



# Smart

**How to Play  
and Win the  
Mental Game**

# Tennis



"The game with yourself is often tougher than the battle against any opponent. *Smart Tennis* shows you how to win the inner match while having fun along the way."

—**Lindsay Davenport**  
world's #1 ranked  
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# Smart Tennis How To Play And Win The Mental Game

**Didier Musso**



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