# JAPANESE ACUPUNCTURE AND MOXIBUSTION

Classic Principles in Action



### IKEDA MASAKAZU

TRANSLATED BY FOWARD CRAIDEN

Mi Huangfu

The Practice of Japanese Acupuncture and Moxibustion Masakazu Ikeda, 2005-01-01 Japanese Acupuncture Edward Obaidey, 2023-01-21 Many students of Oriental Medicine begin their studies with a somewhat hazy relationship with the origins of the subject It is often much later when they begin to feel something is missing that they at last begin to dig in and find the roots of this method that is at once therapy art and philosophy In this book you will be taken to the classical roots of this art to consider the foundational concepts and ideas afresh Edward Obaidey is perhaps the perfect guide on this path dotted with what you may feel are familiar concepts and language He has an uncanny knack and light touch of opening up a perspective or idea long taken for granted and asking the reader to think anew Edward provides just enough detail and information to kindle fresh interest and connections in the mind of the reader without smothering this precious state of curiosity and creative spark This is the hallmark of a good teacher attested to by the many apprentices students readers and seminar attendees that Edward has enlightened and educated over the years The essence that comes through in this text is an important reminder of the sense of perspective that whilst so fundamental to the study and practice of Oriental Medicine is often sadly lacking or lost in detail **A Long Road** Edward Obaidey, 2014-05-01 The best way to learn the art of Oriental Medicine is by direct transmission in the clinic seeing feeling sensing and being part of the treatment process through a relationship with someone familiar with the road you are on A Long Road An Acupuncture Travelogue provides snapshots of steps along the road by the author in his development over many years as a busy practitioner. The real sense of living dynamic treatment is conveyed through the author's obvious dedication and delight in pursuing and transmitting understanding of this art The more so by the inclusion of conversation transcripts between the author and his students through which the reader is offered the chance to benefit from a sense of the sensei deshi student teacher relationship In depth articles cover specific conditions treatment concepts diagnostic nuance case histories and discussion on point meaning and use The classical texts are explored with translation commentary and brought to vibrant clinical relevance to the extent that the text could almost be viewed as a clinical work book To be consulted for inspiration and guidance and to be sweated over in study but mostly and importantly in clinical practice This text is recommended for practitioners of all styles or methods as a path away from the unfortunate tendency to intellectualize oriental medicine and thus trap it in the classroom or lecture theatre. The reader is offered a bridge between classical theory training and the vibrant reality of the clinical practice of acupuncture moxabustion and traditional massage <u>A Long Road (Volume II)</u> Edward Obaidey, 2011 The best way to learn the art of Oriental Medicine is by direct transmission in the clinic seeing feeling sensing and being part of the treatment process through a relationship with someone familiar with the road you are on A Long Road An Acupuncture Travelogue provides snapshots of steps along the road by the author in his development over many years as a busy practitioner The real sense of living dynamic treatment is conveyed through the author's obvious dedication and delight in

