovery program secular Christian or rational It's history It tells you what worked It tells you how you can choose to use it today if you wish It will help you understand words and phrases and ideas that came from historical roots And it doesn t bash other ideas or fellowships It seeks to inform all and urge them to include history in their curriculum This is a guide to history that has not been available A New Way Out Dick B., 2006 There s a new before It s a guide that will supplement and not replace It s a guide for you way out of addictions alcoholism and life controlling problems Disappointed and discouraged many today would abandon A A 12 Step programs treatment and therapy because of low success rates But there is a far better way look to the history principles and practices of early A A with its documented 75% to 93% success rate among medically incurable alcoholics who really tried That's when A A did work Also look to the history principles and practices of the world wide societies which spawned A A ideas and were highly effective the Salvation Army the Rescue and Gospel Missions United Christian Endeavor Society Young Men's Christian Association You will see a common thread You'll see it in early A A too And this book will tell you about it Then look to the history principles and practices of churches clergy para church Christ centered and Christian recovery programs Look to the histories of healing by religious means It dates from the Old Testament and follows through to today When people relied upon the Creator accepted Christ called upon God in Jesus name for cure and believed they received A New Way Out leads to the power of God the name of Jesus Christ the love of God and neighbor and serving others It applauds the good things in A A and 12 Step programs It respects the good things in religion It grounds you in the historical elements of recovery by the power of God and then points you to support groups and church armed as you will be with those elements of each that worked in the earliest days and those that don't work today When Early AAs Were Cured and why Dick B., 2006 Dick B s latest exploration of and report on the solid evidence that early AAs were cured of alcoholism and said so for the first decade after their founding This title tells HOW It explains the many reports of religious healings through the ages the many in or observers of A A who proved that they were cured the myths about God alcoholism and no cure and the key origins roots and elements of the early Akron Christian Fellowship where the cures occurred A book for believers who know God's power and want to know how it was applied in the healing of alcoholism by A A pioneers

Introduction to the Sources and Founding of Alcoholics Anonymous Dick B.,2007 Intended for use by recovery newcomers educational and religious alcoholism programs recovery groups and treatment centers and substance abuse agencies Here for the first time is a simple accurate concise statement of the origins trends changes and detours leading up to involved in and evolving from A A s Big Book and Twelve Step spiritual program of recovery A must for introducing the A A 12 Step subject usefully

Alcoholics Anonymous Bill W.,2019-03-20 Handsome hardcover reprint of original edition

featuring all 29 stories of the program s pioneers and the key to the solution claimed by founder Bill Wilson a vital spiritual experience that allows followers to rediscover God Dr. Bob of Alcoholics Anonymous Dick B., Ken B., 2008 A A Co founder Dr Bob stated he had had excellent training in the Bible as a youngster in St Johnsbury Vermont This title is a guide to that training and to the multi volume resource compendium that describes the major influences on his training They include the Town of St Johnsbury the Congregational Churches his own church the North Congregational Church Sunday School Christian Endeavor Society the enormous impact of the Fairbanks family on the community and church and educational system Dr Bob's own deep family involvement in the church and town activities the St Johnsbury Academy the town library Athenaeum and Fairbanks Museum the YMCA and the Great Awakening of 1875 that brought revivals Gospel meetings conversions prayer and Bible study to the fore **The Conversion Of Bill W.** Dick B., 2006 This is a book unlike any of the many recent biographies of A A co founder William Griffith Wilson known as Bill W It is filled with information about Bill's religious education experiences and beliefs from childhood forward Thus Bill's knowledge of his grandfather Willie's conversion on Mount Aeolus and deliverance from alcoholism the involvement of Bill's grandparents the Wilsons and the Griffiths in the life of the little East Congregational Church on the lawn between the two families houses the reading of the Bible by Bill s grandfather Fayette Griffith and by Bill and his boyhood friend Mark Bill s attendance at the Congregational Sunday School and his attendance at Temperance of revival meetings his five yes five self described spiritual experiences including his decision for Christ at Calvary Rescue Mission and his hot flash conversion experience at Towns Hospital his conversations with his famous doctor William D Silkworth about the Great Physician Jesus Christ and cure of alcoholism through Christ Bill's extensive involvement with the Oxford Group and particularly Rev Sam Shoemaker and Bill's intensive involvement in prayer Bible study the use of devotionals and seeking of guidance with Dr Bob and Anne Smith at the Smith Home in Akron particularly in the summer of 1935 All these and more are told in this exciting and little known story about Wilson and God Was Bill converted to Christ Did Bill believe in the Creator Did the Creator have an impact on Alcoholics Anonymous through Bill Wilson Did the Hand of the Creator touch the lives of Wilson and of the A A Fellowship Your most detailed questions and the answers about these subject have never been addressed by A A historians in any depth But A A historian and writer Bible student retired attorney and recovered AA Dick B presents this his thirtieth published title as a crowning historical piece on A A church religion God Jesus Christ and the Bible as they really existed at and before the founding of Alcoholics Anonymous on June 10 1935 Twelve Steps for You Dick B., 2005 The much awaited work of A A Historian Dick B on the origins of each of the Twelve Steps First and foremost a history of each step How each of A A s co founders contributed to each of the Steps It looks at the original Akron A A program which had no Steps and took its basic ideas from the Bible and its principles and practices primarily from the United Christian Endeavor Movement of Dr Bob s youth Then source by source it looks at each Step as it was impacted upon by a particular contributor The Bible Oxford

