# A Conceptual Framework for the Psychosocial Rehabilitation of the Chronic Mental Patient

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munity Counseling Center, Abingdon, Virginia.

Abstract: A combination of crisis theory and role theory is proposed as a useful conceptual approach to the rehabilitation of those individuals suffering from chronic mental illness.

Only recently has the plight of the chronic mental patient in the community been publicly acknowledged by mental health professional organizations and selected segments of government. Delayed recognition occurred because deinstitutionalization appeared at first to be successful. The population of state hospitals declined.

Witness the State of California. The number of state hospital beds dropped from 37,000 in 1958 to less than 5,000 in 1980. Patients were deinstitutionalized. They were in the community, but there were few if any treatment programs available for them. This was so despite the fact that some money followed the patients into the community from the state hospitals, but not enough. At 1980 cost (i.e., adjusting for inflation and population growth), the state hospital cost of 1958 would be two billion dollars. In 1980, the state mental health budget, including state hospitals and community programs, was 578 million, 29% of what would have been spent if the state hospital system had been maintained at the 1958 level.

In addition, the federal government established and funded community mental health centers beginning in the early sixties. But as was pointed out by Chu and Trotter (1974) many years ago, the chronic mental patient was not the focus of the new centers. Monies were spent on new problem areas and new target groups to the detriment of the chronic patient.

#### Rejection of the Chronic Mentally III

The above introduction emphasizes two points. First, there was never

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**Psychopharmacology Consultation** David C. Jimerson, John P. Docherty, 1986 <u>Insight and Psychosis</u> Xavier F. Amador, Anthony S. David, 2004-07-22 The insight a patient shares into their own psychosis is fundamental to their condition it goes to the heart of what we understand madness to be Can a person be expected to accept treatment for a condition that they deny they have Can a person be held responsible for their actions if those actions are inspired by their own unique perceptions and beliefs beliefs that no one else shares The topic of insight in schizophrenia and related disorders has become a major focus of research in psychiatry and psychology It has important clinical implications in terms of outcome treatment adherence competence and forensic issues In order to study insight a broad perspective is required. This involves applying knowledge from the cognitive and brain sciences as well as from philosophy and the social sciences Insight and Psychosis comprises a series of in depth well referenced scholarly overviews from each of these perspectives with a strong empirical foundation including in some cases the presentation of new data and meta analysis of the published literature These are integrated and synthesised by the editors both acknowledged experts in the field The scope is truly international and spans theoretical perspectives clinical practice and consumer views The book will act as a source for students and researchers interested in pursuing any number of questions and controversies around lack of insight and awareness and will guide clinical psychologists and psychiatrists who seek a broader view of the many facets of insight that might arise during their day to day work Psychosocial Aspects of Nonresponse to Antidepressant Drugs Uriel Halbreich, S. Shalom Feinberg, 1986

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are the roles of economics and the pharmacological industry in this controversy At the core of what is going on with mental illness in America and around the world the editors suggest is cultural sociology How differing cultures treat mental illness and in turn how mental health patients are affected by the culture In this illuminating multidisciplinary reference expert scholars explore the culture of mental illness from the non clinical perspectives of sociology history psychology epidemiology economics public health policy and finally the mental health patients themselves Key themes include Cultural Comparisons of Mental Health Disorders Cultural Sociology of Mental Illness Around the World Economics Epidemiology Mental Health Practitioners Non Drug Treatments Patient the Psychiatry and Psychology Psychiatry and Space Psychopharmacology Public Policy Social History and Sociology Key Features This two volume A Z work available in both print and electronic formats includes close to 400 articles by renowned experts in their respective fields An Introduction a thematic Reader's Guide a Glossary and a Resource Guide to Key Books Journals and Associations and their web sites enhance this invaluable reference A chronology places the cultural sociology of mental illness in historical context 150 photos bring concepts to life The range and scope of this Encyclopedia is vivid testimony to the intellectual vitality of the field and will make a useful contribution to the next generation of sociological research on the cultural sociology of mental illness Key Themes Cultural Comparisons of Mental Health Disorders Cultural Sociology of Mental Illness Around the World Economics Epidemiology Mental Health Practitioners Non Drug Treatments Patient The Psychiatry and Psychology Psychiatry and Space Psychopharmacology Public Policy Social History Sociology Predictors of Relapse in Schizophrenia Jeffrey A. Lieberman, John M. Kane, 1986

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