

# TEACHING PARENTING THE POSITIVE DISCIPLINE WAY

**ONLINE**

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Jody Malterre  
Positive Discipline Trainer

# Teaching Parenting The Positive Discipline Way

**Lynn Lott, Jane Nelsen, Sunrise Press**



## **Teaching Parenting The Positive Discipline Way:**

**Teaching Parenting the Positive Discipline Way** Jane Nelsen, Lynn Lott, 2017-08-10 Teaching Parenting the Positive Discipline Way developed by Lynn Lott and Jane Nelsen is a research based parent education program that provides a step by step approach to starting and leading experientially based parenting groups *Teaching Parenting the Positive Discipline Way* Lynn Lott, Jane Nelsen, 2012 **Teaching Parenting the Positive Discipline Way** Lynn Lott, Jane Nelsen, Sunrise Press, 1990 Teaching Parenting Manual Jane Nelsen, Lynn Lott, 2009-01 Positive Discipline Parenting Tools Jane Nelsen, Ed.D., Mary Nelsen Tamborski, Brad Ainge, 2016-11-15 Do you wish there was a way to raise well behaved children without punishment Are you afraid the only alternative is being overly indulgent With Positive Discipline an encouragement model based on both kindness and firmness you don t have to choose between these two extremes Using these 49 Positive Discipline tools honed and perfected after years of real world research and feedback you ll be able to work with your children instead of against them The goal isn t perfection but providing you with the techniques you need to help your children develop the life and social skills you hope for them such as respect for self and others problem solving ability and self regulation The tenets of Positive Discipline consistently foster mutual respect so that any child from a three year old toddler to a rebellious teenager can learn creative cooperation and self discipline without losing his or her dignity In this new parenting guidebook you ll find day to day exercises for parents to improve their parenting skills along with success stories from parents worldwide who have benefited from the Positive Discipline philosophy With training tools and personal examples from the authors you will learn The hidden belief behind a child s misbehavior and how to respond accordingly The best way to focus on solutions instead of dwelling on the negative How to encourage your child without pampering or praising How to teach your child to make mistakes and follow through on agreements How to foster creative thinking

Positive Discipline: The First Three Years, Revised and Updated Edition Jane Nelsen, Ed.D., Cheryl Erwin, MA, Roslyn Ann Duffy, 2015-02-24 The celebrated Positive Discipline brand of parenting books presents the revised and updated third edition of their readable and practical guide to communicating boundaries to very young children and solving early discipline problems to set children up for success Over the years millions of parents have used the amazingly effective strategies of Positive Discipline to raise happy well behaved and successful children Research has shown that the first three years in a child s life are a critical moment in their development and that behavior patterns instilled during that time can have profound implications for the rest of a child s life Hundreds of thousands of parents have already used the advice in Positive Discipline The First Three Years to help set effective boundaries forge strong foundations for healthy communication and lay the groundwork for happy and respectful relationships with their young children Now this classic title has been revised and updated to reflect the latest neuroscientific research and developments in positive discipline parenting techniques

**Positive Discipline in the Classroom** Jane Nelsen, Lynn Lott, H. Stephen Glenn, 2000 Nelsen s popular Positive

Discipline philosophy is used in hundreds of schools as a foundation for fostering cooperation problem solving skills and mutual respect in children In this latest edition teachers learn how to create and maintain an atmosphere where learning can take place and where students and teachers can work together to solve problems      **Positive Discipline in the Classroom** Jane Nelsen,Lynn Lott,H. Stephen Glenn,2013-07-16 The Acclaimed Bestseller That Can Improve Your Classroom Experience Forever Over the years millions of parents and teachers have used the amazingly effective strategies of Positive Discipline to restore order and civility to their classrooms and homes And in today s classroom where teachers must compete with digital distractions for their students attention while trying to satisfy increasingly demanding academic standards it is more important than ever that educators be able to combat apathy instill vital problem solving skills and create a climate that maximizes learning Now you too can use the time tested Positive Discipline strategies as a foundation for fostering cooperation problem solving skills and mutual respect in children This new edition of Positive Discipline in the Classroom is updated with essential tools for the modern teacher Imagine instead of controlling behavior you can be teaching instead of confronting apathy you will enjoy motivated eager students Inside you ll learn how to Create a classroom climate that enhances academic learning Use encouragement rather than praise and rewards Instill valuable social skills and positive behavior through the use of class meetings Learn why involving students in solving problems is much more effective than punishment Understand the motivation behind students behavior instead of looking for causes And much more A must for every educator The jargon free concepts and strategies are easy to follow and have changed my life as a principal as well as the lives of my teachers and students Bill Scott Principal of Birney Elementary Marietta Georgia This book should be standard operating procedure I highly recommend it to anyone who seeks to teach young people Robert W Reasoner president of the International Council for Self Esteem Transforms the way teachers view themselves and their students The activities in this book show how learning shifts from head to heart where positive change can really take route Dina Emser M A former elementary school principal and education consultant      **Positive Discipline Tools for Teachers** Jane Nelsen, Ed.D.,Kelly Gfroerer, Ph.D.,2017-06-06 MORE THAN 2 MILLION POSITIVE DISCIPLINE BOOKS SOLD The Positive Discipline method has proved to be an invaluable resource for teachers who want to foster creative problem solving within their students giving them the behavioral skills they need to understand and process what they learn In Positive Discipline Tools for Teachers you will learn how to successfully incorporate respectful solution oriented approaches to ensure a cooperative and productive classroom Using tools like Connection Before Correction Four Problem Solving Steps and Focusing on Solutions teachers will be able to focus on student centered learning rather than wasting time trying to control their students behavior Each tool is specifically tailored for the modern classroom with examples and positive solutions to each and every roadblock that stands in the way of cooperative learning Complete with the most up to date research on classroom management and the effectiveness of the Positive Discipline method this comprehensive guide also includes

