

THE PRIMACY OF STRUCTURE

**Psychotherapy of Underlying
Character Pathology**

Althea J. Horner

The Primacy Of Structure Psychotherapy Of Underlying Character Pathology

M Walker



The Primacy Of Structure Psychotherapy Of Underlying Character Pathology:

The Primacy of Structure Althea J. Horner, 1977-07-07 In *The Primacy of Structure* Althea Horner argues that effective psychotherapeutic intervention depends on the understanding of clinical symptoms in terms of the patient's underlying character structure. For example, obsessive behavior that functions to hold together a fragile inadequately integrated self must be distinguished from obsessive behavior that defends against awareness of guilt and anxiety. In evaluating patients, Dr. Horner asks herself whether he or she was well integrated and well differentiated before the presenting complaint or a borderline individual already at risk. These facts are critical for the patient's therapy. In Part I, Dr. Horner discusses the development of character; in Part II, character pathology; and in Part III, the treatment of character pathology. Mental health professionals will find this a useful guide to psychotherapy of the character problems that lie behind their patients' presenting symptoms.

Touch in Psychotherapy Edward W. L. Smith, Pauline Rose Clance, Suzanne Imes, 2001-02-01 Should a therapist ever shake hands with a client or touch a client's hand or shoulder? There are taboos against erotic touch in psychotherapy for excellent reasons, but what about nonerotic touch? These latter forms of physical contact are not explicitly taboo, and they can be powerful forms of communication. Research and clinical experience indicate that they can contribute to positive therapeutic change when used appropriately. What then is appropriate use?

Psychoanalytic Diagnosis Nancy McWilliams, 2020-02-06 This acclaimed clinical guide and widely adopted text has filled a key need in the field since its original publication. Nancy McWilliams makes psychoanalytic personality theory and its implications for practice accessible to practitioners of all levels of experience. She explains major character types and demonstrates specific ways that understanding the patient's individual personality structure can influence the therapist's focus and style of intervention. Guidelines are provided for developing a systematic yet flexible diagnostic formulation and using it to inform treatment. Highly readable, the book features a wealth of illustrative clinical examples. New to This Edition: Reflects the ongoing development of the author's approach over nearly two decades; Incorporates important advances in attachment theory, neuroscience, and the study of trauma; Coverage of the contemporary relational movement in psychoanalysis. Winner, Canadian Psychological Association's Goethe Award for Psychoanalytic and Psychodynamic Scholarship.

Energy Psychology Michael Mayer, Ph.D., 2011-06-14 *Energy Psychology* presents a comprehensive approach to healing that combines leading edge Western bodymind psychological methods with a broad system of ancient sacred traditions. Incorporating Dr. Mayer's integral approach called Bodymind Healing Psychotherapy, *Energy Psychology* draws on Chinese medicine approaches including Qigong and acupressure, self-touch, kabalistic processes, methods drawn from ancient traditions of meditation and postural initiation, and psycho-mythological storytelling techniques. Drawing on thirty years of training in Tai Chi and Qigong, Dr. Michael Mayer shows how integrating the essences of these traditions and methods can restore vitality and give the average person self-healing tools for physical and mental health. Unlike the quick fix books on

energy restoration this book uses time-tested age-old practices from sacred traditions in combination with well-established clinical approaches Dr Mayer teaches readers body-mind healing methods to treat anxiety chronic pain addictions hypertension insomnia trauma and other prevalent conditions Written in a clear intelligible style Energy Psychology includes real-life case studies that highlight the effectiveness of his techniques

National Library of Medicine Current Catalog

National Library of Medicine (U.S.), 1992 *Spiritual Direction and the Care of Souls* David G. Benner, Gary W.

