# Small Comfort: History of Minor Tranquillizers

Smith, Mickey Charles

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# **Small Comfort A History Of The Minor Tranquilizers**

Mickey C. Smith

#### **Small Comfort A History Of The Minor Tranquilizers:**

Small Comfort Mickey C. Smith, 1985 A Social History of the Minor Tranquilizers Mickey C. Smith, 1991-08-13 A Social History of the Minor Tranquilizers presents the first historical account chronicling the invention sale use and public reaction to minor tranquilizers such as Valium Librium and Miltown In a clearly written book that depicts the complexities of tranquilizer use Smith shows how the minor tranquilizers rose to and fell from popularity among prescribers and takers through the use of research data historical and anecdotal information and sociological materials media marketing approaches and social discourse Smith enables readers to understand better what and how mistakes were made during this drug taking phenomenon in hopes of avoiding the same detrimental cycle and deriving greater benefit from new drugs and medicines as they are introduced This is a valuable social history which should be read by practicing physicians and pharmacists medical historians and ethicists and medical and pharmacy faculty Medical sociologists and psychologists will find this volume to have significant impact in their understanding as will laypersons interested in the issues which continue to surround and permeate the use of minor tranquilizers in our society The Sleep of Others and the Transformations of Sleep Research Kenton Kroker, 2007-01-01 We tend to think of sleep as a private concern a night time retreat from the physical world into the realm of the subconscious Yet sleep also has a public side it has been the focal point of religious ritual philosophic speculation political debate psychological research and more recently neuroscientific investigation and medical practice In this first ever history of sleep research Kenton Kroker draws on a wide range of material to present the story of how an investigative field at one time dominated by the study of dreams slowly morphed into a laboratory based discipline The result of this transformation Kroker argues has changed the very meaning of sleep from its earlier conception to an issue for public health and biomedical intervention Examining a vast historical period of 2500 years Kroker separates the problems associated with the history of dreaming from those associated with sleep itself and charts sleep related diseases such as narcolepsy insomnia and sleep apnea He describes the discovery of rapid eye movement REM during the 1950s and shows how this discovery initiated the creation of dream laboratories that later emerged as centres for sleep research during the 1960s and 1970s Kroker's work is unique in subject and scope and will be enormously useful for both sleep researchers medical historians and anybody who s ever lost a night s sleep The Age of Anxiety Andrea Tone, 2008-12-30 Anxious Americans have increasingly pursued peace of mind through pills and prescriptions In 2006 the National Institute of Mental Health estimated that 40 million adult Americans suffer from an anxiety disorder in any given year more than double the number thought to have such a disorder in 2001 Anti anxiety drugs are a billion dollar business Yet as recently as 1955 when the first tranquilizer Miltown went on the market pharmaceutical executives worried that there wouldn't t be interest in anxiety relief At mid century talk therapy remained the treatment of choice But Miltown became a sensation the first psychotropic blockbuster in United States history By 1957 Americans had filled 36 million prescriptions Patients seeking

made to order tranquility emptied drugstores forcing pharmacists to post signs reading more Miltown tomorrow The drug s financial success and cultural impact revolutionized perceptions of anxiety and its treatment inspiring the development of other lifestyle drugs including Valium and Prozac In The Age of Anxiety Andrea Tone draws on a broad array of original sources manufacturers files FDA reports letters government investigations and interviews with inventors physicians patients and activists to provide the first comprehensive account of the rise of America's tranquilizer culture. She transports readers from the bomb shelters of the Cold War to the scientific optimism of the Baby Boomers to the just say no Puritanism of the late 1970s and 1980s A vibrant history of America's long and turbulent affair with tranquilizers The Age of Anxiety casts new light on what it has meant to seek synthetic solutions to everyday angst Mad Science Stuart A. Kirk, 2017-07-05 Winner of an honorable mention from the Society for Social Work and Researchfor Outstanding Social Work Book Award Mad Science argues that the fundamental claims of modern American psychiatry are based on misconceived flawed and distorted science The authors address multiple paradoxes in American mental health research including the remaking of coercion into scientific psychiatric treatment the adoption of an unscientific diagnostic system that controls the distribution of services and how drug treatments have failed to improve the mental health outcome When it comes to understanding and treating mental illness distortions of research are not rare misinterpretation of data is not isolated and bogus claims of success are not voiced by isolated researchers seeking aggrandizement This book s detailed analysis of coercion and community treatment diagnosis and psychopharmacology reveals that these characteristics are endemic institutional and protected in psychiatry They are not just bad science but mad science This book provides an engaging and readable scientific and social critique of current mental health practices The authors are scholars researchers and clinicians who have written extensively about community care diagnosis and psychoactive drugs This paperback edition makes Mad Science accessible to all specialists in the field as War Power, Police Power Mark Neocleous, 2014-02-12 In this the first book to deal with the well as to the informed public concepts of war power and police power together Mark Neocleous conducts a critical exploration of the ways in which war power and police power are intertwined in the form of state violence and exercised in social Better Than Prozac Samuel H. Barondes, 2005-01-14 Every day millions of people take psychiatric drugs In Better Than Prozac Samuel Barondes considers the benefits and limitations of Prozac Ritalin Valium Risperdal and other widely used medications and the ways that superior ones are being created In tracing the early history of these drugs Barondes describes the accidental observations that led to their discovery and their great impact on our view of mental illness He goes on to show how their unexpected therapeutic effects were attributed to their influence on neurotransmitters that carry signals in the brain and how this guided their improvement But Barondes reminds us that like the originals current psychiatric drugs don t always work and often have negative side effects Furthermore none were crafted as remedies for known brain abnormalities In contrast the design of the drugs of the future will be based on a different approach an understanding of the molecular

