

THE INTERNATIONAL MENU DIABETIC COOKBOOK

73 EXCITING MENUS FROM AROUND THE WORLD
FEATURING MORE THAN 300 LOW-FAT, LOW-SALT,
HIGH-FIBER, SUGARLESS RECIPES

BETTY MARKS
&
LUCILLE HALEY SCHECHTER

FOREWORD BY
DR. GERALD BERNSTEIN & DR. HAROLD RIFKIN

Introduction by Barbara Tamo, R.D.



The International Menu Diabetic Cookbook

Madeleine Sigman-Grant



The International Menu Diabetic Cookbook:

Discover tales of courage and bravery in Crafted by is empowering ebook, Unleash Courage in **The International Menu Diabetic Cookbook** . In a downloadable PDF format (Download in PDF: *), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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