SOCIAL SKILLS

Social skills refer to the skills that you need in order to successfully communicate and work with others in a functioning society, community, or culture.

EXAMPLES

Verbal communication	7 &	Non-verbal communication
Cooperation &		Manners
	®	Leadership
Giving constructive feedback	10	Empathy
Receiving constructive feedback	00 02	Active listening
Reading social cues		Understanding humor

Social Skills Mental Health

JL Elias



Uncover the mysteries within Explore with is enigmatic creation, **Social Skills Mental Health**. This downloadable ebook, shrouded in suspense, is available in a PDF format (PDF Size: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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