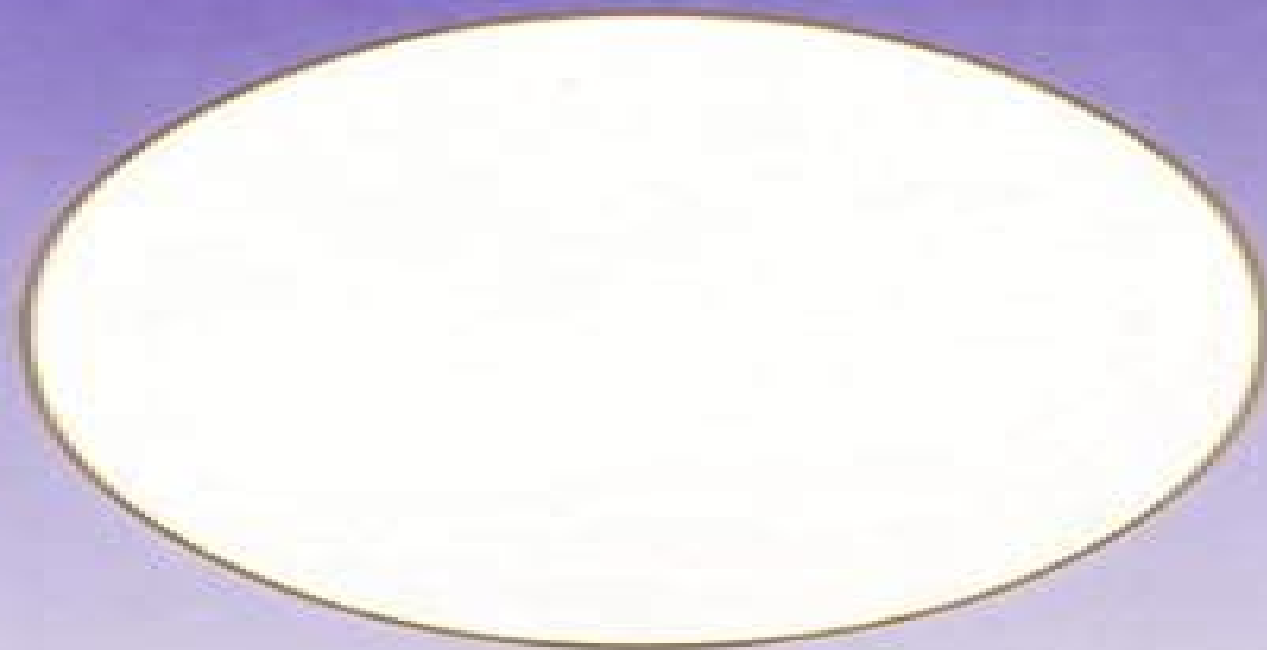


*The Inner Power Of*  
**SILENCE**



*A Universal Way Of*  
**MEDITATION**

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**MARK THURSTON**

# The Inner Power Of Silence A Universal Way Of Meditation

**Lingjun Ying**



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