

Slow Food

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Slow Food:

Slow Food Carlo Petrini, 2004-10-06 Discusses the history and spread of the International Slow Food Movement which was sparked in 1986 when Carlo Petrini organized a protest against plans to build a McDonald's fast food restaurant near the Spanish Steps in Rome and discusses the movement s goals of preserving indigenous foods and eating traditions and returning to dining as a social event Slow Food Nation Carlo Petrini, 2013-10-08 An impassioned and hopeful manifesto on the need for equitable sustainable and delicious food with systematic solutions for addressing the national food crisis Petrini builds a case against fast food and offers ways to bring back the balance between nature and our table Bon Appetit By now most of us are aware of the threats looming in the food world The best selling Fast Food Nation and other recent books have alerted us to such dangers as genetically modified organisms food borne diseases and industrial farming Now it is time for answers and Slow Food Nation steps up to the challenge Here the charismatic leader of the Slow Food movement Carlo Petrini outlines many different routes by which we may take back control of our food The three central principles of the Slow Food plan are these food must be sustainably produced in ways that are sensitive to the environment those who produce the food must be fairly treated and the food must be healthful and delicious In his travels around the world as ambassador for Slow Food Petrini has witnessed firsthand the many ways that native peoples are feeding themselves without making use of the harmful methods of the industrial complex He relates the wisdom to be gleaned from local cultures in such varied places as Mongolia Chiapas Sri Lanka and Puglia Amidst our crisis it is critical that Americans look for insight from other cultures around the world and begin to build a new and better way of eating in our communities here The Pleasures of Slow Food Corby Kummer, 2002 Making Slow Food Fast in California Cuisine Victor W. Geraci, 2017-03-02 This book follows the development of industrial agriculture in California and its influence on both regional and national eating habits Early California politicians and entrepreneurs envisioned agriculture as a solution to the food needs of the expanding industrial nation The state's climate geography vast expanses of land water and immigrant workforce when coupled with university research and governmental assistance provided a model for agribusiness In a short time the San Francisco Bay Area became a hub for quaranteeing Americans access to a consistent quantity of quality foods To this end California agribusiness played a major role in national food policies and subsequently produced a bifurcated California Cuisine that sustained both Slow and Fast Food proponents Problems arose as mid twentieth century social activists battled the unresponsiveness of government agencies to corporate greed food safety and environmental sustainability By utilizing multidisciplinary literature and oral histories the book illuminates a more balanced look at how a California Cuisine embraced Slow Food Made Fast We Are What We Eat Alice Waters, 2021-06-01 From chef and food activist Alice Waters an impassioned plea for a radical reconsideration of the way each and every one of us cooks and eats In We Are What We Eat Alice Waters urges us to take up the mantle of slow food culture the philosophy at the core of her life s work When Waters first opened Chez Panisse in 1971

she did so with the intention of feeding people good food during a time of political turmoil Customers responded to the locally sourced organic ingredients to the dishes made by hand and to the welcoming hospitality that infused the small space human qualities that were disappearing from a country increasingly seduced by takeout frozen dinners and prepackaged ingredients Waters came to see that the phenomenon of fast food culture which prioritized cheapness availability and speed was not only ruining our health but also dehumanizing the ways we live and relate to one another Over years of working with regional farmers Waters and her partners learned how geography and seasonal fluctuations affect the ingredients on the menu as well as about the dangers of pesticides the plight of fieldworkers and the social economic and environmental threats posed by industrial farming and food distribution So many of the serious problems we face in the world today from illness to social unrest to economic disparity and environmental degradation are all at their core connected to food Fortunately there is an antidote Waters argues that by eating in a slow food way each of us like the community around her restaurant can be empowered to prioritize and nurture a different kind of culture one that champions values such as biodiversity seasonality stewardship and pleasure in work This is a declaration of action against fast food values and a working theory about what we can do to change the course As Waters makes clear every decision we make about what we put in our mouths affects not only our bodies but also the world at large our families our communities and our environment We have the power to choose what we eat and we have the potential for individual and global transformation simply by shifting our relationship to food All it Slow Food Carlo Petrini, Ben Watson, Slow Food Editore, 2001-10-01 Remember the days before the dot takes is a taste com explosion before Golden Arches rose from the Great Plains before the Age of Information when the only commodity that wasn t in short supply in America was time Time to relax and reflect time to cook well eat well and live the life of sustainable hedonism Today we pound down our Big Mac and fries as we check our e mail on our collective Palm Pilots at the expense of true nourishment for our bodies and souls Enough says Carlo Petrini the founder of Slow Food International a movement that encourages us to turn down the volume unplug the answering machine and enjoy life to its fullest Away with nutraceutical soft drinks and breakfast cereals made from refined sugar and shaped liked clowns Bring back the pleasure of the palate and return the humanity to food More than 60 000 members worldwide now belong to the Slow Food movement which believes that the slow shall inherit the earth Slow Food Collected Thoughts on Taste Tradition and the Honest Pleasures of Food is an anthology for cooks gourmets and anyone who is passionate about food and its impact on our culture Drawn from five years of the quarterly journal Slow only recently available in America this book includes more than 100 articles covering eclectic topics from Falafel to Fat City From the market at Ulan Bator in Mongolia to Slow Food Down Under this book offers an armchair tour of the exotic and bizarre You ll pass through Vietnam's Snake Tavern enjoy the Post Industrial Pint of Beer and learn why the lascivious villain in Indian cinema always eats Tandoori Chicken The articles are contributed by some of the world's top food writers Slow Food is moving fast in North America with more than 5 000 members loosely organized into 55

