

# SMOKEHOUSE HAM, SPOON BREAD, & SCUPPERNONG WINE

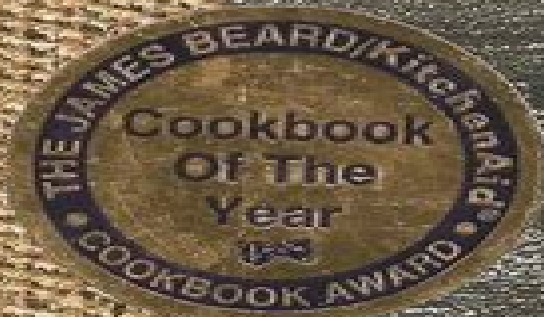
*The Folklore and Art of  
Southern Appalachian Cooking*



*Joseph E. Dabney*

FOREWORD BY JOHN EGERTON

A celebration of foodlore handed  
down from Scotland, England, Ireland,  
Germany, and the Cherokee Nation



# Smokehouse Ham Spoon Bread Scuppernong Wine

**Daniel F McAuley**



**Smokehouse Ham Spoon Bread Scuppernong Wine:**

Immerse yourself in the artistry of words with Experience Art with is expressive creation, Immerse Yourself in **Smokehouse Ham Spoon Bread Scuppernong Wine** . This ebook, presented in a PDF format ( Download in PDF: \*), is a masterpiece that goes beyond conventional storytelling. Indulge your senses in prose, poetry, and knowledge. Download now to let the beauty of literature and artistry envelop your mind in a unique and expressive way.

[https://archive.kdd.org/public/publication/default.aspx/techniques\\_of\\_portrait\\_photography\\_master\\_class\\_photography\\_series.pdf](https://archive.kdd.org/public/publication/default.aspx/techniques_of_portrait_photography_master_class_photography_series.pdf)

## **Table of Contents Smokehouse Ham Spoon Bread Scuppernong Wine**

1. Understanding the eBook Smokehouse Ham Spoon Bread Scuppernong Wine
  - The Rise of Digital Reading Smokehouse Ham Spoon Bread Scuppernong Wine
  - Advantages of eBooks Over Traditional Books
2. Identifying Smokehouse Ham Spoon Bread Scuppernong Wine
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Smokehouse Ham Spoon Bread Scuppernong Wine
  - User-Friendly Interface
4. Exploring eBook Recommendations from Smokehouse Ham Spoon Bread Scuppernong Wine
  - Personalized Recommendations
  - Smokehouse Ham Spoon Bread Scuppernong Wine User Reviews and Ratings
  - Smokehouse Ham Spoon Bread Scuppernong Wine and Bestseller Lists
5. Accessing Smokehouse Ham Spoon Bread Scuppernong Wine Free and Paid eBooks
  - Smokehouse Ham Spoon Bread Scuppernong Wine Public Domain eBooks
  - Smokehouse Ham Spoon Bread Scuppernong Wine eBook Subscription Services

- Smokehouse Ham Spoon Bread Scuppernong Wine Budget-Friendly Options
- 6. Navigating Smokehouse Ham Spoon Bread Scuppernong Wine eBook Formats
  - ePub, PDF, MOBI, and More
  - Smokehouse Ham Spoon Bread Scuppernong Wine Compatibility with Devices
  - Smokehouse Ham Spoon Bread Scuppernong Wine Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Smokehouse Ham Spoon Bread Scuppernong Wine
  - Highlighting and Note-Taking Smokehouse Ham Spoon Bread Scuppernong Wine
  - Interactive Elements Smokehouse Ham Spoon Bread Scuppernong Wine
- 8. Staying Engaged with Smokehouse Ham Spoon Bread Scuppernong Wine
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Smokehouse Ham Spoon Bread Scuppernong Wine
- 9. Balancing eBooks and Physical Books Smokehouse Ham Spoon Bread Scuppernong Wine
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Smokehouse Ham Spoon Bread Scuppernong Wine
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Smokehouse Ham Spoon Bread Scuppernong Wine
  - Setting Reading Goals Smokehouse Ham Spoon Bread Scuppernong Wine
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Smokehouse Ham Spoon Bread Scuppernong Wine
  - Fact-Checking eBook Content of Smokehouse Ham Spoon Bread Scuppernong Wine
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