helpful teacher stories and testimonials from around the world You will learn how to Model kind and firm leadership in the classroom Keep your students involved and intrinsically motivated Improve students self regulation And more **Positive Discipline: The First Three Years** Jane Nelsen, Ed.D., Cheryl Erwin, M.A., Roslyn Ann Duffy, 2007-03-27 Make a Difference During the Most Important Years of Your Child's Life The months leading up to the birth of a child are filled with joy dreams plans and a few worries As a caring parent you want to start your child out in life on the proper foundation But where do you go for the answers to such questions as How do I communicate with an infant who doesn't understand words How can I effectively teach boundaries to my toddler Should I ever spank my child Over the years millions of parents just like you have come to trust Jane Nelsen's classic Positive Discipline series These books offer a commonsense approach to child rearing that so often is lacking in today's world In Positive Discipline The First Three Years you'll learn how to use kind but firm support to raise a child who is both capable and confident You'll find practical solutions and solid advice on how to Encourage independence and exploration while providing appropriate boundaries Use non punitive methods to instill valuable social skills and positive behavior inside and outside the home Recognize when your child is ready to master the challenges of sleeping eating and potty training and how to avoid the power struggles that often come with those lessons Identify your child's temperament Understand what the latest research in brain development tells us about raising healthy children And much much more Containing real life examples of challenges other parents and caregivers have faced Positive Discipline The First Three Years is the one book that no parent should be without Positive Discipline Tools for Teachers Jane Nelsen, Ed.D., Kelly Gfroerer, Ph.D., 2017-06-06 MORE THAN 2 MILLION POSITIVE DISCIPLINE BOOKS SOLD The Positive Discipline method has proved to be an invaluable resource for teachers who want to foster creative problem solving within their students giving them the behavioral skills they need to understand and process what they learn In Positive Discipline Tools for Teachers you will learn how to successfully incorporate respectful solution oriented approaches to ensure a cooperative and productive classroom Using tools like Connection Before Correction Four Problem Solving Steps and Focusing on Solutions teachers will be able to focus on student centered learning rather than wasting time trying to control their students behavior Each tool is specifically tailored for the modern classroom with examples and positive solutions to each and every roadblock that stands in the way of cooperative learning Complete with the most up to date research on classroom management and the effectiveness of the Positive Discipline method this comprehensive guide also includes helpful teacher stories and testimonials from around the world You will learn how to Model kind and firm leadership in the classroom Keep your students involved and intrinsically motivated Improve students self regulation And more **Positive Discipline for Preschoolers, Revised 4th Edition** Jane Nelsen, Ed.D., Cheryl Erwin, MA, Roslyn Ann Duffy, 2019-07-09 Completely updated with the latest research in child development and learning Positive Discipline for Preschoolers will help parents understand their preschooler and provide early methods to raise a child who is responsible respectful and

resourceful Caring for young children is one of the most challenging tasks an adult will ever face No matter how much you love your child there will be moments filled with frustration anger and even desperation There will also be questions Why does my four year old deliberately lie to me Why is everything a struggle with my three year old Should I ever spank my preschooler when she is disobedient Over the years millions of parents have come to trust the Positive Discipline series and its common sense approach to child rearing This revised and updated fourth edition includes a new chapter on the importance of play and outdoor experiences on child development along with new information on school readiness childhood brain growth and social emotional learning You ll also find practical solutions for how to Teach appropriate social skills at an early age Avoid the power struggles that often come with mastering sleeping eating and potty training See misbehavior as an opportunity to teach nonpunitive discipline not punishment

