THE

HEALING POWER OF PLAY

Working with Abused Children

ELIANA GIL

The Healing Power Of Play Working With Abused Children

Garry L. Landreth, Dee C. Ray, Daniel S. Sweeney, Linda E. Homeyer, Geraldine J. Glover

The Healing Power Of Play Working With Abused Children:

The Healing Power of Play Eliana Gil,1991-03-16 This book describes how therapists can both facilitate constructive play therapy and intervene in posttraumatic play to help children who have been traumatized by abuse or neglect achieve a positive resolution Traditional techniques of play therapy are reviewed for their application to this population Throughout numerous therapeutic aids are described to enhance the child's capacity to communicate verbally or symbolically To help clinicians translate theory into daily practice the book presents six detailed clinical vignettes of trauma from among different types of abuse or neglect including severe parental neglect sexual abuse neglect compounded by hospitalization and one case features a child suffering from multiple personality disorder Presenting step by step guidelines for assessment and intervention these cases clearly illustrate treatment planning and how to tailor responses to the particular child The **Therapeutic Powers of Play** Charles E. Schaefer, Athena A. Drewes, 2013-09-16 A practical look at how play therapy can promote mental health wellness in children and adolescents Revised and expanded The Therapeutic Powers of Play Second Edition explores the powerful effects that play therapy has on different areas within a child or adolescent s life communication emotion regulation relationship enhancement and personal strengths Editors Charles Schaefer and Athena Drewes renowned experts in the field of play therapy discuss the different interventions and components of treatment that can move clients to change Leading play therapists contributed to this volume supplying a wide repertoire of practical techniques and applications in each chapter for use in clinical practice including Direct teaching Indirect teaching Self expression Relationship enhancement Attachment formation Catharsis Stress inoculation Creative problem solving Self esteem Filled with clinical case vignettes from various theoretical viewpoints the second edition is an invaluable resource for play and child therapists of all levels of experience and theoretical orientations **Working with Children to Heal Interpersonal Trauma** Eliana Gil,2013-09-19 Featuring in depth case presentations from master clinicians this volume highlights the remarkable capacity of traumatized children to guide their own healing process The book describes what posttraumatic play looks like and how it can foster resilience and coping Demonstrated are applications of play art and other expressive therapies with children who have faced such overwhelming experiences as sexual abuse or chronic neglect The contributors discuss ways to facilitate forms of expression that promote mastery and growth as well as how to intervene when play becomes stuck in destructive patterns They share effective strategies for engaging hard to reach children and building trusting therapeutic relationships This book will be invaluable to mental health professionals working with children including child psychologists social workers play and art therapists counselors family therapists and psychiatrists It will also serve as a supplemental text in clinically oriented graduate level courses Trauma-Focused CBT for Children and **Adolescents** Judith A. Cohen, Anthony P. Mannarino, Esther Deblinger, 2016-10-11 Featuring a wealth of clinical examples this book facilitates implementation of Trauma Focused Cognitive Behavioral Therapy TF CBT in a range of contexts It