Moon, 2025-06-23 In recent years many Christian clergy laity and mental health professionals have rediscovered the ancient practices of spiritual direction Seen as a refreshing alternative to the techniques and limitations of modern psychology such practices offer new insights for pastoral care But many remain unclear on what spiritual direction is and whether its methods are applicable to their own clients and parishioners Spiritual direction is a practice of Christian soul care that is found most notably in the Catholic Orthodox and Episcopal traditions but is also present in Wesleyan Holiness Pentecostal charismatic social justice and Reformed communities Predating modern counseling and psychotherapy movements but sharing key principles and insights for spiritual formation spiritual direction offers significant resources for today's pastors counselors therapists chaplains and other caregivers attuned to the work of God in people's lives In this landmark volume editors Gary W Moon and David G Benner along with a team of expert contributors provide a comprehensive survey of spiritual direction in its myriad Christian forms Specific chapters offer careful historical perspective and contemporary analysis of how Christians from various backgrounds have practiced spiritual direction with particular attention to each tradition's definition of spiritual direction the process of authentic transformation the role of the spiritual director indicators of mature spirituality and other aspects of the spiritual direction process Chapters also provide psychological and clinical insight into how spiritual direction is similar to different from and can be integrated with psychotherapy and pastoral counseling to help others experience spiritual transformation and union with God

Holistic Treatment in Mental Health Cheryl L. Fracasso, Stanley Krippner, Harris L. Friedman, 2020-09-04 The first of its kind this guidebook provides an overview of clinical holistic interventions for mental health practitioners Submissions from 21 contributors examine the validity of different methods and provide information on credentialed training and licensure requirements necessary for legal and ethical practice Chapters covering a range of healing modalities describe the populations and disorders for which the intervention is most effective as well as the risks involved and present research on the effectiveness of treatment with step-by-step sample clinical sessions

The Impact of Parenthood on the Therapeutic Relationship April E. Fallon, Virginia Brabender, 2017-08-04 This volume covers the range of reactions that both patients and clients have to the circumstance of a child entering the therapist's family Through research the authors show these reactions can be extremely powerful and when fully explored can be used to advance the therapy and the development of the patient Rich clinical illustrations are provided throughout the text In addition the reader is offered many therapeutic strategies for working with patient-therapist reactions as they unfold Many

practical issues arise in conjunction with this life transition Examples include announcing a pregnancy or an imminent adoption planning parental leave and covering the patient s needs during the hiatus In this second edition therapists who are members of LGBT families and single parent families are described in terms of their special needs challenges and resources This updated edition also contains a new chapter on special problems that can arise during pregnancy *Current Catalog* National Library of Medicine (U.S.),1992-10 *Self Experiences in Group* Irene N. H. Harwood,Malcolm Pines,1998 Using clinical examples the contributors demonstrate the good enough healing power of carefully constructed and supervised groups conducted by therapists who apply both Kohut s self psychological concepts and those currently evolving from intersubjectivity throughout the world Among the topics covered in this volume are the recent advances in hermeneutics self psychology and intersubjectivity theory the universal need for a group object Kohut s thinking on archaic and mature twinship the applicability of new infant research the need to examine early childhood multiple cross cultural selfobject and traumatic experiences within transferences the utilization of a co therapy model and how to create optimal group environments Mixing new theoretical developments with clinical research and practice *Self Experiences in Group* breaks new ground and illustrates how these concepts can be applied to work at infant child or adult level **Object Relations and the Developing Ego in Therapy** Althea J. Horner,1995-10-01 Perhaps the acid test for any book on psychoanalytic theory is the light it sheds on the complex problems that a therapist faces This book passes that test with flying colors I now see my patients in a different light and I have changed my approach with beneficial results Samuel L Bradshaw Jr The Bulletin of the Menninger Clinic A Jason Aronson Book **Psychoanalytic Object Relations Therapy** Althea J. Horner,1999-11-01 This ebook is now available from Bloomsbury Academic Bloomsbury Academic publish acclaimed resources for undergraduate and postgraduate courses as well as the general reader across a broad range of subjects including Archaeology Art Visual Culture Biblical Studies Business Management Drama Performance Studies Economics Education Film Media History Linguistics Literary Studies Music Sound Studies Philosophy Politics International Relations Psychology Religious Studies Social Work Social Welfare Sociology Study Skills Theology and Wellbeing Health Lifestyle Visit bloomsbury.com for more information