## **Smokehouse Ham Spoon Bread Scuppernong Wine Introduction**

In today's digital age, the availability of Smokehouse Ham Spoon Bread Scuppernong Wine books and manuals for download has revolutionized the way we access information. Gone are the days of physically flipping through pages and carrying heavy textbooks or manuals. With just a few clicks, we can now access a wealth of knowledge from the comfort of our own homes or on the go. This article will explore the advantages of Smokehouse Ham Spoon Bread Scuppernong Wine books and manuals for download, along with some popular platforms that offer these resources. One of the significant advantages of Smokehouse Ham Spoon Bread Scuppernong Wine books and manuals for download is the cost-saving aspect. Traditional books and manuals can be costly, especially if you need to purchase several of them for educational or professional purposes. By accessing Smokehouse Ham Spoon Bread Scuppernong Wine versions, you eliminate the need to spend money on physical copies. This not only saves you money but also reduces the environmental impact associated with book production and transportation. Furthermore, Smokehouse Ham Spoon Bread Scuppernong Wine books and manuals for download are incredibly convenient. With just a computer or smartphone and an internet connection, you can access a vast library of resources on any subject imaginable. Whether you're a student looking for textbooks, a professional seeking industry-specific manuals, or someone interested in self-improvement, these digital resources provide an efficient and accessible means of acquiring knowledge. Moreover, PDF books and manuals offer a range of benefits compared to other digital formats. PDF files are designed to retain their formatting regardless of the device used to open them. This ensures that the content appears exactly as intended by the author, with no loss of formatting or missing graphics. Additionally, PDF files can be easily annotated, bookmarked, and searched for specific terms, making them highly practical for studying or referencing. When it comes to accessing Smokehouse Ham Spoon Bread Scuppernong Wine books and manuals, several platforms offer an extensive collection of resources. One such platform is Project Gutenberg, a nonprofit organization that provides over 60,000 free eBooks. These books are primarily in the public domain, meaning they can be freely distributed and downloaded. Project Gutenberg offers a wide range of classic literature, making it an excellent resource for literature enthusiasts. Another popular platform for Smokehouse Ham Spoon Bread Scuppernong Wine books and manuals is Open Library. Open Library is an initiative of the Internet Archive, a non-profit organization dedicated to digitizing cultural artifacts and making them accessible to the public. Open Library hosts millions of books, including both public domain works and contemporary titles. It also allows users to borrow digital copies of certain books for a limited period, similar to a library lending system. Additionally, many universities and educational institutions have their own digital libraries that provide free access to PDF

books and manuals. These libraries often offer academic texts, research papers, and technical manuals, making them invaluable resources for students and researchers. Some notable examples include MIT OpenCourseWare, which offers free access to course materials from the Massachusetts Institute of Technology, and the Digital Public Library of America, which provides a vast collection of digitized books and historical documents. In conclusion, Smokehouse Ham Spoon Bread Scuppernong Wine books and manuals for download have transformed the way we access information. They provide a cost-effective and convenient means of acquiring knowledge, offering the ability to access a vast library of resources at our fingertips. With platforms like Project Gutenberg, Open Library, and various digital libraries offered by educational institutions, we have access to an ever-expanding collection of books and manuals. Whether for educational, professional, or personal purposes, these digital resources serve as valuable tools for continuous learning and self-improvement. So why not take advantage of the vast world of Smokehouse Ham Spoon Bread Scuppernong Wine books and manuals for download and embark on your journey of knowledge?

### **FAQs About Smokehouse Ham Spoon Bread Scuppernong Wine Books**

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. Smokehouse Ham Spoon Bread Scuppernong Wine is one of the best book in our library for free trial. We provide copy of Smokehouse Ham Spoon Bread Scuppernong Wine in digital format, so the resources that you find are reliable. There are also many Ebooks of related with Smokehouse Ham Spoon Bread Scuppernong Wine. Where to download Smokehouse Ham Spoon Bread Scuppernong Wine online for free? Are you looking for Smokehouse Ham Spoon Bread Scuppernong Wine PDF? This is definitely going to save you time and cash in something you should think about.

