

So you're having

# Prostate Surgery

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**Everything**  
you need to know,  
from diagnosis  
to recovery

**Diary**  
**pages**  
to keep  
track of  
your  
treatment



# So Youre Having Prostate Surgery

**JR Anderson**



## **So You're Having Prostate Surgery:**

*So You're Having Prostate Surgery* Eric A. Klein, Leah Jamnicky, Robert Nam, 2004-01-30 so you re having prostate surgery If you re facing prostate surgery this book is the ultimate guide It puts you firmly in the driver s seat from deciding whether you actually need surgery through the procedure itself to the quickest routes to recovery Surgery for both benign prostate enlargement and prostate cancer are covered in step by step detail as are alternative treatments such as drug therapy Real life patient stories extensive self help sections and detailed illustrations fully explain each procedure and a quick fix glossary and who s who of medical staff take the mystery out of medicine Also included are a comprehensive directory to Internet and other resources a guide to complementary therapies and a diary to help you keep track of your treatment and your recovery

*Surviving Prostate Cancer* E. Fuller Torrey, 2008-01-11 A guide to prostate cancer describes the nature of the disease treatment options side effects and life with the disease

*Prostate Cancer For Dummies* Paul H. Lange, Christine Adamec, 2011-03-10 Hearing that you have prostate cancer or even that you may have it is very scary But this disease in many cases is curable Even if you have advanced cancer that s spread beyond the prostate many treatments help extend your life for years You need good information to help you with the decisions that lie ahead and this book provides you with this information Prostate Cancer For Dummies can help you if You have prostate cancer or you think that you have it or someone close to you has it You want information on treatments for prostate cancer as you form a treatment plan with your doctor You are curious about alternative therapies for prostate cancer You want to know what actions you can take over the long term to continue to fight your prostate cancer Prostate Cancer For Dummies explains the key issues and problems that are associated with prostate cancer and assures you that although the initial impact of being diagnosed is devastating you can take action to extend your life You don t have to read this book from the first page straight on through although you can You may want to read the first chapter and then move to the chapters that affect you the most In Prostate Cancer For Dummies you ll gain insight into Discovering the key symptoms of prostate cancer Recognizing the risk factors and who s most likely to have prostate cancer Getting a diagnosis and what s involved Getting well again and how you can work with your doctor to come up with a plan to cope with your cancer Changing your lifestyle to decrease your risk of a recurrence Coping with the aftermath from temporary to permanent side effects Handling work and family and how to help others understand what you re going through It s extremely hard to hear from your doctor that you or a loved one has prostate cancer But after you recover from the initial shock of diagnosis you need to educate yourself and with the help of your physician make a plan for getting the best treatment possible Prostate Cancer For Dummies will help you achieve these goals and encourage you to maintain your commitment to managing your health

**The Pelvic Floor Bible** Jane Simpson, 2019-05-30 Have you ever laughed so much you wet yourself just a little bit Or found yourself crossing your legs on the doorstep frantically searching for your keys Do you get up at night to go to the toilet more than once An estimated 200