demonstrates how assessment strategies and treatment components can be tailored to optimally serve clients needs while maintaining overall fidelity to the TF CBT model Coverage includes ways to overcome barriers to implementation in residential settings foster placements and low resource countries Contributors also describe how to use play to creatively engage kids of different ages and present TF CBT applications for adolescents with complex trauma children with developmental challenges military families struggling with the stresses of deployment and Latino and Native American children See also Cohen et al s authoritative TF CBT manual Treating Trauma and Traumatic Grief in Children and Adolescents Second Edition The Handbook of the Study of Play James E. Johnson, Scott G. Eberle, Thomas S. Henricks, David Kuschner, 2015-02-05 The Handbook of the Study of Play brings together in two volumes thinkers whose diverse interests at the leading edge of scholarship and practice define the current field Because play is an activity that humans have shared across time place and culture and in their personal developmental timelines and because this behavior stretches deep into the evolutionary past no single discipline can lay claim to exclusive rights to study the subject Thus this handbook features the thinking of evolutionary psychologists ethologists and biologists neuroscientists developmental psychologists psychotherapists and play therapists historians sociologists and anthropologists cultural psychologists philosophers theorists of music performance and dance specialists in learning and language acquisition and playground designers Together but out of their varied understandings the incisive contributions to The Handbook take on vital questions of educational policy of literacy of fitness of the role of play in brain development of spontaneity and pleasure of well being and happiness of fairness and of the fuller realization of the self These volumes also comprise an intellectual history retrospective looks at the great thinkers who have made possible the modern study of play **Handbook of Art Therapy** Cathy A. Malchiodi, 2011-11-30 Providing a complete overview of art therapy from theory and research to practical applications this is the definitive handbook in the field Leading practitioners demonstrate the nuts and bolts of arts based intervention with children adults families couples and groups dealing with a wide range of clinical issues Rich with illustrative case material the volume features 110 sample drawings and other artwork The inclusion of diverse theoretical approaches and practice settings makes the Handbook eminently useful for all mental health professionals interested in using art in evaluation and treatment New to This Edition Incorporates the latest clinical applications methods and research Chapter on art materials and media including uses of new technologies Chapters on intervening with domestic violence survivors bereaved children and military personnel Expanded coverage of neuroscience cultural diversity and ethics Plav Therapy David A. Crenshaw, Anne L. Stewart, 2016-02-22 This authoritative work brings together leading play therapists to describe state of the art clinical approaches and applications The book explains major theoretical frameworks and summarizes the contemporary play therapy research base including compelling findings from neuroscience Contributors present effective strategies for treating children struggling with such problems as trauma maltreatment attachment

difficulties bullying rage grief and autism spectrum disorder Practice principles are brought to life in vivid case illustrations throughout the volume Special topics include treatment of military families and play therapy interventions for adolescents Play Therapy Interventions with Children's Problems Garry L. Landreth, Dee C. Ray, Daniel S. Sweeney, Linda and adults E. Homeyer, Geraldine J. Glover, 2010-08-14 This is an easy to use reference to the most effective play therapy techniques and their substantiated results Play therapy is not an approach based on guess trial and error or whims of the therapist at the moment It is a well thought out philosophically conceived developmentally based and research supported method of helping children cope with and overcome the problems they experience in the process of living their lives Concise digests of play therapy procedures explore the most difficult as well as the most common problems encountered by play therapists These digests cover play therapy approaches based on a variety of theoretical positions for dealing with a broad range of specific problems Because they often do not have access to substantiated results play therapists sometimes doubt themselves and the effectiveness of their work This book an invaluable resource puts an end to such questioning Short-Term Play Therapy for Children, Second Edition Heidi Gerard Kaduson, Charles E. Schaefer, 2006-08-17 This volume presents a variety of play approaches that facilitate children's healing in a shorter time frame Invaluable for any clinician seeking to optimize limited time with clients the book provides effective methods for treating children struggling with such challenges as posttraumatic stress disorder anxiety disruptive behavior mood disorders attention deficit hyperactivity disorder and parental divorce Individual family and group treatment models are described and illustrated with richly detailed case examples Featuring session by session guidelines chapters demonstrate how to engage clients rapidly develop appropriate treatment goals and implement carefully structured brief interventions that yield lasting results Handbook of Medical Play Therapy and Child Life Lawrence C. Rubin, 2017-12-12 The Handbook of Medical Play Therapy and Child Life brings together the voices and clinical experiences of dedicated clinical practitioners in the fields of play therapy and child life This volume offers fresh insights and up to date research in the use of play with children adolescents and families in medical and healthcare settings Chapters take a strength based approach to clinical interventions across a wide range of health related issues including autism trauma routine medical care pending surgeries both large and small injury immune deficiency and more Through its focus on the resiliency of the child the power of play and creative approaches to healing this handbook makes visible the growing overlap and collaboration between the disciplines of play therapy and child life

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