**Find Smokehouse Ham Spoon Bread Scuppernong Wine :**

**techniques of portrait photography master class photography series**

teeny witch goes to school

teen titans a kids game

*ted williams the seasons of the kid*

*teen astrology the ultimate guide to making your life your own*

teeth on edge

television and the news; a critical appraisal

telecourse study guide for introduction to the practice of statistics

television improvement act hearing before the committee on the judiciary u.s. senate

tell me why a beatles commentary

television and the red menace

**telecommunications guide to the internet**

tell it on the mountain the daughter of jephthah in judges 11 interfaces

**techniques population analysis**

televisionradio news and minorities

**Smokehouse Ham Spoon Bread Scuppernong Wine :**

**dictionnaire insolite de russie amazon com** - Jul 18 2023

web oct 2 2014 la russie est un monde part une langue une culture une histoire si particulieres que le dpaysement est total de ce pays on connat le caviar et la vodka la

dictionnaire insolite de la russie clade net - Oct 29 2021

web dictionnaire insolite de la russie titre s dictionnaire insolite de la russie auteur s alexeïev catherine mention d édition 2e édition isbn 978 2 84630 089 6

dictionnaire insolite de la russie - Jul 06 2022

web merely said the dictionnaire insolite de la russie is universally compatible similar to any devices to read threads and traces carlo ginzburg 2012 09 02 this book is a

**dictionnaire insolite de la russie clade net** - Oct 09 2022

web la russie est un monde à part une langue une culture une histoire si particulières que le dépaysement est total de ce



pays on connaît le caviar et la vodka la place rouge et

**dictionnaire insolite de la russie amazon es** - Sep 08 2022

web dictionnaire insolite de la russie alexeïev catherine amazon es libros saltar al contenido principal es hola elige tu dirección todos los departamentos selecciona el

**dictionnaire insolite de la russie uniport edu** - Feb 01 2022

web jun 11 2023 dictionnaire insolite de la russie 1 6 downloaded from uniport edu ng on june 11 2023 by guest

dictionnaire insolite de la russie this is likewise one of the

*dictionnaire insolite de la russie amazon de* - May 04 2022

web wähle die kategorie aus in der du suchen möchtest

**dictionnaire insolite de la russie paperback 2 oct 2014** - Jun 17 2023

web dictionnaire insolite de la russie alexeïev catherine amazon de books skip to main content de hello select your address all en hello sign in account lists returns

**dictionnaire insolite de la russie label emmaüs** - Jun 05 2022

web dictionnaire insolite de la russie la russie est un monde à part une langue une culture une histoire si particulières que

**dictionnaire insolite de la russie paperback amazon ca** - Jan 12 2023

web dictionnaire insolite de la russie collectif collectif 9782846300599 books amazon ca

*dictionnaire russe illustré apprendre le russe pour voyager* - Nov 10 2022

web dictionnaire russe illustré apprenez le vocabulaire russe d une manière amusante et visuelle il suffit de regarder un objet pour savoir comment il s appelle en russe

*dictionnaire insolite de la russie by catherine alexeiv* - Nov 29 2021

web sep 22 2023 dictionnaire insolite de la russie achat vente livre dictionnaire insolite de la russie catherine alexeiev actualités nouvelles insolites tranges humoristiques

**dictionnaire insolite de la russie by catherine alexeiv** - Mar 02 2022

web dictionnaire insolite de la russie catherine alexeiev april 17th 2020 dictionnaire insolite de la russie écrit par catherine alexeiev éditeur cosmopole livre neuf

dictionnaire insolite de la russie clade net - Apr 03 2022

web dictionnaire insolite de la russie texte imprimé catherine alexeïev auteur s alexeïev catherine editeur producteur 9782846300599 appartient à la collection

*dictionnaire insolite de la russie catherine alexeiev* - Aug 19 2023

web may 18 2011 dictionnaire insolite de la russie de catherine alexeiev collection dictionnaire insolite livraison gratuite à 0