million people around the world suffer from some form of urinary incontinence It s an embarrassing problem that affects women disproportionately as a result of pregnancy and childbirth In The Pelvic Floor Bible Jane Simpson argues that it s time for us all to feel the squeeze and celebrate the wonder of our pelvic floor muscles She shows you how to incorporate pelvic floor exercises as part of your daily routine in order to prevent issues in later life and cure existing problems now Learn how to treat common problems such as stress incontinence overactive bladder and prolapse get back into shape post pregnancy and enjoy a healthy sex life at every stage of your life Incontinence is both preventable and curable through pelvic floor exercises and rehabilitation but too many people assume nothing can be done follow incorrect advice or are ashamed to seek help We need to end the taboo now [Dr. Patrick Walsh's Guide to Surviving Prostate Cancer](#) Patrick C. Walsh, Janet Farrar Worthington, 2013-01-29 This guide covers every aspect of prostate cancer from potential causes including diet to tests for diagnosis curative treatment and innovative means of controlling advanced stages of cancer [Life, Sex, and Prostate Cancer Surgery](#) John C. Hallenborg, 2009-08-10 In this moving memoir a veteran business journalist details his recent bout with prostate cancer and what he learned about the disease and himself on the road to recovery John Hallenborg did get tested for prostate cancer and is fully recovered today thanks to the healing processes of time a great doctor and loving family and friends Life Sex and Prostate Cancer Surgery How One Man Healed and Was Made Whole is his story Hallenborg at last found a way to both medical and emotional well being With sardonic humor and psychological acuity he tells of his experiences and feelings while dealing with the big C the physical toll of the treatment the fears of its effect on his sex life and the other diseases that intruded along the way Life Sex and Prostate Cancer Surgery is often graphic always unflinching sometimes hilarious and ultimately uplifting For anyone facing prostate cancer themselves or involved in the life of someone who is it offers helpful information and hard earned reasons for hope [What Every Gay Man Needs to Know about Prostate Cancer](#) Gerald Perlman, Prostate cancer is the most common cancer among American men and the second leading cause of deaths in men after lung cancer Men have a one in six chance of diagnosis with the number doubling for gay couples While biology between gay and heterosexual men is the same cultural differences in the ways in which gay men and heterosexuals experience diagnosis treatment and recovery vary widely Most urologists support groups prostate cancer literature assume patients are heterosexual leaving gay men to seek out reliable information particular to their needs on their own What Every Gay Man Needs to Know About Prostate Cancer provides gay men with the essential answers to important questions often left undiscussed such as Which treatment will allow me to continue to experience receptive and or directive anal intercourse Which treatment might preserve the ejaculate If I choose a treatment that leaves me with no semen how am I and my male sex partners likely to react What if my penis never again gets hard enough to penetrate a man What are the effects of anal intercourse on PSA readings How long must one wait after treatment to engage in anal stimulation of any sort How will the absence of a prostate gland affect anal pleasure What are the complications if one has HIV AIDS in addition to prostate

cancer Will the size of my penis shrink after surgery Also included are an updated glossary of technical terms and an appendix of resources for those seeking further information and or looking to speak with other gay men who are either going through or have been through what the reader may be experiencing

**Dr. Peter Scardino's Prostate Book, Revised Edition** Peter T. Scardino M.D., Judith Kelman, 2010-08-03 Newly revised with up to the minute findings the potentially lifesaving guide to prostate health by one of the world's foremost urologists Although most men know little about their prostate glands an overwhelming majority will be affected by prostate problems at some time in their lives In this groundbreaking book now updated to include the latest medical breakthroughs world renowned urology expert Dr Peter Scardino arms men with the information they need to battle prostate cancer prostatitis and benign prostate enlargement BPH This updated edition includes new information on the role genetics may play hormone replacement therapy new treatments for prostatitis and more With clear illustrations and charts throughout this book covers everything men should know about prostate health helping concerned men and their loved ones to interpret complex and often confusing test results and research findings adopt proven prevention strategies choose among the many available treatment options enjoy a satisfying sex life and good urinary function Dr Scardino brings his outstanding experience expertise and compassionate advice combined with the latest medical breakthroughs and cutting edge studies to provide men with the knowledge and tools they need to live long healthy lives

*Dr. Patrick Walsh's Guide to Surviving Prostate Cancer, Second Edition* Patrick C. Walsh, Janet Farrar Worthington, 2010-08-31 This guide covers every aspect of prostate cancer from potential causes including diet to tests for diagnosis curative treatment and innovative means of controlling advanced stages of cancer

*Dr. Peter Scardino's Prostate Book* Peter T. Scardino, Judith Kelman, 2006 In this updated guide now in paperback a pioneering doctor reveals how to beat the top three prostate problems

**Canadian Guide to Prostate Cancer** Leah Jamnicky, Robert Nam, 2012-11-01 The men's guide to prostate cancer backed by the experts at Prostate Cancer Canada Prostate cancer is affecting more and more Canadian men each year and this guide endorsed by Prostate Cancer Canada gives readers everything they need to fully understand issues related to prostate health The only all in one guide to focus on the Canadian medical system The Canadian Guide to Prostate Cancer Second Edition is fully updated to cover the latest medical research on diet and lifestyle prevention early detection diagnosis step by step treatment options in Canada including alternatives to surgery and issues specific to gay men and much more Surgery for prostate cancer is never a simple decision and this book is designed to help men make more informed choices about prostate health including explaining alternative treatments and risks making it the first choice for all Canadian men looking for a totally comprehensive resource on prostate health Explains prostate health issues including treatments facing Canadian men today Covers alternatives to surgery Endorsed by Prostate Cancer Canada Comprehensive and reliable The Canadian Guide to Prostate Cancer Second Edition gives Canadian men and their families everything they need to conquer prostate cancer and continue living happy active lives

