# Meditation as a Healing Response to Trauma

An Online Symposium & Workshop hosted by Meditatio

with Laurence Freeman OSB, Dr Gregory Fricchione and
Dr Richard Mollica

Thursday 15 and Friday 16 October 9am—12 noon Eastern Time (2—5pm UK time)

Leaders in the field of meditation, mind-body medicine and global mental health explore meditation as a healing response to trauma.

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# **The Healing Reponse**

Mariappan Rajan



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