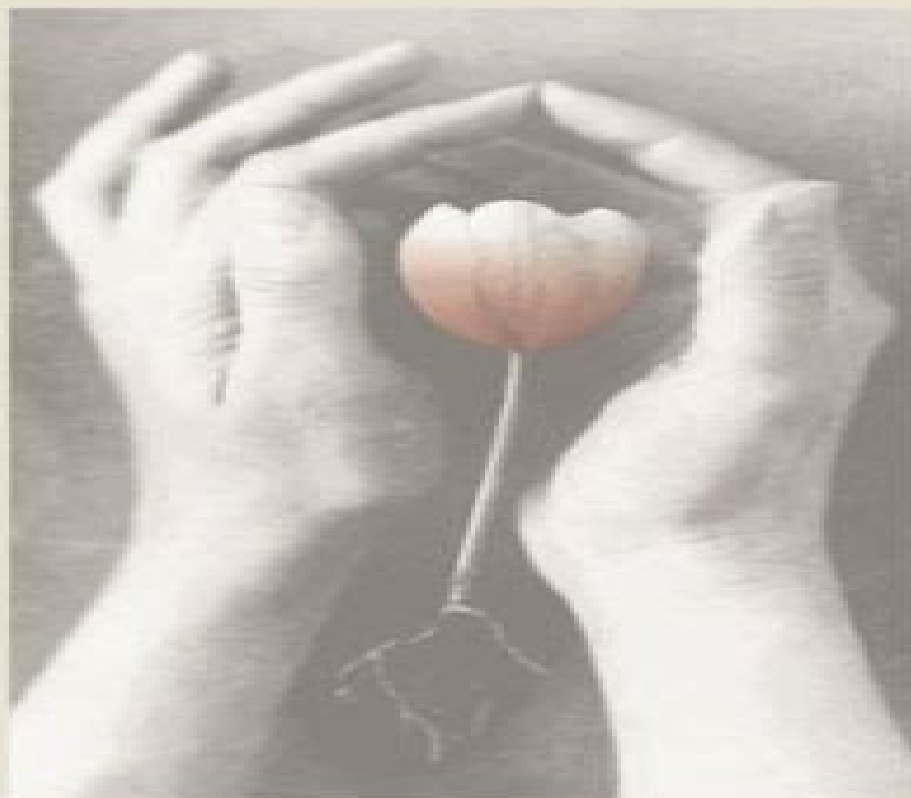


Take a Deep Breath

The Haiku Way to Inner Peace



Sylvia Forges-Ryan
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