

Audrey E. Mitchell

# SLEEP

an unlearned element  
in education

# Sleep An Unobserved Element In Education Learning Resources Series

**Jianjun Gao**



## **Sleep An Unobserved Element In Education Learning Resources Series:**

**Sleep** Audrey E. McAllen,1981 Recent research suggests that sleep is unnecessary for human beings Our waking consciousness could therefore be extended so that we could do without sleep altogether Audrey McAllen however believes that sleep is vital for physical psychological and spiritual well being An essential element in her remedial work with children is to encourage the development of a healthy relationship to sleep **Whitaker's Cumulative Book List** ,1986

**Whitaker's Books of the Month & Books to Come** ,1986 **Sleep** Audrey Enid McAllen,2004 *The Athenaeum* ,1862 *The Critic* Jeannette Leonard Gilder,Joseph Benson Gilder,1896 **Critic and Literary World** Jeannette Leonard Gilder,Joseph Benson Gilder,1896 Athenaeum and Literary Chronicle James Silk Buckingham,John Sterling,Frederick Denison Maurice,Henry Stebbing,Charles Wentworth Dilke,Thomas Kibble Hervey,William Hepworth Dixon,Norman Maccoll,Vernon Horace Rendall,John Middleton Murry,1862 *Hospitals and Nursing Homes* Syed Amin Tabish,2021-07-02

**The Musician** ,1903 **Sociological Abstracts** ,1992 **Scholastic** ,1974 Sleep and Learning Gary R. Plaford,2009 Gary Plaford s book is an easy read and chock full of useful information and practical ideas for anyone working with young people Plaford writes as if you are in the room and he is telling you what he has learned with wonderful stories and humor to illustrate his points I highly recommend this book to anyone working with children Sleeping Anne Mountfield,1990-01-01

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