01 dès 35 d achat librairie decitre votre

**dictionnaire insolite de la russie** - Apr 15 2023

web contexte et faisant l objet d une étude dictionnaire insolite de la russie catherine alexeïev 2014 la russie est un monde à part une langue une culture une histoire si

**dictionnaire insolite de la russie pdf uniport edu** - Dec 31 2021

web aug 4 2023 dictionnaire insolite de la russie catherine alexeïev 2014 la russie est un monde à part une langue une culture une histoire si particulières que le

**dictionnaire insolite de russie french edition paperback** - Aug 07 2022

web dictionnaire insolite de russie french edition alexeiv catherine amazon com au books

*dictionnaire insolite de russie paperback oct 2 2014* - Mar 14 2023

web dictionnaire insolite de russie alexeiv catherine 9782846300896 books amazon ca

**dictionnaire insolite de la russie n éd librairie renaud bray** - Dec 11 2022

web résumé recueil d articles décrivant la russie contemporaine son passé tsariste et soviétique ses traditions sa gastronomie la vie quotidienne des russes etc

**dictionnaire insolite de la russie editions cosmopole** - Sep 20 2023

web dictionnaire insolite de la russie catalogue au delà des guides touristiques les dictionnaires insolites vous font voyager par les mots et aident à briser les idées

*dictionnaire insolite de la russie by catherine alexeïev goodreads* - Feb 13 2023

web présentation de l éditeur la russie est un monde à part une langue une culture une histoire dictionnaire insolite de la russie by catherine alexeïev goodreads

**dictionnaire insolite de la russie paperback 18 may 2011** - May 16 2023

web may 18 2011 buy dictionnaire insolite de la russie by alexeiev catherine isbn 9782846300599 from amazon s book store everyday low prices and free delivery on

**administering emergency oxygen lummi nation** - Apr 12 2023

web consider administering emergency oxygen for an adult breathing fewer than 12 or more than 20 breaths per minute a child breathing fewer than 15 or more than 30 breaths per minute an infant breathing fewer than 25 or more than 50 breaths per minute a person who is not breathing emergency oxygen delivery systems

red cross administering emergency oxygen 2017 flashcards - Mar 31 2022

web red cross administering emergency oxygen 2017 oxygen delivery devices click the card to flip nasal cannula resuscitation mask w o2 inlet non rebreather mask bvm

*participant materials american red cross* - Aug 16 2023

web administering emergency oxygen fact and skill sheets provides a brief overview of the knowledge and skills necessary to provide care to a victim of a breathing emergency using breathing devices including resuscitation masks and bag valve mask resuscitators bvms airway adjuncts fact and skill sheets

*administering emergency oxygen attentive safety* - Nov 07 2022

web attentive safety cpr and safety training offers the american red cross administering emergency oxygen course to give participants the knowledge and skills necessary to provide care to a victim of a breathing emergency

*ashi emergency oxygen administration american first* - May 01 2022

web jan 20 2017 the ashi emergency oxygen program focuses on administering emergency oxygen to breathing and non breathing persons emergency oxygen delivery systems and integrating pulse oximetry participants will learn how to preparation and assessment breathing emergencies the case for emergency oxygen integrating the

**red cross emergency oxygen administration flashcards quizlet** - Mar 11 2023

web a brief yet thorough overview of the american red cross s 2012 guide to emergency oxygen administration you will pass the test if you know these cards terms in this set 36 emergency oxygen is necessary for an adult breathing fewer than 12 or greater than 20 breaths per minute

**american red cross administering emergency oxygen course b** - Jan 09 2023

web 1 you are preparing to use a resuscitation mask to give ventilations after assembling the mask which of the following should you do next position the mask when administering emergency oxygen to a victim which of the following is used to

**become certified new red cross learning center** - Dec 28 2021

web become a provider instructor candidate resources questions more american red cross training services offers classes in communities throughout the country in addition red cross classes are offered through a network of approved third party providers search for class on redcross org take a class

cpr aed for professional rescuers american red cross - Jun 14 2023

web the treatment recommendations and related training guidelines have been developed by the american national red cross scientific advisory council sac a panel of nationally recognized experts in fields that include emergency medicine emergency medical services ems nursing occupational health sports medicine school and public health aqua

