SOAPDISH EDITIONS Soothing Soaks RELAXATION FOR THE BATH

Soapdish Editions Soothing Soaks Relaxation For The Bath

Leah Moth

Soapdish Editions Soothing Soaks Relaxation For The Bath:

Soothing Soaks Laurie Wagner, 2007-04-16 A relaxing soap sized reading suitable for the bath This book helps discover ancient relaxation remedies reflexology facial treatments and stress busting scents It is printed on a unique waterproof tear **Forthcoming Books** Rose Arny, 2000 and stain resistant material Subject Guide to Books in Print ,1971 Darling Clementine Jack Fishwick, 2019-11-01 My Darling Clementine The story of Lady Churchill first published in 1963 is a detailed look at the life of Clementine Churchill n e Hozier 1885 1977 and her long 58 year marriage to statesman Winston Churchill 1874 1965 Based on many years of interviews and research the book paints an intimate portrait of the couple as the world went through the turbulent years of the 20th century Clementine Churchill's influence on her husband was immeasurable and as Winston stated I could never have succeeded without her Included are 16 pages of photographs The book provides a uniquely moving and enthralling insight into the world of this inspiring woman Clean & Serene Annalise Witberg, Melcher Media, 2000-09-01 Had a hard day and want to wind down and relax in the tub Sink back and dip in to this sensuous collection from balancing breathing techniques and visualization exercises to aromatic oils and healing meditations Hot & Steamy: Erotic Baths for Two Melcher Media, Inc., 2000-09-01 Chronicle announces a sudsational for body and soul new series of waterproofyes waterproofbooks for the bath Each designed to fit in a soap dish these fun eye catching books are destined to make a splash It s truly amazing the unique material feels like paper yet it s fully immersible From pampering bath recipes to playful ideas for kids from personal relaxation rituals to thoughtfully erotic soaks for two these chunky and colorful little books are chock full of creative ways to enhance any bathtime experience Soakers will want to start a bathtub library with these six great books that can get wet be wiped clean and be read again and again With 160 pages of imaginative information and full color art throughout why would anyone ever get out of the tub Tao of Bathing Terri Trespicio, 2007 This title is intended for relaxing soap sized reading for the bath Sink back in the tub and discover why bath time is good for the soul Quietly read and explore the peaceful solitude of bathing and learn why cultures have centred their rituals round it Worried your book won t survive the bubbles and splashing It will Tao of Bathing is printed on a unique waterproof tear and stain resistant material Keep it handy and pop it in your soap dish Tao of Bathing explores the ultimate act of self care in a world that prizes speed and convenience above all else Splish Splash Leslie Jonath, 2007-04-16 This is a creative soap sized reading suitable for the bath or shower Had a hard day Dip in to this collection of fragrant recipes for your bath and body and transform your tub into a fragrant oasis from Rosemary Lavender Soap to Blue Sky Bubble Bath and more discover how to give yourself an agua treat Worried your book won t survive your creations It will Splish Splash is printed on a unique waterproof tear and stain resistant material Keep it handy and pop it in your soap dish Splish Splash the perfect ingredient for a relaxing bath The Soothing Soak Melcher Media, 2004 A collection of sensuous spiritually uplifting water themed stories essays and poetry The soothing soak is the perfect companion for bathers in search of solitude relaxation and

revelation Printed in Melcher Media s unique completely waterproof DuraBook format you can take this book right into a warm bath and unwind with it from back cover Organic Bath Kyle Roderick, 2007 Sink back in the tub follow these recipes and ideas and experience bathing the way nature intended relaxing uplifting earth friendly and chemical free The Luxurious Bath Deck Leah Moth, 2025-03-18 An enchanting beautifully illustrated self care deck that features 50 bath recipes for healing relaxation rejuvenation and more making it easy to practice well being at home The Luxurious Bath Deck invites you to immerse yourself in the restorative powers of luxurious baths Written by herbalist Leah Moth the deck includes 50 soothing bath recipe cards using blends of herbs salts essential oils and florals to promote calm stress relief and recovery including Tension Tamer Cold and Flu Heart Healer Insomnia Adrenal Reset Spirit Boost and many more Each card features soothing artwork a description of the bath s nourishing properties a short meditative prompt and an ingredient list with botanicals emollients crystals candles and more An accompanying booklet offers illuminating wisdom on plant based medicine quidance on creating a spa like mood at home and tips on transforming bath practices into shower rituals A lovely gift or self purchase this alluring deck transforms everyday bathing into a sumptuous self care experience ACCESSIBLE LUXURY Brimming with restorative rituals and gorgeous artwork this deck makes it easy to create spa like experiences without traveling or booking an expensive getaway It makes a perfect present for anyone including yourself looking for tools to rest unwind reduce stress or manage burnout NATURAL REMEDIES FOR SELF CARE Leah Moth is an experienced herbalist devoted to making self care and pleasure accessible to a wide audience In this bath recipe deck she shares powerful wisdom and rituals for readers seeking natural remedies and information on plant medicine including fans of bestselling healing books like The Green Witch and The Witch's Book of Self Care BEAUTIFUL TO GIFT AND DISPLAY Sleek and eye catching with shimmery blue foil on the box and the cards this deck is an exhilarating companion for self care enthusiasts and an excellent addition to a bath gift set along with sumptuous bath towels bath salts candles essential oils soaps crystals smudge sticks or flowers Perfect for People looking for simple practices to soothe stress and anxiety Flower enthusiasts and nature lovers Meditators and mindfulness practitioners Anyone interested in herbalism and plant medicine Mother's Day gift shoppers Fans of Moon Bath Crystals the Stone Deck Nature Meditations Deck and Calm the Chaos The Healing Bath Maribeth Riggs, 1996 Aromatherapeutic water workouts to relax energize purify and nourish the body mind and soul Jacket

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