

Your Brain Is More Than 60% Fat!

# SMART FATS



How Dietary Fats and Oils  
Affect Mental, Physical and  
Emotional Intelligence

MICHAEL A. SCHMIDT

Introduction by Jeffrey S. Bland

# Smart Fats How Dietary Fats And Oils Affect Mental Physical And Emotional Intelligence

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## **Smart Fats How Dietary Fats And Oils Affect Mental Physical And Emotional Intelligence:**

Immerse yourself in heartwarming tales of love and emotion with Crafted by is touching creation, Tender Moments: **Smart Fats How Dietary Fats And Oils Affect Mental Physical And Emotional Intelligence** . This emotionally charged ebook, available for download in a PDF format ( \*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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