Convivia from Montreal to San Francisco benefiting from enormous free publicity Slow Food offers a clear alternative to the fast food nation the title of Eric Schlosser's great book on the horrors of the fast food biz This is a perfect follow up to Joan Dye Gussow's This Organic Life and is proof positive that he or she who lives slow lives best **Slow Food** Jared Ingersoll, 2011-08-01 Slow Food a passion for produce showcases chef Jared Ingersoll's food philosophy delicious food made from great ingredients Embracing the ethos of slow cooking Jared's food is inspired by the very best produce the ritual of preparing it and sharing the results with friends and family This book is all about beautiful produce and simple classic approachable recipes Try classic dishes with a twist such as roasted lamb with pomegranate salad or new recipes to make for an unforgettable meal Think creamy risotto spanner crab linguine or for something sweet salted chocolate cookies or a berry summer pudding Slow Food Valeria Siniscalchi, 2023-06-29 Written by one of the leading experts on food activism this is the only independent full length study of the Slow Food movement Slow Food is a grassroots organisation that embraces a slow way of life linking the love of food with community and environmental support Based on three years of ethnographic fieldwork inside Slow Food's international headquarters in Italy Valeria Siniscalchi reveals what really goes on behind the scenes of this enigmatic organization Observing daily meetings decision making processes and major events she explores the contradictions complexities and ambiguities of the movement as well as the passionate commitment of its employees members and leaders Through talking to insiders and people who have broken with Slow Food Siniscalchi makes a major contribution to our understanding of one of the most high profile and controversial food movements in the world and to our knowledge of activist organizations more broadly This is an essential read for students and scholars in food studies anthropology geography and sociology and anyone interested in Slow Food The Slow Food Guide to New York City Patrick Martins, Ben Watson, 2003 Slow Food is dedicated to stewardship of the land and ecologically sound food production revival of the kitchen and the table as centers of pleasure culture and community invigoration and proliferation of regional seasonal culinary traditions living a slower and more harmonious rhythm of life The Slow Food Guide to Chicago Kelly Gibson, Portia Belloc Lowndes, 2004 Aimed at locals and visitors alike this guide contains more than 50 sections that reveal fascinating details of Chicago's culinary and human histories of its diverse restaurants markets and bars and explores the city's ethnic and local food traditions Photos Maps **The Slow Food Story** Geoff Andrews, 2008-07-20 The Slow Food movement was set up in Italy as a response to the dominance of fast food chains supermarkets and large scale agribusiness It seeks to defend what it calls the universal right to pleasure and promotes an alternative approach to food production and consumption based on the promotion of good clean and fair local products This is the first in depth study of the fascinating politics of Slow Food which in twenty years has grown into an international organisation with more than 80 000 members in over 100 countries With its roots in the 1960s and 1970s counter culture Slow Food's distinctive politics lie in the unity between gastronomic pleasure and environmental responsibility. The movement crosses the left right divide to embrace both