**Positive Discipline for Preschoolers** Jane Nelsen, Cheryl Erwin, Roslyn Ann Duffy, Roslyn Duffy, 2007 Teaches parents and caregivers how to use kind and firm methods to raise children who are responsible respectful and resourceful

**Positive Discipline in the Classroom, Revised 3rd Edition** Jane Nelsen, Ed.D., Lynn Lott, H. Stephen Glenn, 2011-08-17 The Acclaimed Bestseller That Can Improve Your Classroom Experience Forever Over the years millions of parents have come to trust the classic Positive Discipline series for its consistent commonsense approach to child rearing Hundreds of schools also use these amazingly effective strategies for restoring order and civility to today s turbulent classrooms Now you too can use this philosophy as a foundation for fostering cooperation problem solving skills and mutual respect in children Imagine instead of controlling behavior you can be teaching instead of confronting apathy you will enjoy motivated eager students Inside you ll discover how to Create a classroom climate that enhances academic learning Use encouragement rather than praise and rewards Instill valuable social skills and positive behavior through the use of class meetings Understand the motivation behind students behavior instead of looking for causes And much more Over 1 million Positive Discipline books sold

**Positive Discipline A-Z** Jane Nelsen, Ed.D., Lynn Lott, H. Stephen Glenn, 2007-03-27 As a parent you face one of the most challenging and rewarding roles of your life No matter how much you love your child there will still be moments filled with anger frustration and at times desperation What do you do Over the years millions of parents just like you have come to trust the Positive Discipline series for its consistent commonsense approach to child rearing In this completely updated edition of Positive Discipline A Z you will learn how to use methods to raise a child who is responsible respectful and resourceful You ll find practical solutions to such parenting challenges as Sibling Rivalry Bedtime Hassles School Problems Getting Chores Done ADHD Eating Problems Procrastination Whining Tattling and Lying Homework Battles And Dozens More This newly revised and expanded third edition contains up to the minute information on sleeping through the night back talk and lack of motivation as well as tips on diet exercise and obesity prevention and new approaches to parenting in the age of computers and cell phones

**Positive Discipline for Teenagers, Revised 3rd Edition** Jane Nelsen, Ed.D., Lynn Lott, 2012-08-14 A Positive Approach To Raising

Happy Healthy and Mature Teenagers Adolescence can be a time of great stress and turmoil not only for kids going through it but for their parents as well It s normal for teens to explore a new sense of freedom and to redefine the ways in which they relate to their parents and that process can sometimes leave parents feeling powerless alienated or excluded from their children s lives These effects can be magnified even further in this modern age of social networks cell phones and constant digital distraction This newly revised and updated edition of Positive Discipline for Teenagers shows parents how to build stronger bridges of communication with their children break the destructive cycles of guilt and blame that occur in parent teen power struggles and work toward greater mutual respect with their adolescents At the core of the Positive Discipline approach is the understanding that teens still need their parents just in different ways and by better understanding who their teens really are parents can learn to encourage both their teens and themselves and instill good judgment without being judgmental The methods in this book work to build vital social and life skills through encouragement and empowerment not punishment Truly effective parenting is about connection before correction Over the years millions of parents have come to trust Jane Nelsen s classic Positive Discipline series for its consistent commonsense approach to raising happy responsible kids This new edition is filled with proven effective methods for coping with such parenting challenges as Fostering truly honest discussions with your teen Helping your teen handle the online world Turning mistakes into opportunities Keeping your sanity while raising your teen and making sure your own teenage issues aren t weighing you down Teaching your teen how to pursue the goal that make them happy and a few that make you happy too like chores Making sure you re on your teen s side and that they know that Avoiding the pitfalls of excessive control and excessive permissiveness

*Positive Discipline* Jane Nelsen, Ed.D., 2011-05-25 For twenty five years Positive Discipline has been the gold standard reference for grown ups working with children Now Jane Nelsen distinguished psychologist educator and mother of seven has written a revised and expanded edition The key to positive discipline is not punishment she tells us but mutual respect Nelsen coaches parents and teachers to be both firm and kind so that any child from a three year old toddler to a rebellious teenager can learn creative cooperation and self discipline with no loss of dignity Inside you ll discover how to bridge communication gaps defuse power struggles avoid the dangers of praise enforce your message of love build on strengths not weaknesses hold children accountable with their self respect intact teach children not what to think but how to think win cooperation at home and at school meet the special challenge of teen misbehavior It is not easy to improve a classic book but Jane Nelson has done so in this revised edition Packed with updated examples that are clear and specific Positive Discipline shows parents exactly how to focus on solutions while being kind and firm If you want to enrich your relationship with your children this is the book for you Sal Severe author of *How to Behave So Your Children Will Too* Millions of children have already benefited from the counsel in this wise and warmhearted book which features dozens of true stories of positive discipline in action Give your child the tools he or she needs for a well adjusted life with this proven treasure trove of practical advice

