

Stormie Smartian's

LOW IMPACT

**AEROBIC
WORKOUT
VIDEO**



*Featuring Stormie
& Friends*

Lisa Whelchel

Charlene Tilton

Laury Boone Browning

Patti Davis Raffy

*Music arranged and performed by
Michael Smartian*

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Charisma and Christian Life ,2003 **How to Get the Best Out of TV Before it Gets the Best Out of You** Dale Mason,Karen Mason,1996 How To Get The Best Out Of TV Before It Get The Best Out Of You a confessed former TV addict and his wife show how you can enjoy the great benefits television can offer without being blasted by network immorality and violence *Gospel Music Networking Guide* ,1999 *Virtue* ,1992 **The Gospel and Contemporary Christian Music Networking Guide** ,2002 **Audio Video Review Digest** ,1990 *Video Source Book* Gale Group,1999-10-28 A guide to programs currently available on video in the areas of movies entertainment general interest education sports recreation fine arts health science business industry children juvenile how to instruction **Variety's Complete Home Video Directory** ,1989 **Bowker's Complete Video Directory** ,2000 **Christian Music Networking Guide** ,1997 *Better Body Management* Stormie Omartian,1993 **All New Free to Be Thin** Neva Coyle,1993 Using the All New Free to Be Thin book as its text this plan is divided into 13 weeks of study lessons which focus not on weight loss per se but on ministry to overweight people and or overeaters Victory is determined by healthy change and freedom from obsession with both eating and weight Includes group guidelines and leader s notes *An Analysis of the Relationship Between Physical Exercise and the Spiritual Life of Clergy* Gary L. Cowper,2012-05 What is the impact of physical exercise on the spiritual life of clergy as they try to be good stewards of their body while being faithful to fulfill their pastoral call The problem is that clergy in a sedentary occupation can become physically unhealthy by engaging in meaningful ministry but neglecting to take care of themselves as they care for others This work is a beacon to the church community that the Apostle Paul modern day writers twenty six clergy and the researcher declare a correlation between physical fitness and the spiritual life of clergy Physical health can positively affect a person s spiritual health There is not only a link between physical and spiritual disciplines but there is a benefit to clergy their families and their church community when clergy are physically active It is important for clergy to be good stewards of their bodies while developing a regular rhythm of physical activity In so doing they will be equipped in a greater way to faithfully fulfill their call *Bowker's Complete Video Directory 2001* ,2001 *R.E.D. MusicMaster ... Deletions* ,2001 *The Power of a Praying Wife* Stormie Omartian,2014-02-01 MORE THAN 10 MILLION COPIES SOLD God Can Work Powerfully Through a Praying Wife Today s challenges can make a fulfilling marriage seem like an impossible dream Yet God delights in doing the impossible if only we would ask Stormie Omartian shares how God can strengthen your marriage as you pray for your husband concerning key areas in his life including his spiritual walk his emotions his role as a leader his security in work his physical protection his faith and his future You will be encouraged by Stormie s own experiences along with the Bible verses and sample prayers included in each chapter Join the millions of women who have been blessed by this life changing look at the power of a wife s prayers **Mental Health Strong Marriage** Keith Ramachandran,Erin Ramachandran,2024-08-15 Do you feel hopeless exhausted and ready to give up on your

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The Power of a Praying Wife Note-Taking Edition Stormie Omartian, 2025-09-16 A Beautiful Book for a Lifetime of Prayer Today's challenges can make a fulfilling marriage seem like an impossible dream Yet God delights in doing the impossible if only we would ask In this note taking edition of the classic book *The Power of a Praying Wife* Stormie Omartian shares how God can strengthen your marriage as you pray for your husband concerning key areas in his life Now with space on each page for journaling and reflection this beautiful hardcover note taking edition will guide you in prayer over your marriage for years to come Your notes and reflections will become treasured reminders of how God answers prayer over time As you pray for your husband's spiritual walk emotions future and more you will also be encouraged by Stormie's own experiences along with the Bible verses and sample prayers included in each chapter Join the millions of women who have been blessed by this life changing look at the power of a wife's prayers

African Christian Leadership Robert Priest, Kirimi Barine, 2019-10-14 Do you wish you had a better understanding of the issues and questions African Christians face as they seek to live out their faith in their cultural context Do you wonder how Africans themselves frame these questions and their answers Would you like access to actual research that can confirm your own experience or bring new information to your attention that would deepen and broaden your understanding This unique book the product of a multiyear study and survey sponsored by the Tyndale House Foundation offers insights into all these questions and more Featuring input from over 8 000 African survey participants and 57 in depth interviews it provides invaluable insight and concise analysis of the dynamics of the development of African Christian leaders today For more information about the study project visit www.africaleadershipstudy.org

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