pursuing and transmitting understanding of this art The more so by the inclusion of conversation transcripts between the author and his students through which the reader is offered the chance to benefit from a sense of the sensei deshi student teacher relationship In depth articles cover specific conditions treatment concepts diagnostic nuance case histories and discussion on point meaning and use The classical texts are explored with translation commentary and brought to vibrant clinical relevance to the extent that the text could almost be viewed as a clinical work book To be consulted for inspiration and guidance and to be sweated over in study but mostly and importantly in clinical practice This text is recommended for practitioners of all styles or methods as a path away from the unfortunate tendency to intellectualize oriental medicine and thus trap it in the classroom or lecture theatre The reader is offered a bridge between classical theory training and the vibrant reality of the clinical practice of acupuncture moxabustion and traditional massage **A Long Road** Edward Obaidey, 2011 The best way to learn the art of Oriental Medicine is by direct transmission in the clinic seeing feeling sensing and being part of the treatment process through a relationship with someone familiar with the road you are on A Long Road An Acupuncture Travelogue provides snapshots of steps along the road by the author in his development over many years as a busy practitioner The real sense of living dynamic treatment is conveyed through the author's obvious dedication and delight in pursuing and transmitting understanding of this art The more so by the inclusion of conversation transcripts between the author and his students through which the reader is offered the chance to benefit from a sense of the sensei deshi student teacher relationship In depth articles cover specific conditions treatment concepts diagnostic nuance case histories and discussion on point meaning and use The classical texts are explored with translation commentary and brought to vibrant clinical relevance to the extent that the text could almost be viewed as a clinical work book To be consulted for inspiration and guidance and to be sweated over in study but mostly and importantly in clinical practice This text is recommended for practitioners of all styles or methods as a path away from the unfortunate tendency to intellectualize oriental medicine and thus trap it in the classroom or lecture theatre. The reader is offered a bridge between classical theory training and the vibrant reality of the clinical practice of acupuncture moxabustion and traditional massage Integration of Acupuncture and Herbal Medicine Masakazu Ikeda,2012 Tappan's Handbook of Healing Massage Techniques Patricia J. Benjamin, Frances M. Tappan, 2010 This pioneering book in massage therapy provides basic information on the art and science of effective healing massage techniques in quick learn easy to understand terms Whether you re a licensed massage therapy practitioner health related professional or just interested in basic massage therapy techniques this is the book for you The authors carefully examine the foundations of healing massage western massage techniques contemporary massage including myofascial techniques trigger points lymphatic drainage massage foot reflexology Asian bodywork therapy and applications of massage New to the fifth edition are Practice Sequences that are step by step suggested example applications of the techniques described in the book Each Practice Sequence is demonstrated in full vibrant detail on the

DVD that accompanies this text So that readers can track their progress the DVD as well as Appendix D provides Performance Evaluation Forms for every Practice Sequence The Concise Guide to the Shang Han Lun Takashi Furue, 2015-12-31 This book explains the method of applying the theories of Shang Han Lun into clinical practice which includes acupuncture and moxibustion treatment and herbal therapy Each chapters of the Shang Han Lun are explained simply to make them easier to apply into the clinical practice This text also contains herbal ingredients and brief summary of the text This book will also allow you to get better understanding the pathology and treatment protocol of the acute febrile disease including flue We strongly recommend to read the other text books which are written by Masakazu Ikeda including The Practice of Japanese Acupuncture and Moxibustion Classic Principles in Action Integration of Acupuncture and Herbal medicine Theory and Practice and Contemporary Clinical Foundations of the Classics The original Japanese version of this book was written in 1982 Masakazu Ikeda develops his knowledge and skill through his daily practice In this book the translating team has added a large amount of information collected from other textbooks written by Masakazu Ikeda and information has also been collected from attending his seminars Bulletin of the Atomic Scientists ,1966-06 The Bulletin of the Atomic Scientists is the premier public resource on scientific and technological developments that impact global security Founded by Manhattan Project Scientists the Bulletin's iconic Doomsday Clock stimulates solutions for a safer **COVID Musings** Edward Obaidey, 2022-05-20 One of the fundamentals of Oriental Medicine is its ability to world approach matters with a broad perspective In this book Edward Obaidey demonstrates this through his exploration of Covid 19 in the context of both the history of this medicine and in the application of this knowledge in modern patients. The first part of this book reaches into the Classics reminding us that although we are dealing with a novel disease from the perspective of modern medicine we need to shift our perspective for the oriental medical approach to instead understand the state of the patient Edward infects us with his genuine curiosity and formidable experience and knowledge as he delves into the sometimes hidden wisdom of the classical texts He draws out themes and concepts offering the reader a basis to consider their own approach to searching for inspiration The result is a broad sweep from obscure mantras through to solid fundamentals of palpation techniques and needling methods In the second part we move into application of this knowledge in treatment of Covid 19 and its sequelae in the modern Acupuncture clinic Here Edward takes us through the syndromes likely to be encountered and how the disease process moves between them depending on the state and behaviour of the patient and the selection of treatment options The theory is eloquently explored in practice in 7 detailed case studies illuminating different aspects and factors and reminding us once again of the necessity to approach treatment with broad perspective In particular there is a deep investigation of the TaiYin Meridian involvement Japanese Acupuncture Stephen Birch, Junko Ida, 1998 This book is a practical guide to tools skills and techniques common to all acupunture practice with emphasis on those that are uniquely or creatively Japanese It is clear direct and completely illustrated with high resolution close up

