

# Principles of Diet Therapy and Therapeutic Nutrition

## Diet Therapy

In certain ailments such as obesity and **diabetes mellitus** modified diet is the most important input to help the patient's recovery.



**GS** Use of appropriate foods as a tool in the recovery from illness. In most illnesses, the patient's diet complements the medical or surgical treatment. **SS**

# The Principles Of Nutrition And Diet Therapy

**D Kirk**



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