

THE DOCTRINE OF THE ELIXIR

by R. B. Jefferson



The Doctrine of the Gold Elixir is a very clear account of the Taoist theory of human transformation, or inner alchemy. The author has carefully brought out of the currently available literature essential ideas and images and laid them out so that they can be seen without complications. These ideas are embodied in a remarkable diagram - from the Monastery of the White Clouds - which shows in vivid concrete terms the Taoist vision of man and his position. This diagram has been completely redrawn by the author so that the reader can see for himself what is being talked about. In the usual reproductions, the detail is badly obscured and the combination of clear exposition with clear illustration is quite unique.

This book was first published under the auspices of the Institute for the Comparative Study of Religions, Philosophy and the Sciences, Ltd. in 1954. Reprinted in 1962 by Center Springs Press. Reissued by University Publications Ltd. in N. Y. in Jefferson 1962.

The Doctrine of the Golden Mercuric Sulphur (Cinnabar)

The Fire of the Uddies Path

According to Dr. H. Rouelle, the Doctrine of the Gold Elixir is the most significant tradition of being Taoism. It derives chiefly from the Patriarch Lu Hsiang-shan (c. 1640). In it, a number of individual teachings and traditions have been fused into a single system for the transformation of man that embraces the quintessence of the entire Taoist tradition.

Taoist alchemy is an ancient science which teaches the stopping of the flow of the generative force inherent in every man, so that instead of being discharged to procreate offspring or be waste energy, it is retained in the body for purification and transmutation into positive vitality. This restores the original spirit which existed before the world came into being, so that it can return to its primal immortal state.



This diagram illustrates the doctrine of the Gold Elixir, which is the central theme of the book.

The Doctrine Of The Elixir

Yan Bai



The Doctrine Of The Elixir:

Unveiling the Magic of Words: A Overview of "**The Doctrine Of The Elixir**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**The Doctrine Of The Elixir**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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The Doctrine Of The Elixir Introduction

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