photography The instructions are simple and concise so that they may be easily applied to the practice of any acupuncture tradition Features Covers traditional needle techniques filifom needling supplementation and drainage and needle with moxa all with several approaches Moxibustion is covered in detail as are instruments intradermal needles press tack needles and spheres Describes in detail highly specialised Japanese techniques such as shonishing treatment techniques for children Hiratazone therapy and Manaka wooden hammer and needle as well as techniques such as cupping which are used throughout Asia Introduction covers modern Japanese training and practice including a highly useful guide to root treatment Includes suggested treatment protocols for clinical application The Ultimate Secret Book of Acupuncture and **Moxibustion** Hyungsuk Choi, Taichu Kimura, 2019 This is the first complete English translation of Japanese acupuncture book Shinkyu Gokuhi Sho with all the beautiful illustrations from the original text and Hyungsuk Choi s annotations Shinkyu Gokuhi Sho was published in 1778 by a Japanese doctor Kimura Taichu The author says that the acupuncture technique in this book is originated from Kim Duk bang This technique had been passed down to the family of Tanaka Tomoyoshi secretly and the author collected and edited the resources and published as a book The techniques in the book became a foundation of Unkaishiryu so this book has both historical and clinical value for acupuncture researches and practitioners Regarding the title of this book it was introduced to Europe in 1825 by Jean Baptiste Sarlandi re under the French title Trait in dit de l acupuncture et du Moxa chez les Japonais which means The unpublished teaching of Japanese acupuncture and moxibustion in English Japanese Shinkyu Gokuhi Sho literally means The ultimate secret book of acupuncture and moxibustion In English it was introduced as Absolute secrets of Acupuncture and moxibustion in NAJOM 2001 vol 8 No 21 and also as Outline of the Deepest Secrets of Acupuncture and moxibustion by Wolfgang Michel in his article Japanese Acupuncture and Moxibustion in Europe from the 16th to 18th Centuries Introduction to Meridian Therapy Denmei Shudō,1990 Meridian therapy is a school of Japanese acupuncture which is distinguished by its emphasis on the classics its utilization of the five phase points in treating the root of disease and the importance which it attaches to palpatory skills in diagnosis and point location Japanese Classical Acupuncture Introduction to Meridian Therapy is noted for the clarity and simplicity of its style and is the most highly regarded introduction to this subject in Japan The theoretical and historical basis diagnostic framework and treatment strategies of meridian therapy are discussed in detail The author provides a step by step introduction to pulse and abdominal diagnosis and explains how to incorporate the concepts and techniques of meridian therapy into other styles of acupuncture The text is interwoven with case histories and anecdotes from the author's lengthy practice Extensively edited in collaboration with the author to fit the needs of Western acupuncturists this book opens the door to Japanese classical acupuncture for Western practitioners Moxa in Motion with the Ontake Method Oran Kivity, 2020-01-15 Is moxibustion too difficult to apply too risky or too smoky Discover the effective new moxa method from Japan that gets rapid results safely Moxibustion is ancient Even more ancient than needling In modern acupuncture however it is often considered too time