**red cross administering emergency oxygen flashcards** - May 13 2023

web controls how rapidly the oxygen flows from the cylinder to the victim oxygen flow is measured in liters per minute lpm delivery device nasal cannulas resuscitation masks non rebreather masks and bag valve mask resuscitators bvms

**american red cross administering emergency oxygen** - Sep 05 2022

web american red cross administering emergency oxygen course description the purpose of this course is to give participants the knowledge and skills necessary to provide care to a victim of a breathing emergency using breathing devices including resuscitation masks bag valve mask resuscitators bvms and emergency oxygen prerequisites

**guidelines highlights 2020 american red cross** - Jul 15 2023

web guidelines highlights 2020 resuscitation suite bls als pals you now have a choice in resuscitation education healthcare providers now have a scientifically equivalent and educationally superior choice from the first provider of resuscitation and first aid training in the united states

*cpr aed for professional rescuers and health care providers* - Jun 02 2022

web the emergency care procedures outlined in this book reflect the standard of the american red cross scientific advisory council a panel of nationally recognized experts in fields that include emergency medicine occupational health sports medicine school and public health emergency medical services

red cross emergency oxygen test flashcards quizlet - Feb 10 2023

web when should you administer emergency oxygen based on your findings adult child or infant adult less than 12 bpm or more than 20 bpm child less than 15 bpm or more than 30 bpm infant less than 25 bpm or more than 50 bpm

lifeguarding and emergency oxygen review american red cross - Aug 04 2022

web lifeguarding and emergency oxygen review a653o000002zd5j an abbreviated lifeguarding and administering emergency oxygen course that briefly reviews course information and allows practice of skills and knowledge before testing

american red cross administering emergency oxygen cpr - Dec 08 2022

web american red cross administering emergency oxygen this class gives participants the knowledge and skills necessary to provide care to a victim of a breathing emergency using breathing devices including resuscitation masks bag valve mask resuscitators bvms and emergency oxygen class content

*administering emergency oxygen american red cross administering* - Feb 27 2022

web attentive safety cpr furthermore safety training offers the american red cross administering emergency oxygen track to give participants the knowledge furthermore skills necessary to providing care to a prey of a breathing emergency

**emergencyoxygen sage journals** - Jul 03 2022

web appropriately assist a client by administering emergency oxygen cardiac emergencies rescue breathing with exhaled air provides only 16 oxygen therefore the cprguidelines american red cross 1993 american red cross emergency response code book 21231 st louis mo c v mosby callaham m 1989 hypoxic hazards oftraditional

**administering emergency oxygen american red cross administering** - Jan 29 2022

web attentive safety cpr and safety training offered and american red cross administering emergency gas course to give

attendants the know and skills necessary to provide care to a victim in a breathing emergency

*american red cross administration of emergency oxygen* - Oct 06 2022

web date loading schedule add to cart this course offers knowledge and training for skill necessary to provide care to a victim of a breathing emergency using breathing devices including resuscitation masks bag valve mask resuscitators and emergency oxygen certification is valid for 2 years

**white magic by brittany nightshade ebook everand** - Mar 28 2022

web spirits spells and enchantments moon magick waxing moon the waxing moon is the best time to do a spell for growth beginning new projects initiation and

**little book of white magic spells white magic spellbook for** - Jan 06 2023

web jun 21 2020 why use white magic spells white magic promotes kindness and positivity it is the opposite of black magic which promotes darkness selfishness and

**how to do white magic 9 steps with pictures wikihow** - Jul 12 2023

white magic can be used to influence your financial health much like manifestation and the law of attraction open the doors of opportunity white magic can also draw positive financial energies toward you money although see more

**the beginner s guide to white witches cratejoy** - Jun 11 2023

fertility spells are very popular within white magic they are fueled by positivity and hope so there is no danger of doing any harm to your see more