the conservative desire to preserve traditional rural communities and an alternative virtuous idea of globalisation Geoff Andrews shows that the alternative future embodied in Slow Food extends to all aspects of modern life The Slow Food Story presents an extensive new critique of fast moving work obsessed contemporary capitalist culture Petrini, 2003 A volume for all those passionate about food and its impact on our culture Drawn from five years of Slow the quarterly journal of Slow Food International which first appeared in 1996 when it was published in three editions Italian English and German The 11th review in 1998 was also published in Spanish and French and thus Slow now speaks in five Fast Food/Slow Food Richard Wilk, 2006-08-25 Wilk and his colleagues draw upon their own international field experience to examine how food systems are changing around the globe The authors offer a cultural perspective that is mising in other economic and developmental studies and provide rich ethnographic data on markets industrial production and food economies This new book will appeal to professionals in economic and environmental anthropology economic development agricultural economics consumer behavior nutritional sciences environmental sustainability and globalization The Pleasures of Slow Food Corby Kummer, 2013-10-29 In a world increasingly dominated by fast food The studies Pleasures of Slow Food celebrates heritage recipes artisan traditions and the rapid evolution of a movement to make good food a part of everyday life Slow Food is defined by how its made if it s allowed to ripen before it s harvested prepared by hand and enjoyed among friends it s Slow Food It s a philosophy a way to farm a way to cook a way to live It s also the name of an international movement numbering among its members some of the most distinguished names in the food world The Pleasures of Slow Food showcases over 60 recipes from the worlds most innovative chefs for dishes that feature local handmade ingredients and traditional cooking methods Premier food writer Corby Kummer also profiles Slow Foods luminaries such as Italian cheese maker Roberto Rubino and Canadian Karl Kaiser who makes sweet ice wine Pairing fantastic recipes with engaging stories The Pleasures of Slow Food brings the best of the food world to the kitchen table

The Cultural Roots of Slow Food Ilaria Tabusso Marcyan, 2023-10-24 The Cultural Roots of Slow Food Peasants Partisans and the Landscape of Italian Resistance focuses on the work of a variety of intellectual activists related food justice literature and documentary films and argues that contemporary forms of environmental activism as they are rooted in local food and sustainable farming are built on Italian peasant culture and its contributions to the Resistance movement during World War II This book looks to the hinterlands to demonstrate that peasants by sharing their knowledge of the land and traditional practices produce their own organic intellectuals Some examples examined are Alcide Cervi Nuto Revelli and Ermanno Olmi Ilaria Tabusso Marcyan argues that their work personal experiences and visions of resistance foreground the cultural roots of the Slow Food international grassroots movement She posits that today Slow Food and the food communities of Terra Madre in Italy and around the world represent one of the many examples of these new organic intellectuals committed to rebuild a more harmonious and sustainable relationship with the land Slow Food Nation's Come to the Table Katrina Heron, Alice

Waters, 2008-09-16 The Cultural Roots of Slow Food Ilaria Tabusso Marcyan, 2023-10-24 The Cultural Roots of Slow Food Peasants Partisans and the Landscape of Italian Resistance focuses on the work of a variety of intellectual activists related food justice literature and documentary films and argues that contemporary forms of environmental activism as they are rooted in local food and sustainable farming are built on Italian peasant culture and its contributions to the Resistance movement during World War II This book looks to the hinterlands to demonstrate that peasants by sharing their knowledge of the land and traditional practices produce their own organic intellectuals Some examples examined are Alcide Cervi Nuto Revelli and Ermanno Olmi Ilaria Tabusso Marcyan argues that their work personal experiences and visions of resistance foreground the cultural roots of the Slow Food international grassroots movement She posits that today Slow Food and the food communities of Terra Madre in Italy and around the world represent one of the many examples of these new organic intellectuals committed to rebuild a more harmonious and sustainable relationship with the land **Dictionary to Italian Regional Cooking** Paola Gho, 2010 The handy and practical Slow Food Dictionary of Regional Italian Cooking by the editors at Slow Food International tells you everything you ever wanted to know about Italian regional cooking as prepared in homes osterias and restaurants Packed with information about dishes and ingredients tools and techniques origins and trends the book which contains forty color illustrations is aimed primarily at food lovers but will also be of interest to anyone curious to find out more about Italy in general its people its language its history and its culture

Slow Food Revolution Carlo Petrini, Gigi Padovani, 2006 Founded in Italy in 1986 by charismatic Italian gourmand Carlo Petrini Slow Food has grown into a phenomenally successful movement against the uniformity and compromised quality of fast food and supermarket chains With nearly 85 000 members in 45 countries around the world Slow Food has developed from a small grassroots group into the most influential gastronomic movement in the world The book takes the reader on a gastronomic journey through the practices and traditions of the world's ethnic cuisines from the artisanal cheeses of Italy to the oysters of Cape May and the native American turkey It includes testimonies from Slow Food representatives such as Alice Waters of Chez Panisse illustrating exactly what they are doing and what still needs to be done to preserve them Slow Food Michael James, 1992 A showcase of twenty four hometowns combines anecdotes with recipes perceptions with menus and memories with ingredients in a culinary travelogue that awakens the spirit and cuisine of small town America 25 000 first printing Tour

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