

The background image shows a young Black female healthcare professional with glasses and a white lab coat, holding a clipboard and talking to an elderly white female patient. A circular inset on the right shows a smiling woman with long dark hair wearing a grey blazer over a teal top. The text is overlaid on this scene in colorful, tilted boxes.

TOP 5

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Sleep Research And Clinical Practice

**Colin A. Espie, Phyllis C. Zee, Charles M.
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