Group Rev Sam Shoemaker Dr Bob s wife Anne Smith the so called Six Steps then the other sources This book is an historical study of the roots of each Step and it can be used for individual and group study of the Steps in a very meaningful way It is also a guide A guide to understanding and a guide to taking each Step It also shows you how to take the Steps exactly as directed in A A s Big Book It suggests how you might look at each Step in terms of the contributions to that Step s lanuagge and meaning by each of its sources Finally it provides Christians and other students with a means of considering learning and taking each of the Steps in light of that Steps biblical and historical roots with the Big Book Bible and history at hand When you are through you will have a perspective of the real spiritual utility of the Twelve Steps in a believer s world despite the secularization and universalism that are diluting all Twelve Step programs and the language used in connection with the Steps For example God as we understood Him historically and biblically means Almighty God the Creator as He is understood by the newcomer at the time of taking Steps 3 and 11 So too powerless in Step 1 is presented in its historical context I was licked rather than in some puzzling linguistic context seldom understood or unraveled You ll know and guide the taking of the Twelve Steps as they were intended to be understood and as you never did before Why Early A.A. Succeeded Dick B., 2001 Early AAs founded their pioneer program on basic ideas from the Bible What did they study What did they learn How did they approach the possible biblical subjects There are historical answers and this book provides them More important how can someone in A A or a 12 Step program study the Bible in the way the pioneers did and achieve the same 75% to 93% documented success rates among seemingly hopeless medically incurable alcoholics who went to any lengths to establish **The First Nationwide Alcoholics** their relationship and fellowship with God This book shows you how to do it today Anonymous History Conference Dick B., 2006 Dick B is a writer historian Bible student retired attorney and recovered AA He is active in the fellowship and has sponsored more than 100 men in their recovery He has devoted 18 years to investigating researching analyzing and disseminating the facts about early A A origins roots history principles and practices He has published 33 titles and more than 170 articles on the subject and frequently speaks within and outside the fellowship He is the leading A A early history scholar Pioneer Stories in Alcoholics Anonymous Dick B., Ken B., 2012-12-20 Pioneer Stories in Alcoholics Anonymous God's Role in Recovery Confirmed by Dick B and Ken B presents many quotations from the 29 personal stories included in the first edition of Alcoholics Anonymous Those stories by many of A A s pioneers testify to roles played by God His Son Jesus Christ and the Bible in early A As astonishing successes with medically incurable **Anonymous Christians** Herbert E. Hudson IV,2017-11-29 This book explores the relationship of clergy to alcoholics Twelve Step programs Field research of pastors in the Florida Keys found that they are unsure if addiction is a disease or a sin and whether the Twelve Steps are based on Christianity Lessons learned include the validity of both traditional Twelve Step programs such as Alcoholics Anonymous and Christ centered programs such as Celebrate Recovery the coherence of sin and disease explanations of addiction and the significance of modern addiction theory The specific outcome of this study is