**little book of white magic spells google books** - Oct 03 2022

web feb 13 2020 20 ratings1 review a spellbook of white magic to grow your inner light and banish the dark white magic is an ancient pagan practice that focuses on healing

*little book of white magic spells spellbook for* - Mar 08 2023

web nov 3 2023 always have a clear goal in mind when performing a spell remember that white magic is generally positive and for the good of others white magic encourages

what it means to practice white magic how to do it yourtango - Nov 04 2022

web feb 14 2020 paperback 7 99 1 used from 9 17 2 new from 7 99 a spellbook of white magic to grow your inner light and banish the dark white magic is an ancient

white magic spells that work beginner spells of magic q a - May 30 2022

web feb 14 2020 a spellbook of white magic to grow your inner light and banish the dark white magic is an ancient pagan practice that focuses on healing clairvoyance

*witchcraft for beginners spells exercises and lessons* - Apr 28 2022

web jan 20 2021 a beginner spell is usually a white magic spell that doesn't have any risk of backfiring and doesn't use a lot of materials and supplies candle magick is a really

**top 3 white magic spells that actually work for 2020** - Jun 30 2022

web feb 11 2023 it's called white magic what is white magic white magic is the use of spells as a form of healing often used by witches white magic is used to promote and

*real white magic spells for beginners synonym* - Dec 05 2022

web jan 8 2020 white magic spell book wiccan white magic spell book for beginners paperback january 8 2020 by brittany nightshade author 4.6 423 ratings see all

*ten simple and beginner friendly white magic spells* - Sep 14 2023

white magic isn't just for those who feel they are lacking love it can also be for those already in committed relationships you can use magic spells to sweeten your relationship remove see more

*5 powerful love spells that really work magic voodoo love* - Nov 23 2021

web about this ebook white magic book of spells to grow your inner light and banish the dark white magic is an ancient magic practice that focuses on healing clairvoyance

**magic spells guide for beginners 9 safety tips to know** - Feb 24 2022

web feb 6 2020 get your free white magic spell 4 steps for an instant white spell casting 1 go to our verified spells site kasamba.com 2 sign up and select your spells

*little book of white magic spells white magic spellbook for* - Feb 07 2023

web sep 11 2020 white magic is practiced through healing blessing charms incantations prayers and songs a white witch is a good witch think glenda not evillene better

**white magic spells for beginners protection rituals and** - Aug 13 2023

protection spells are where white magic really comes into its own protection and healing are where its power lies so if you are looking for see more

*top easy spells for beginners psychic guild* - Sep 02 2022

web white magic is an ancient pagan practice that focuses on healing clairvoyance protection inner growth and self realization it has the power to protect and the power to attack the

white magic spell book wiccan white magic spell book for - Oct 23 2021

web nov 16 2020 a white magic spellcaster will explain things you need to know about white magic before starting a session these amazing spells will clear away negativity and

white magic beginners spells - Aug 01 2022

web sep 29 2017 brent smith 29 sep 2017 class to practice white magic you must have a basic understanding of intent and philosophy to avoid detrimental side effects

**top 10 powerful white magic spells for beginners panda gossips** - Jan 26 2022

web aug 4 2017 discover and implement spells of magic for beginners with this proven system which helped many to cast successful spells white magic spells are the most

*white magic spell book wiccan white magic spell book* - Apr 09 2023

web white magic for beginners guides spells and rituals on white witchcraft easy and effective step by step magick you can cast at home

white magic spells for beginners lovespell tips - Dec 25 2021

web apr 27 2014 a witchcraft primer is perfect for anyone thinking about studying witchcraft magic and spell work here is an overview of what you need to know and the things

the ultimate white magic spells list for beginners a little - Oct 15 2023

when it comes to casting white magic love spellsit s important to remember that these magic spells shouldn t be used to make someone love you this form of unnatural compulsion is black magic it can upset the balance of nature by forcing someone to experience and feel emotions that are not natural to see more

**10 white magic spells that work yourtango** - May 10 2023

web this enlightening post explores the positive intentions behind white magic and provides beginner friendly spells for protection healing abundance and more remember