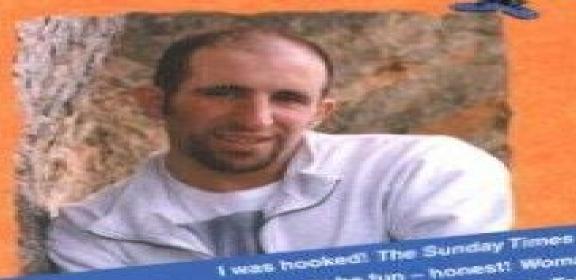
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Taking The Weight Off Body AND Mind

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