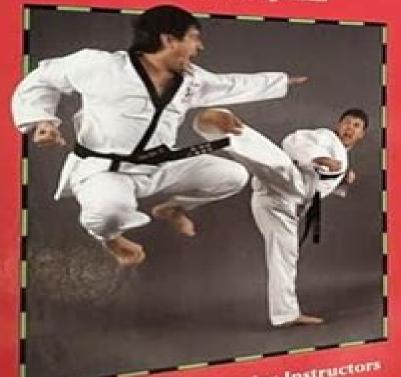
TAE KWON-DO

Green Belt to Red Belt

The Official Tae Kwon-do Association of Great Britain Training Manual



Produced by the Senior Instructors

Tae Kwon Do Green Belt To Red Belt

Padhraic Smyth

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