Personality-Guided Therapy Theodore Millon,1999-08-04 This manual provides comprehensive guidelines on psychotherapy for DSM IV Axis I psychological and II personality disorders Each chapter examines a specific disorder e g depression anxiety antisocial and contains detailed instruction on using the treatment model and case examples to help illustrate techniques *Faithing* A. Eugene Dyess,1994 Life s problems can be dealt with spiritually metaphorically and positively through a non violative Christian religious experience growth and psychotherapy method In this insightful book the author presents therapists with a way to combine both conscious and unconscious cognition into an experienced whole Contents Introduction by James W Fowler Preface Illustrations Part I The Method s Basic Concept The True Short Story A Clinical Case of Hearing and Experiencing the Inner Outer Voice as God The Dialogical Counseling Method The Intensified

Faith Schema Exercise Guided Meditation Therapy Procedures Part II The Theory Framework Theological Convictions Psychological Models Convictions and Models Structurally Synthesized Faith is the Psyche's Primary Operation Part III How to Practice this Method Pre Process Instructions for the Therapist Special Cautions for Therapist Consideration Part IV Illuminating Transcripts Mitchel at God's Consequent or Feeling Pole Denny in Self Directed Therapy Specks's Experience of God as a Core of Light and Father of Love Forgiveness The Client with Burn out Mitchel at God's Primordial or Mental Pole Summarizing Conclusions Glossary Bibliography Index Psychiatric Mental Health Nursing Katherine M.

Fortinash, Patricia A. Holoday-Worret, 2000 This leading psychiatric nursing textbook provides comprehensive yet straightforward coverage of psychiatric nursing in a lively full color format PSYCHIATRIC MENTAL HEALTH NURSING utilizes a balanced nursing medical approach presenting strong coverage of the DSM IV and related treatments This edition includes new chapters on psychobiology spirituality and alternative care as well as increased emphasis on health promotion and community based care legal ethical issues research growth development and cultural implications **The Spirit Within** Ronald K. Lute, 2010-12 Reactiveness says I must prove something to someone or even if to myself or to God to establish my sense of worth Creativeness says I am moving in the direction love is steering me I follow the creative light before me or within me in each situation seeking both my highest good and the highest good of all others involved in the process with me For nearly 2000 years the pursuit of spiritual growth and self enlightenment went hand in hand However over the last 150 years the perceived divide between Christian values and modern psychology has grown increasingly wide In The Spirit Within author Ronald Lute bridges the gap between these seemingly divergent philosophies to provide self improvement strategies from a Christian perspective that recall the traditional interaction between spirituality and the development of self Lute provides an expert's interpretation of the relationships between mental health issues and their relationships to spiritual growth He examines how the triune elements of man interrelate to determine who we are or how we respond to various life situations and how our reactive fears and behaviors are formed Even more importantly he provides solutions on how we can move beyond these destructive behaviors to be in a truly free relationship with Jesus Christ The American Journal of Psychiatry , 1991 *Working with the Core Relationship Problem in Psychotherapy* Althea J.

Horner, 1998-07-24 An important new work from a master in the field of behavioral health care Althea Horner offers expert instruction in understanding and treating emotional disorders through a classic object relations perspective on childhood development **Assessing Experience in Psychotherapy** April J. Faidley, Larry Leitner, 1993-04-30 This book focuses on the importance of understanding the experience of the person as the primary task of psychology and psychotherapy It uses phenomenologically based qualitative research methodologies to understand the experiences of four persons being seen in psychotherapy It compares hypotheses generated from phenomenologically based assessment instruments to detailed analyses of psychotherapy sessions Thus therapists students and clients can see the relationship between the holistic

understanding of the experience of persons and avenues for therapeutic movement The book is divided into four sections Part I discusses the clinical theory on which the study is based A chapter on qualitative research methodologies includes both the philosophical bases of this form of research and the compatibilities between qualitative psychology and personal construct theory Part II deals with the process of assessing experience within personal construct psychology It describes the two techniques the role construct elicitation technique and the interview technique that are used to elicit verbal meanings In many ways Part III consisting of four chapters forms the heart of the volume Each deals with a special person a client being seen in experiential personal construct psychotherapy After discussing clinical hypotheses derived from the constructs each chapter presents an intensive interpersonal process analysis of the client s second therapy session Each chapter then compares the clinical hypotheses generated from the client s personal meanings to the actual struggles in the therapy room Part IV attempts to draw implications from the project that will be useful to persons engaged in the struggle to understand the inner meanings of others

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