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THE HANDBOOK ON **ATHLETIC PERFECTION**

A Training Manual for Christian Athletes

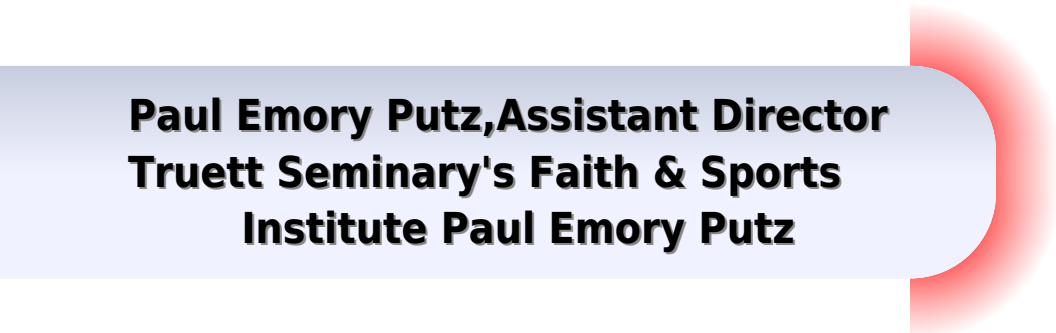
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The Handbook Of Athletic Perfection

**Paul Emory Putz, Assistant Director
Truett Seminary's Faith & Sports
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