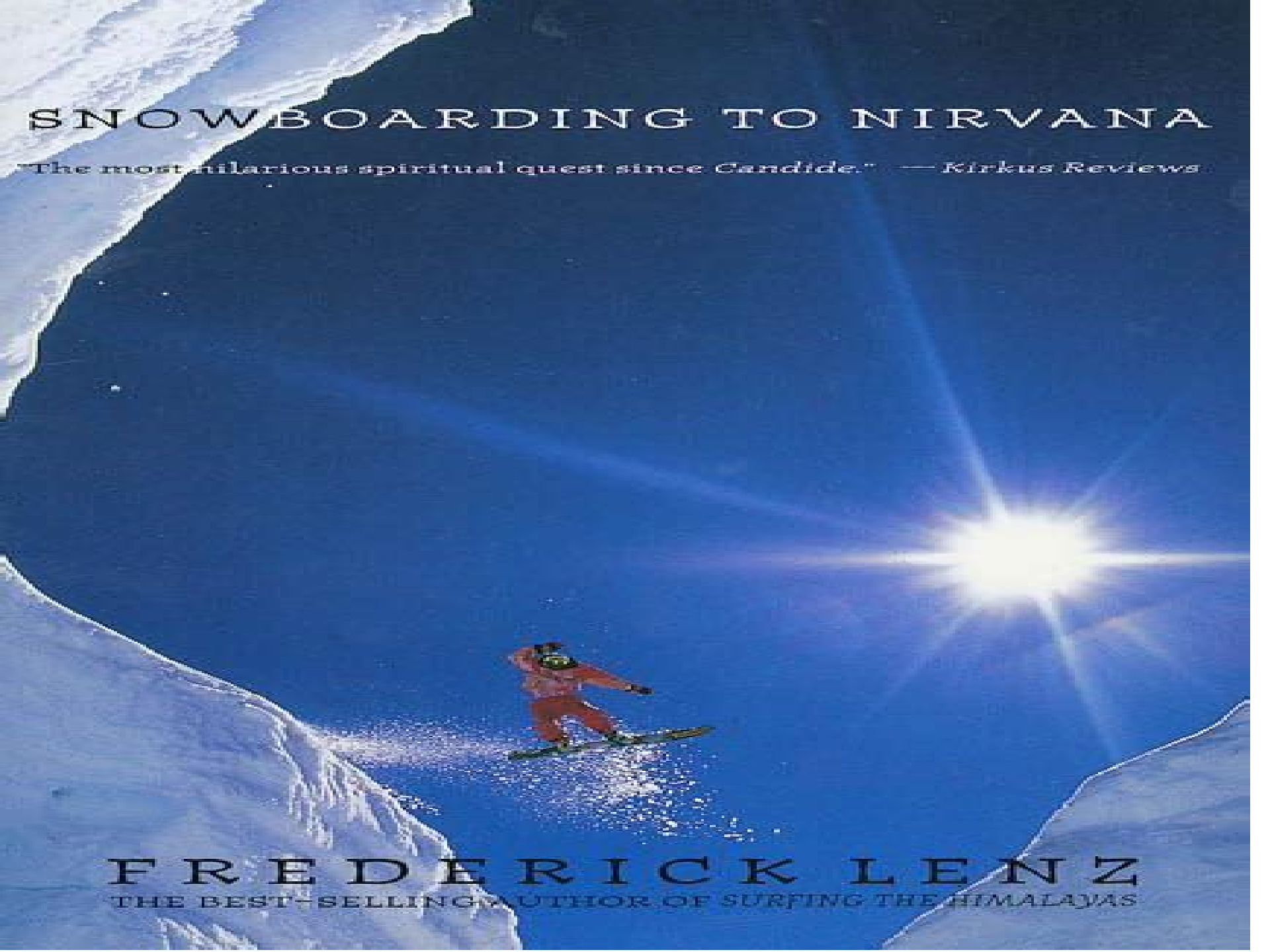




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Snowboarding To Nirvana A Novel

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adversity This is definitely a book that changes your perspective on life for the better Independent Book Publishers Association IBPA Benjamin Franklin Award Review This fascinating biography captures the wisdom of a genuine compelling teacher who combined absolute miracles with humor fun and adventure Lynn V Andrews author of The Medicine Woman Series Rama Dr Frederick Lenz was a teacher from an ancient lineage He healed people He filled large auditoriums with sparkling golden light He made huge audiences shake with laughter as he filled them with luminosity and inner joy He helped penniless students become helpful impeccable entrepreneurs Omens of an unusual not special life Rama s words began in 1953 when as a toddler he slipped into samadhi a timeless state of immersion in infinite light in his mother s garden His journey continued after high school when he flew from Connecticut to Kathmandu Nepal with a homemade snowboard seeking to snow surf the highest mountains he could find On his first downhill run he plowed into an aged Buddhist monk who told the incredulous teen their meeting was destiny that his past life enlightenment would return and he would help millions of people Upon his return to the U S he earned his Ph D began to teach on his own and implemented new American ways of placing Westerners on the path to enlightenment beginning with higher and happier states of mind As his own realization grew the energy he emanated was like a huge benevolent force This true biography includes interviews and one on one stories from over 100 students and colleagues each with a different perspective Rama did not just speak about enlightenment he modeled it Compassionate controversial wise prescient reverent irreverent he is your Zen koan

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