*Military Quality of*

*Life and Veterans Affairs, and Related Agencies Appropriations for 2006* United States. Congress. House. Committee on Appropriations. Subcommittee on Military Quality of Life and Veterans Affairs, and Related Agencies, 2005      **Military Quality of Life and Veterans Affairs, and Related Agencies Appropriations** United States. Congress. House. Committee on Appropriations. Subcommittee on Military Quality of Life and Veterans Affairs, and Related Agencies, 2006

**Kiplinger's Personal Finance**, 1994-04 The most trustworthy source of information available today on savings and investments taxes money management home ownership and many other personal finance topics      *Diagnosis Narratives and the Healing Ritual in Western Medicine* James Meza, 2018-07-17 The dominance of illness narratives in narrative healing studies has tended to mean that the focus centers around the healing of the individual Meza proposes that this emphasis is misplaced and the true focus of cultural healing should lie in managing the disruption of disease and death cultural or biological to the individual's relationship with society By explicating narrative theory through the lens of cognitive anthropology Meza reframes the epistemology of narrative and healing moving it from relativism to a philosophical perspective of pragmatic realism Using a novel combination of narrative theory and cognitive anthropology to represent the ethnographic data Meza's ethnography is a valuable contribution in a field where ethnographic records related to medical clinical encounters are scarce The book will be of interest to scholars of medical anthropology and those interested in narrative history and narrative medicine

**Bodies Unbound** Piper Sledge, 2021-03-12 Bodies Unbound is a comparative study showing how ideologies of gendered bodies shape medical care and the ways in which patients respond to these ideologies through decisions about their bodies using three cases transgender men seeking preventative gynecological care cisgender men diagnosed with breast cancer and cisgender women with breast cancer who elect to undergo prophylactic mastectomies Bodies Unbound is a story about how the relationship between bodies and gender becomes socially intelligible as well as how medical professionals use their position of relative authority over bodies to dictate which combinations of bodies and genders are legitimate or not Drawing on the experiences of individuals whose bodies and gender identities don't match medical and social expectations for gynecological and breast cancer care Sledge unravels the taken-for-granted alignment of bodies and gender that provide the foundation of medical care in the United States      **The S.O.S. for PMS**

Mary Byers,      **Energy and Water Development Appropriations for Fiscal Year 1993** United States. Congress. Senate. Committee on Appropriations. Subcommittee on Energy and Water Development, 1993      Energy and Water Development Appropriations for Fiscal Year 1993: Nondepartmental witnesses United States. Congress. Senate. Committee on Appropriations. Subcommittee on Energy and Water Development, 1992      **Sod Seventy!** Muir Gray, 2015-01-15 Sod 70

Keep fit keep the brain going and with a spot of good fortune you can be living a fulfilling active life into your nineties and beyond This book part exercise book part manifesto for a happier healthier life tells you how Many of us approach our seventies with an unhelpful stereotype lodged in our brains The stooped figures on the road sign imply that ageing inevitably

causes problems but many of these can be postponed or prevented because they are caused not by ageing but by loss of fitness preventable disease and the wrong attitude Shake off the stereotypes and empower yourself Embrace seventy and make the most of it by following the simple resolutions created for you in this book packed with ideas to help you get fit and healthy in body and mind This book tells you how to Sod Seventy and live life to the full Keep fit keep your brain active and with a spot of good fortune you can be living a rewarding active life into your eighties nineties and beyond Part exercise book part manifesto for a happier healthier life this book will show you how From the art of body maintenance to the importance of choosing healthcare wisely Sod Seventy is the practical and uplifting approach to living longer and better The perfect gift for friends or relatives nearing seventy or a present to yourself

Delve into the emotional tapestry woven by Emotional Journey with in Experience **So Youre Having Prostate Surgery** . This ebook, available for download in a PDF format ( PDF Size: \*), is more than just words on a page; itis a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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