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Susanna Foo Fresh Inspiration

New Approaches to Chinese Cuisine



Susanna Foo, James Beard Award winner • With Herman Kesselhof

Photographs by Tina Bopp

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Susanna Foo



Susanna Foo Fresh Inspiration New Approaches To Chinese Cuisine:

Susanna Foo Fresh Inspiration Susanna Foo, 2005 Strikingly illustrated Susanna Foo Fresh Inspiration is both more accessible and more authentic than usual Chinese cookbooks issuing a fresh invitation to cooks at all levels to roll up their sleeves and head to the kitchen

Susanna Foo Fresh Inspiration Susanna Foo, 2010-08 A collection of more than 150 original recipes from Susanna Foo who is renowned for adapting Chinese cuisine to American ingredients and cooking methods She writes in her intro After 25 years as a restaurateur and a lifetime as a home cook I firmly believe that freshness is the single most important quality of any dish My primary goal is to preserve the natural flavor and integrity of the ingredients Cooking this way has resulted in an unexpected bonus my food is even simpler to prepare than before The recipes in this beautiful book include dim sum and first courses soups and stocks salads and cold vegetable dishes fish and shellfish poultry meats noodles rice and other side dishes tofu and eggs vegetable condiments and relishes and desserts Color photos

Yoga Journal, 2006-10 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

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American Book Publishing Record, 2005 **Joyce in the Belly of the Big Truck; Workbook** Joyce A. Cascio, 2005-05 **The National Culinary Review**, 2008

Susanna Foo Chinese Cuisine Susanna Foo, 2002 Shares recipes for dim sum soups vegetables salads fish seafood poultry meat noodles rice breads pancakes and desserts

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