consuming or difficult to master And yet the classics say for chronic conditions moxa has no equal Coming to the rescue of time poor present day acupuncturists is the Ontake Method from Japan This innovative technique uses a piece of bamboo filled with burning moxa wool to roll tap and press on the acupuncture meridians using a metronome programmed to each meridian's frequency. The rhythmic application of heat frequency and pressure triggers rapid shifts in your patients body condition and mood but this method generates only a little smoke In this book you will learn Dr Manaka's meridian frequencies and how to apply them Branch treatments for symptom relief Root treatments for whole body regulation The integration of Dr Tan's holographic models with Ontake for the rapid relief of pain in the neck back and joints Moxa in Motion presents a step by step guide to clinical practice utilising the Ontake Method Easily integrated into any style of acupuncture Shiatsu or Tuina the Ontake Method will boost your results and build your practice Oran Kivity is a veteran acupuncturist from the UK living in Asia He has dedicated countless hours of clinical observation and study to integrate the knowledge of contemporary Japanese masters Through writing and teaching he has ignited interest in Ontake a remarkable new moxa tool from Japan developing these dynamic new techniques further and compiling them into this practical handbook of moxibustion The Systematic Classic of Acupuncture & Moxibustion Mi Huangfu, 2005 **Acupuncture and Moxibustion** Ji Zhang, Baixiao Zhao, Lixing Lao, 2014-10-01 This scholarly and comprehensive textbook comprises three parts Channels and Points Acupuncture and Moxibustion Techniques Treatment of Diseases Based on the ancient classics of traditional Chinese medicine modern clinical practice and recent research Acupuncture and Moxibustion is a wonderful textbook both for international students and an essential reference for practitioners Its editorial board composed of well known Chinese and Western acupuncture practitioners has ensured that the English edition conforms to high academic standards The authors who are among Japan's foremost teachers and clinicians have compiled a work that provides a broad accurate and detailed foundation for students learning acupuncture or for clinicians who wish to improve their clinical results This is an important and pivotal contribution to the acculturation of classical acupuncture in the West Shonishin: Japanese Pediatric Acupuncture Stephen Birch, 2016-01-27 The premier quide to Shonishin Japanese Pediatric Acupuncture now in a new edition Now in an expanded new edition this user friendly manual remains the foremost instructional reference for the application of Shonishin or Japanese pediatric acupuncture The book addresses the unique and often changing circumstances involved in the treatment of infants and children It focuses on the crucial factors of patient comfort and dosage regulation throughout treatment by gently and painlessly pressing tapping scratching rubbing and stroking the skin without penetrating it Stephen Birch the world's leading authority in Japanese acupuncture and Shonishin provides valuable clinical guidance and hands on advice that can be easily integrated into everyday practice. The book begins by presenting the underlying principles and treatment tools used in Shonishin and then goes on to cover root and symptomatic approaches and techniques followed by details on how to manage a wide range of

specific problems and diseases More than 75 case histories from around the world present various treatment ideas methods and results for the featured condition Highlights More than 25 new clinical cases over 75 cases total offer useful insights and suggestions for daily practice New information on using Shonishin to treat headaches and emotional problems combining Shonishin with other treatments such as Bach flowers and Chinese herbal medicine and using the techniques of Shonishin and the Meridian Therapy root treatment Coverage of Shonishin for the management of a broad spectrum of illnesses and diseases including respiratory and digestive ailments ear infections allergies sleep problems and many more Exercises throughout the book help readers improve their skill and check their technique More than 150 precise illustrations complement and further clarify the text Video footage of a workshop where the author demonstrates how to do Shonishin and shows real treatments bring concepts to life accessed through Thieme's Media Center With Shonishin Japanese Pediatric Acupuncture Second Edition professionals and students in acupuncture and pediatricians and physical therapists who use acupuncture will learn from the master the art of non inserted needling to treat children This volume contains all of the information that practitioners need to understand Shonishin as a treatment option and refine their technique and to instruct parents on how to regularly use Shonishin at home thereby increasing the frequency of treatment Donguibogam: **Acupuncture and moxibustion** Chun Hŏ,2010 **Japanese Acupuncture 101** Carl Wagner, 2011-03-11 Carl Wagner DOM Dipl Ac He started his education in Oriental Medicine at the age of forty six and received his master of Oriental medicine degree from the International Institute of Chinese Medicine in 1994 He completed his National Boards and became licensed in New Mexico the same year Concurrent with his last two years in school Dr Wagner apprenticed in the Kototama style working daily in his teacher's clinic Since his graduation over sixteen years ago Carl has devoted himself to the study of Japanese Acupuncture He trained in the Toyo Hari method with Koei Kurahara in 1999 and has been training with Masakasu Ikeda since 2002 He has studied with various other teachers including Shudo Denmei Jake Fratkin Miki Shima Nigel Dawes Stephen Brown and Peter and Akiko Thompson Dr Wagner has twice attended the Annual Meridian Therapy Summer Seminar in Tokyo Japan and was a member of the first group of foreign students to attend in its forty nine year history This annual event presents many of the most outstanding Meridian Therapy practitioners of Japan

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