the development of a course syllabus for clergy on addiction recovery through Twelve Step philosophy Utilizing Early A.A.'s Spiritual Roots for Recovery Today Dick B.,1999 Dick B is a writer historian Bible student retired attorney and recovered AA who has sponsored more than 100 men in their recovery and is actively involved in the fellowship He has devoted 18 years to researching reporting publishing and disseminating materials on the spiritual roots of Alcoholics Anonymous He is regarded as the leading historian on A A history today and has published 33 titles on the subject The **Golden Text of A.A.** Dick B., 1999 Dick B is regarded as the leading historian of A A today He is a retired attorney Bible student and recovered AA who has sponsored over 100 men in recovery He has published 33 titles on the history of early AA s spiritual roots and successes He frequently speaks before recovery audiences throughout the United States The Akron Genesis of Alcoholics Anonymous Dick B., 2011-12-06 The story of A As birth at Dr Bobs Home in Akron on June 10 1935 It tells what early AAs did in their meetings homes and hospital visits what they read and how their ideas developed from the Bible the Oxford Group and Christian literature It depicts the roles of A A founders and their wives and of Henrietta Seiberling and T Henry Clarace Williams Foreword by John F Seiberling Making Known the Biblical History and Roots of Alcoholics Anonymous Dick B., 2006 One of a kind bibliography research and history resource containing explicit information about author Dick B s 16 years of research 1 Collecting over 25 000 books and materials on the roots of A A 2 Using them in the publication of his 26 titles more than 120 articles and over 30 audio talks 3 Describing where he went for the history where it is located who was interviewed and what it contains 4 It lists titles Dick used in his writing all of the background titles involved in A As use of the Bible Quiet Time Oxford Group life changing program Anne Smith s Journal Rev Sam Shoemaker's teachings religious literature AAs read the United Christian Endeavor Movement Carl Jung William James William D Silkworth Richard Peabody Emmet Fox and many other New Thought influences 5 It lists all the books in A A founder Dr Bob's library and collections a list found nowhere else 6 It contains manuscripts from archives and libraries and personal collections all over the U S and England 7 There is a huge collection of temperance books and literature described 8 Topical books by A A about A A about alcoholism about spirituality about the Bible religion and clergy 9 Included are records of Dick's notes and interviews 10 Almost this entire collection of materials has been donated to and can now be found and studied at Griffith Library which is part of The Wilson House birthplace of Bill W in East Dorset Vermont Taken together this reference volume and the actual materials in the Griffith Library constitute the largest and most complete record of early A A historical materials in the world today other than the Library of Congress items

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# **Table of Contents The James Club And The Original Aa Programs Absolute Ebentials**

- 1. Understanding the eBook The James Club And The Original Aa Programs Absolute Ebentials
  - The Rise of Digital Reading The James Club And The Original Aa Programs Absolute Ebentials
  - Advantages of eBooks Over Traditional Books
- 2. Identifying The James Club And The Original Aa Programs Absolute Ebentials
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an The James Club And The Original Aa Programs Absolute Ebentials
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from The James Club And The Original Aa Programs Absolute Ebentials
  - Personalized Recommendations
  - The James Club And The Original Aa Programs Absolute Ebentials User Reviews and Ratings
  - The James Club And The Original Aa Programs Absolute Ebentials and Bestseller Lists
- 5. Accessing The James Club And The Original Aa Programs Absolute Ebentials Free and Paid eBooks
  - o The James Club And The Original Aa Programs Absolute Ebentials Public Domain eBooks
  - o The James Club And The Original Aa Programs Absolute Ebentials eBook Subscription Services
  - The James Club And The Original Aa Programs Absolute Ebentials Budget-Friendly Options

- 6. Navigating The James Club And The Original Aa Programs Absolute Ebentials eBook Formats
  - o ePub, PDF, MOBI, and More
  - The James Club And The Original Aa Programs Absolute Ebentials Compatibility with Devices
  - The James Club And The Original Aa Programs Absolute Ebentials Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - o Adjustable Fonts and Text Sizes of The James Club And The Original Aa Programs Absolute Ebentials
  - Highlighting and Note-Taking The James Club And The Original Aa Programs Absolute Ebentials
  - Interactive Elements The James Club And The Original Aa Programs Absolute Ebentials
- 8. Staying Engaged with The James Club And The Original Aa Programs Absolute Ebentials
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers The James Club And The Original Aa Programs Absolute Ebentials
- 9. Balancing eBooks and Physical Books The James Club And The Original Aa Programs Absolute Ebentials
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection The James Club And The Original Aa Programs Absolute Ebentials
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine The James Club And The Original Aa Programs Absolute Ebentials
  - $\circ\,$  Setting Reading Goals The James Club And The Original Aa Programs Absolute Ebentials
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of The James Club And The Original Aa Programs Absolute Ebentials
  - Fact-Checking eBook Content of The James Club And The Original Aa Programs Absolute Ebentials
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements

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