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**Discipline** Jane Nelsen, 1996 THE KEY TO DISCIPLINE IS NOT PUNISHMENT BUT MUTUAL RESPECT All parents try to do their best but the best of intentions don't always produce the best results Dr Jane Nelsen an experienced psychologist educator and mother believes that children misbehave when they feel thwarted in their need to belong and in their need for love and attention An authoritative approach using phrases like Because I said so will only lead to rebellious behavior Instead parents need basic principles that bring them and their children closer They need Positive Discipline Dr Nelsen explains that parents who use kindness and firmness to teach life skills will encourage self respect self discipline cooperation good behavior and problem solving skills in their children In Positive Discipline revised and updated for the 90s she shows all of us parents and teachers alike exactly how her practical program works answering step by step such important questions as What works better than punishment to teach children positive good behavior What mistakes do most parents make in the name of love How can parents turn their mistakes into assets How can praise be dangerous What are the dangers of trying to be Super Mom How can teachers avoid discipline problems in the classroom It is positive It works It saves your sanity And it is easy to share with others Julie Pope Parent Sacramento CA As a parent and psychotherapist I have found enormous value and practical wisdom in Positive Discipline It conveys a win win atmosphere for parents and children The techniques are so easy to learn and fun to use Anyone following these concepts will see almost instant results and big smiles on the faces of their children Katherine Dusay Psychotherapist San Francisco CA

Positive Discipline for Single Parents, Revised and Updated 2nd Edition Jane Nelsen, Ed.D., Cheryl Erwin, MA, Carol Delzer, 1999-07-28 A Positive Proven Approach to Single Parenting As a single parent in our complex world you face the challenge of doing alone a job that was meant for two people In addition self doubt and guilt may dampen the joy you experience raising your child What do you do Over the years millions of parents just like you have come to trust Jane Nelsen's classic POSITIVE DISCIPLINE series for its consistent commonsense approach to child rearing In this completely revised and updated edition of Positive Discipline for Single Parents you'll learn how to succeed as a single parent in the most important job of your life raising a child who is responsible respectful and resourceful Inside this reassuring book you'll discover how to Identify potential problems and develop skills to prevent them Budget time each week for family activities Create a respectful coparenting relationship with your former spouse Use nonpunitive methods to help your children make wise decisions about their behavior And much much more Provides very important information for single parents especially in today's violent society Used as a resource it can help parents deal with discipline issues in a positive way and in turn help their children become responsible citizens Judy Foy international vice president Community Relations Parents Without Partners Another great resource for both single parents and therapists practical and enjoyable to read A must for your parenting library Stephen Sprinkel marriage and family therapist

**Positive Discipline for Childcare Providers** Jane Nelsen, Ed.D., Cheryl Erwin, MA, 2010-08-25 Empowering Methods for Effective Childcare As a professional childcare provider you want to create an environment that is inviting and nurturing



for children as well as encouraging for your adult staff You want to find ways to form a partnership with parents in their children s development Simply put you want to provide an all around quality childcare experience at every level This book is also great for parents who want to take an active role in assuring the best childcare for their children Positive Discipline for Childcare Providers offers a thorough practical program that is easily adaptable to any childcare or preschool situation and setting Inside are workable solutions to many of today s toughest childcare issues and everything you need to develop an enriching experience for children parents and workers alike You ll learn how to Create a setting where children can laugh learn and grow Support healthy physical emotional and cognitive development in all children including those with special needs Encourage parents to establish a partnership with you and provide the same kind firm limits and respectful environment at home Uncover support and learning opportunities for yourself and fellow childcare providers And much more In a magical way Positive Discipline for Childcare Providers demonstrates techniques that decrease misbehavior by increasing the child s sense of capability courage and community feeling Rob Guttenberg a state certified childcare trainer director of parenting education at YMCA Youth Services Maryland and author of The Parent As Cheerleader Wow This book is an incredible resource full of effective and practical ideas from creating an environment where everyone feels welcome to a model of discipline that respects and empowers adults and children Mary Jamin Maguire M A L P LICSW trainer Minnesota School Age Childcare Training Network

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