mechanisms that give rise to specific patterns of mental symptoms Using colorful examples of contemporary research he shows how it is gradually leading to a new generation of psychiatric medications A lucid evaluation of psychopharmacology Better Than Prozac offers a deep understanding of psychiatric drugs for people who take them those who are considering them and those who are just fascinated by the powerful effects of these simple chemicals on our thoughts and our feelings

A Historical Dictionary of Psychiatry Edward Shorter, 2005 This is the first historical dictionary of psychiatry It covers the subject from autism to Vienna and includes the key concepts individuals places and institutions that have shaped the evolution of psychiatry and the neurosciences An introduction puts broad trends and international differences in context and there is an extensive bibliography for further reading Each entry gives the main dates themes and personalities involved in the unfolding of the topic Longer entries describe the evolution of such subjects as depression schizophrenia and psychotherapy The book gives ready reference to when things happened in psychiatry how and where they happened and who made the main contributions In addition it touches on such social themes as women in psychiatry criminality and psychiatry and homosexuality and psychiatry A comprehensive index makes immediately accessible subjects that do not appear in the alphabetical listing Among those who will appreciate this dictionary are clinicians curious about the origins of concepts they use in their daily practices such as paranoia selective serotonin reuptake inhibitors SSRIs or tardive dyskinesia basic scientists who want ready reference to the development of such concepts as neurotransmitters synapse or neuroimaging students of medical history keen to situate the psychiatric narrative within larger events and the general public curious about illnesses that might affect them their families and their communities or readers who merely want to know about the grand chain of events from the asylum to Freud to Prozac Bringing together information from the English French German Italian and Scandinavian languages the Dictionary rests on an enormous base of primary sources that cover the growth of psychiatry through all of Western society **Unnerved** Jason Schnittker, 2021-06-08 Anxiety is not new Yet now more than ever anxiety seems to define our times Anxiety disorders are the most common psychiatric disorders in the United States exceeding mood impulse control and substance use disorders and they are especially common among younger cohorts More and more Americans are taking antianxiety medications According to polling data anxiety is experienced more frequently than other negative emotions Why have we become so anxious In Unnerved Jason Schnittker investigates the social cultural medical and scientific underpinnings of the modern state of mind He explores how anxiety has been understood from the late nineteenth century to the present day and why it has assumed a more central position in how we think about mental health Contrary to the claims that anxiety reflects large scale traumas abrupt social transitions or technological revolutions Schnittker argues that the ascent of anxiety has been driven by slow transformations in people institutions and social environments Changes in family formation religion inequality and social relationships have all primed people to be more anxious At the same time the scientific and medical understanding of anxiety has evolved pushing it

further to the fore The rise in anxiety cannot be explained separately from changes in how patients physicians and scientists understand the disorder Ultimately Schnittker demonstrates that anxiety has carried the imprint of social change more acutely than have other emotions or disorders including depression When societies change anxiety follows **Drugs of Natural Origin** Anthony Artuso, 2013-10-14 Despite the growing interest in biodiversity as a source of valuable new products and biochemical information there have been very few systematic efforts to estimate the value of preserving biological resources for this purpose Drugs of Natural Origin gives you a detailed model of the value of wild biological resources for pharmaceutical research and development Author Anthony Artuso presents several decision models and analytical techniques that you can use to assess the economics of biochemical prospecting efforts whether you re part of a private corporation nonprofit research institute developing country government or international organization Drugs of Natural Origin explores the policy options available to developing countries and international organizations to tap into the emerging market for biological resources in such a way as to provide both incentives for conservation of biodiversity and new opportunities for economic development You ll find evaluations of a range of proactive strategies that can be used to protect and enhance developing countries biological resources In addition you ll learn about a bioeconomic model that incorporates the potential biochemical and genetic value of a diverse ecosystem into land use planning and development Developing country and international policymakers will find Drugs of Natural Origin a useful tool for determining how best to conserve biodiversity while sustainably developing biological resources This book outlines a comprehensive and integrated set of policy measures research and development initiatives and financing arrangements that could increase biochemical research activity while providing incentives for conservation of biodiversity and a potential path for sustainable development Managers of pharmaceutical R D programs will use the decision models developed in Drugs of Natural Origin to plan evaluate and continually refine their R D programs The book s theoretic framework provides you with an analytical tool for systematically evaluating critical decisions at each stage of the R D process Thus you learn to incorporate both subjective assessments and quantitative data into a comprehensive framework for R D decisionmaking

Decoding Small Comfort A History Of The Minor Tranquilizers: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "Small Comfort A History Of The Minor Tranquilizers," a mesmerizing literary creation penned with a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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