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The 36-Hour Day

**7th
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**A Family Guide
to Caring for People Who
Have Alzheimer Disease
and Other Dementias**

**Nancy L. Mace, MA
Peter V. Rabins, MD, MPH**

The 36 Hour Day

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The 36 Hour Day:

The 36-Hour Day Nancy L. Mace, Peter V. Rabins, 2011-10-07 Originally published in 1981 *The 36 Hour Day* was the first book of its kind Thirty years later with dozens of other books on the market it remains the definitive guide for people caring for someone with dementia Now in a new and updated edition this best selling book features thoroughly revised chapters on the causes of dementia managing the early stages of dementia the prevention of dementia and finding appropriate living arrangements for the person who has dementia when home care is no longer an option **The 36-Hour Day** Nancy L. Mace, Peter V. Rabins, 2021-08-10 With over 3.5 million copies sold the bestselling guide to understanding and caring for people with dementia is now completely revised and updated For 40 years *The 36 Hour Day* has been the leading work in the field for caregivers of those with dementia Written by experts with decades of experience caring for individuals with memory loss Alzheimer's and other dementias the book is widely known for its authoritativeness and compassionate approach to care Featuring everything from the causes of dementia to managing its early stages to advice on caring for those in the later stages of the disease it is widely considered to be the most detailed and trusted book available Highlighting useful takeaway messages and informed by recent research into the causes of dementia this new edition has been completely updated It features brand new content on everything from home care aides to useful apps to promising preventative techniques and therapies practical advice for avoiding caregiver burnout plus tips for when and how to get additional help a completely new two column design that allows readers to quickly access what they need The central idea underlying this indispensable book that much can be done to improve the lives of people with dementia and of those caring for them remains the same *The 36 Hour Day* is the definitive dementia care guide *The 36-Hour Day* Nancy L. Mace, Peter V. Rabins, 2006-11-13 Revised in 2006 for its twenty fifth anniversary this best selling book is the bible for families caring for people with Alzheimer disease offering comfort and support to millions worldwide In addition to the practical and compassionate guidance that have made *The 36 Hour Day* invaluable to caregivers the fourth edition is the only edition currently available that includes new information on medical research and the delivery of care The new edition includes new information on diagnostic evaluation resources for families and adult children who care for people with dementia updated legal and financial information the latest information on nursing homes and other communal living arrangements new information on research medications and the biological causes and effects of dementia Also available in a large print edition Praise for *The 36 Hour Day* *The 36-Hour Day* Nancy L. Mace, Peter V. Rabins, 2021-08-10 *The 36 Hour Day* is the definitive dementia care guide *The 36-hour Day* Nancy L. Mace, Peter V. Rabins, 1999 Provides practical and legal advice on caring for those who can no longer care for themselves including information on dealing with such daily problems as eating and exercising and suggests ways to cope with mood swings and false ideas **The 36-Hour Day** Nancy L. Mace, Professor of Psychiatry Peter V Rabins, MD, MPH, 2012-09-25 For more than 30 years this book has been the trusted bible for families affected by dementia disorders

Now completely revised and updated the guide features the latest information on the causes managing the early stages prevention and more Reissue **The 36-hour Day** Nancy L. Mace,2006 *The 36-hour Day* ,1999 The 36-Hour Day Nancy L. Mace,Peter V. Rabins,2017-04-18 When someone in your family suffers from Alzheimer disease or other related memory loss diseases both you and your loved one face immense challenges Mace and Robins provide practical and specific advice to make care easier improve quality of life and lift the spirits of a family dealing with Alzheimer disease *The 36-hour Day* Nancy L. Mace,Peter V. Rabins,1981 A family guide to caring for persons with Alzheimer s disease related dementing illnesses and memory loss in later life

The Enigmatic Realm of **The 36 Hour Day**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **The 36 Hour Day** a literary masterpiece penned with a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those who partake in its reading experience.

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